



East Boulder Recreation Center Leisure Pool

December

Pool schedule is subject to change. Please read the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7:30am		Adult-Warm Water Wellness 7:30-9:30		Adult-Warm Water Wellness 7:30-9:30		Open Swim 9:00-5:30 pm		
8:00am	Aqua Fit 8:00-8:55		Aqua Fit 8:00-8:55		Aqua Fit 8:00-8:55			
8:30am								
9:00am	55+ W.W. F (2) 9-9:45		55+ W.W. F (2) 9-9:45		55+ W.W. F (2) 9-9:45			
9:30am	Twinges N' Hinges 9:30-10:30		Twinges N' Hinges 9:30-10:30		Twinges N' Hinges 9:30-10:30			Adult W.W.W. 9:30-10:30
10:00am	Aqua Motion 9:45-10:15		Aqua Motion 9:45-10:15		Aqua Motion 9:45-10:15			
10:30am	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00	Open Swim 10:30-1:00		Open Swim 9:00-5:30 pm	Open Swim 10:30-7:30
11:00am								
11:30am								
12:00pm								
12:30pm								
1:00pm	55+ W.W.F (3) 1:00-2:00 shallow end open	55+ W.W.F (1) 1:00-1:45 shallow end open	55+ W.W.F (3) 1:00-2:00 shallow end open	55+ W.W.F (1) 1:00-1:45 shallow end open	Adult-Warm Water Wellness 1:00-3:00			
1:30pm								
2:00pm	Adult-W.W.W. 2:00-3:00	Adult-W.W.W. 2:00-3:00	Adult-W.W.W. 2:00-3:00	Adult-W.W.W. 2:00-3:00				
2:30pm								
3:00pm	Open Swim 3:00-5:15	Open Swim 3:00-9:00	Open Swim 3:00-9:00	Open Swim 3:00-9:00	Open Swim 3:00-9:00			
3:30pm								
4:00pm								
4:30pm								
5:00pm	Expand 5:15-6:15 Shallow end open							
5:30pm								
6:00pm								
6:30pm	Open Swim 6:15-9:00							
7:00pm								
7:30pm								
8:00pm								
8:30pm								
9:00pm								

