



NBRC Lap Pool

December 28-January 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday										
6:00am	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	Lap Swim 6:00-8:00	Lap Swim 6:00-9:00	3 lanes open 7:00-9:00 Boulder Swimming											
6:30am																	
7:00am		4 lanes open 8:00-9:00 Drop-in H2O Fit		4 lanes open 8:00-9:00 Drop-in H2O Fit				4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	3 lanes open 9:00-11:00 Flatirons	2 lane open 8:00-9:30 BAM						
7:30am																	
8:00am																	
8:30am	Lap Swim 11:30-4:00	Lap Swim 9:00-12:00	Lap Swim 11:30-4:00	Lap Swim 1:00-4:00	Lap Swim 11:30-4:00	3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board	3 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board										
9:00am																	
9:30am								3 lanes open 10:30-11:30 BAM	3 lanes open 10:30-11:30 BAM	3 lanes open 10:30-11:30 BAM	3 lanes open 10:30-11:30 BAM	Lap Swim 11:00-1:00	Lap Swim 10:30-1:00				
10:00am																	
10:30am								4 lanes open 12:00-1:00 BAM	4 lanes open 12:00-1:00 BAM	4 lanes open 12:00-1:00 BAM	4 lanes open 12:00-1:00 BAM	3 lanes open 4:00-6:30	Lap Swim 4:00-7:30				
11:00am																	
11:30am								Lap Swim 6:45-9:00	Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	Lane Availability Changes: 12/31, Pool Closes at 3:30; 1/1 Pool and Facility Closed 1/5, No lanes available 3:00-7:00pm due to swim meet 1/15-1/17, Lifeguard Training; F, 4-8pm, Sa/Su8-5pm 1/14, No lanes available 3:00-7:00pm due to swim meet 1/13, Lifeguard Inservice, 7-8:30pm					
12:00pm																	
12:30pm														5 lanes open 5:45-6:45 Drop-in Zumba	6 lanes open 6:00-7:00 Lessons	Lap Swim 5:30-7:00	Lap Swim 6:00-7:00
1:00pm																	
1:30pm	6 lanes open 7:00-8:00 Drop in H2O Fit	Lap Swim 6:45-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00													
2:00pm																	
2:30pm	6 lanes open 6:00-7:00 BAM & Lessons	Lap Swim 6:45-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00													
3:00pm																	
3:30pm	4 lanes open 9:00-10:00 Drop-in H ₂ O Fit	Lap Swim 9:00-12:00	Lap Swim 9:00-12:00	Lap Swim 9:00-12:00													
4:00pm																	
4:30pm	2 lanes open 4:00-5:30 BHS/EIks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/EIks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/EIks	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30										
5:00pm																	
5:30pm	6 lanes open 5:45-6:45 Drop-in Zumba	5 lanes open 6:00-7:00 Lessons	6 lanes open 6:00-7:00 Lessons	Lap Swim 5:30-7:00	Lap Swim 6:00-7:00	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30										
6:00pm																	
6:30pm	4 lanes open 7:00-8:00 Drop in H2O Fit	Lap Swim 6:45-9:00	Lap Swim 7:00-9:00	Lap Swim 8:00-9:00	Lane Availability Changes: 12/31, Pool Closes at 3:30; 1/1 Pool and Facility Closed 1/5, No lanes available 3:00-7:00pm due to swim meet 1/15-1/17, Lifeguard Training; F, 4-8pm, Sa/Su8-5pm 1/14, No lanes available 3:00-7:00pm due to swim meet 1/13, Lifeguard Inservice, 7-8:30pm	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30										
7:00pm																	
7:30pm	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lane Availability Changes: 12/31, Pool Closes at 3:30; 1/1 Pool and Facility Closed 1/5, No lanes available 3:00-7:00pm due to swim meet 1/15-1/17, Lifeguard Training; F, 4-8pm, Sa/Su8-5pm 1/14, No lanes available 3:00-7:00pm due to swim meet 1/13, Lifeguard Inservice, 7-8:30pm	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30										
8:00pm																	
8:30pm	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lap Swim 8:00-9:00	Lane Availability Changes: 12/31, Pool Closes at 3:30; 1/1 Pool and Facility Closed 1/5, No lanes available 3:00-7:00pm due to swim meet 1/15-1/17, Lifeguard Training; F, 4-8pm, Sa/Su8-5pm 1/14, No lanes available 3:00-7:00pm due to swim meet 1/13, Lifeguard Inservice, 7-8:30pm	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30										
9:00pm																	

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org