



# SBRC Gym Schedule

## DECEMBER

11/25/2014



The SBRC will close at 1:30pm on Wed, December 24<sup>th</sup>

The SBRC will be closed on Thurs, December 25<sup>th</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	<b>Open Gym</b> 6:00-9:00	<b>Open Gym</b>	<b>Open Gym</b> 6:00-12:00	<b>Open Gym</b>	<b>Open Gym</b> 6:00-9:00			
6:30am		<b>Bootcamp</b> 6:30-7:30 <i>ends 12/16</i>		<b>Bootcamp</b> 6:30-7:30				
7:00am		<b>Open Gym</b> 7:30-8:50		<b>Open Gym</b> 7:30-8:50				
7:30am		<b>Drop-in Total Body Fit</b> 8:50-9:50		<b>Drop-in Total Body Fit</b> 8:50-9:50				
8:00am	<b>Setup</b>	<b>Open Gym</b> 10:00-11:30		<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Setup</b>	<b>Drop-in Womens Volleyball</b> 8:30-11:00	<b>Drop-in Adult Basketball</b> 8:00-11:00
8:30am								
9:00am	<b>Gym Jam</b> 9:30-11:30 <i>ends 12/8</i>	<b>Drop-in Adult Basketball</b> 11:30-1:30		<b>Drop-in Spts Conditioning</b> 12:00-1:00	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Gym Jam</b> 9:30-11:30 <i>ends 12/12</i>	<b>Open Gym</b> 11:00-5:00	<b>Open Gym</b> 11:00-12:00
9:30am								
10:00am	<b>Cleanup</b>	<b>Drop-in Pickleball</b> 1:30-3:30		<b>Drop-in Adult Bball</b> 1:00-2:30	<b>Drop-in Pickleball</b> 1:30-3:30	<b>Cleanup</b>	<b>Youth Volleyball</b> 12:00-5:00 <i>ends 12/14</i>	
10:30am								
11:00am	<b>Open Gym</b> 1:00-2:30	<b>Open Gym</b> 3:30-5:00	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Spts Conditioning</b> 12:00-1:00	<b>Open Gym</b> 1:00-2:30		
11:30am								
12:00pm	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Sports Smplr</b> 5:00-6:00 <i>ends 12/16</i>	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Gonzo</b> 3:15-5:30	<b>Drop-in Spts Conditioning</b> 12:00-1:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
12:30pm								
1:00pm	<b>Kickboxing</b> 5:00-6:00	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Spts Conditioning</b> 12:00-1:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
1:30pm								
2:00pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>FHS Rental</b> 2:30-7:00 <i>12/5 only</i>	<b>Drop-in Yth Bball</b> 2:30-5:00		
2:30pm								
3:00pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
3:30pm								
3:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
4:00pm								
4:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
5:00pm								
5:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
6:00pm								
6:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
7:00pm								
7:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
8:00pm								
8:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		
9:00pm								
9:30pm	<b>Open Gym</b> 6:00-9:30	<b>Open Gym</b> 6:00-9:30	<b>Drop-in Youth Basketball</b> 2:30-5:00	<b>Open Gym</b> 3:30-6:00	<b>Drop-in Yth Bball</b> 2:30-5:00	<b>Drop-in Yth Bball</b> 2:30-5:00		



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)