



East Boulder Recreation Center Leisure Pool

11/5/2015

November

During "School Days Off" and Holiday Breaks City of Boulder Camps will be using the Leisure Pool 10:30-11:30am and 3-4pm. We still welcome all regular drop-ins during these times but want to let you know it could be busier than normal November 11th, 23rd, 24th, and 25th.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
7:30am		Adult-Warm Water Wellness 7:30-9:30		Adult-Warm Water Wellness 7:30-9:00		Swim Lessons 9:00-12:00			
8:00am	Aqua-Fit 8:00-9:00		55+ W.W.F (2) 9-9:45		Aqua-Fit 8:00-9:00			Aqua-Fit 8:00-9:00	
8:30am		Twinges in the Hinges 9:30-10:30		Aqua Motion 9:45-10:15	Aqua Motion 9:00-9:30				
9:00am			55+ W.W.F (2) 9-9:45	55+ W.W.F (2) 9-10:00	Twinges in the Hinges 9:30-10:30				
9:30am	Aqua Motion 9:45-10:15								
10:00am									
10:30am	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00			Open Swim 12:00-5:30	Open Swim 9:30-7:30
11:00am									
11:30am									
12:00pm									
12:30pm									
1:00pm	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	55+ W.W.F (3) 1-2:00	55+ W.W.F (1) 1-1:45	Adult-Warm Water Wellness 1:00-3:00				
1:30pm									
2:00pm	Aqua-Core 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00	Aqua-Core 2:00-3:00	Adult-Warm Water Wellness 2:00-3:00					
2:30pm									
3:00pm	Open Swim 3:00-5:15	Open Swim 3:00-5:15	Open Swim 3:00-5:15	Open Swim 3:00-5:15	Open Swim 3:00-9:00				
3:30pm									
4:00pm									
4:30pm									
5:00pm	EXPAND 5:15-6:15 shallow end open	Swim Lessons 5:15-7:15	Adult-Warm Water Wellness 5:15-6:15	Swim Lessons 5:15-7:15					
5:30pm			Hy-Dro Drive 6:15-7:15 shallow end open						
6:00pm									
6:30pm									
7:00pm	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00	Open Swim 7:15-9:00					
7:30pm									
8:00pm									
8:30pm									
9:00pm									

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-4400 or go to www.boulderaquatics.org