



SBRC Gym Schedule

Dec. 28th to Jan. 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Open Gym 6:00-12:00	Open Gym 6:00-8:50	Open Gym 6:00-12:00	Open Gym 6:00-8:50	Closed for the New Year Holiday The East Center is open from 8:30am - 1:30pm					
6:30am										
7:00am										
7:30am										
8:00am							Open Gym			
8:30am			Drop-in Total Body Fitness 8:50-9:50			Drop-in Total Body Fitness 8:50-9:50	Drop-in Total Body Fitness 8:30-9:30	Drop-in Adult Basketball 8:00-11:00		
9:00am										
9:30am										
10:00am			Open Gym 9:50-11:30			Open Gym 9:50-11:30				
10:30am										
11:00am										
11:30am										
12:00pm	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30						
12:30pm										
1:00pm						Open Gym 9:30-5:00	Youth V-Ball 12-3			
1:30pm	Drop-In Senior Volleyball 1:30-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1-5	Adult Bball 1:00-2:30	Drop-in Pickleball 1:30-3:30		Open Gym 11-5			
2:00pm						Open Gym				
2:30pm										
3:00pm										
3:30pm				Open Gym						
4:00pm	All Ages Bball 3:30-5:00									
4:30pm	Open Gym									
5:00pm										
5:30pm				Closed for the New Year Holiday at 4:00pm						
6:00pm	Open Gym 5:00-9:30	Open Gym 3:30-9:30	Open Gym 5:00-9:30							
6:30pm										
7:00pm										
7:30pm										
8:00pm										
8:30pm										
9:00pm										
9:30pm										

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>