



# SBRC Gym Schedule

## September 1st -5th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00am	<b>Labor Day Closed</b>			Open Gym 6-8:50				
6:30am								
7:00am								
7:30am								
8:00am						Open Gym 6:00-12:00	Open Gym 8:00- 9:30	Drop-in Adult Basketball 8:00-11:00
8:30am								
9:00am					Drop-in Total Body Fit 8:50-9:50		Drop-in Womens Volleyball 9:30-12:00	
9:30am								
10:00am					Cardio Fit 10:15-11:15			
10:30am								
11:00am								
11:30am								
12:00pm					Drop-in Adult Basketball 11:30-1:30	Drop-in Spts Conditioning 12:00-1:00	Open Gym 12:00-2:00	Open Gym 11:00-2:00
12:30pm								
1:00pm							All Ages Bball 1:00-2:00	
1:30pm					Drop-in Pickleball 1:30-3:30	Senior Vball 1:30-3:30		
2:00pm								
2:30pm								
3:00pm								
3:30pm						Open Gym 1:00-7:00	All Ages Bball 3:30-5:00	
4:00pm				Open Gym 3:30-6:00				
4:30pm						<b>SBRC Summer Hours:</b> Monday - Thursday 6am - 8:30pm Friday 6am - 7pm Saturday/Sunday 8am - 2pm		
5:00pm								
5:30pm								
6:00pm								
6:30pm				Drop-in Badminton 6:00-8:15				
7:00pm								
7:30pm								
8:00pm								
8:30pm								
9:00pm								
9:30pm								

**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)