



# SBRC Gym Schedule

## November 2 - 22

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6:00am	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30							
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30								
7:00am		Complete Conditioning 7:30-8:30		Complete Conditioning 7:30-8:30								
7:30am		Drop-in Total Body Fitness 8:50-9:50		Drop-in Total Body Fitness 8:50-9:50								
8:00am		Gym Jam 9:30-11:30		Open Gym 9:50-11:30				Gymnastics 9:30-11:15	Open Gym 9:50-11:00	Gym Jam 9:30-11:30	Drop-In Women's Volleyball 9:30-12:00	Drop-in Adult Basketball 8:00-11:00
8:30am												
9:00am												
9:30am	Open Gym	Drop-in Adult Basketball 11:30-1:30	Open Gym 11:15-12:00	Drop-in Adult Basketball 11:00-1:30	Open Gym	All Ages Bball 11:00-12:00						
10:00am												
10:30am	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	V-Ball 1-4 until 11/18	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-3:30	All Ages Basketball 12:00-5:00	Youth Volleyball 12:00-4:45					
11:00am												
11:30am												
12:00pm												
12:30pm												
1:00pm												
1:30pm												
2:00pm	All Ages Basketball 3:30-5:00	Expand 4-5	Gymnastics	All Ages Bball 3:30-5	Open Gym 3:30-6:00	All Ages Basketball 3:30-5:00						
2:30pm												
3:00pm	Open Gym 5:00-6:15	Men's Basketball League 6:00-10:00	Open Gym 5:00-6:00	Men's Basketball League 6:00-10:00	Open Gym	Badminton 5:45-7:45						
3:30pm												
4:00pm												
4:30pm	Women's Basketball 6:15-9:00	Men's Basketball League 6:00-10:00	Men's Basketball League 6:00-10:00	Coed Dodgeball 6:00-9:00	Open Gym	Badminton 5:45-7:45						
5:00pm												
5:30pm												
6:00pm												
6:30pm												
7:00pm	Open Gym											
7:30pm												
8:00pm	Open Gym											
8:30pm												
9:00pm	Open Gym											
9:30pm												



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>