

2015

NO COST-SHARE PREVENTIVE MEDICATIONS



by drug category

At Cigna, your health and well-being is most important, and we want you to be at your 100% best. It's good to take care of yourself. Getting the right preventive care services at the right time can help you stay healthy.

Health care reform requires coverage of specific preventive medications with no patient cost-sharing

The Patient Protection and Affordable Care Act (PPACA) requires that certain categories of drugs and other products be included in preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations are meant to help prevent disease and meet women's unique health care needs, and are updated periodically to reflect new advances in science and medicine.

Preventive medication coverage

The following prescription medications (as well as certain over-the-counter medications) and products may be available to you with no cost-sharing (copay, coinsurance and/or deductible) depending on your plan. Check your plan materials or visit myCigna.com for more information. You can also use the Prescription Drug Price Quote tool on myCigna.com to compare prices at local retail pharmacies and Cigna Home Delivery PharmacySM. If you have questions, you can **call customer service using the number on the back of your ID card, 24 hours a day, 365 days a year, and we'll be happy to help.**

Religious exemptions to covering contraceptives

PPACA allows certain employers to exclude coverage for contraceptive services due to religious beliefs.

If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications, and Cigna will offer to pay for your contraceptive services and specific medications at no additional cost to you if you choose. This coverage isn't administered, funded by or connected in any way to your employer's health coverage, and is private and confidential.

Your healthcare professional

Talk with your doctor about choosing the medication or product that's right for you. If your doctor feels a certain contraceptive product (on this list) isn't medically appropriate for you, have your doctor contact us to determine what other contraceptive products (not on this list) may be available with no cost-sharing. For preventive medications (including over-the-counter medications) or products to be covered, you'll need to get a prescription from your doctor.



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

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This list represents the medications that Cigna administered plans will cover with no cost-sharing due to PPACA requirements. Please note: this list is subject to change.

ASPIRIN PRODUCTS

Available to:

Males: 45 – 79 years

Females: 55 – 79 years

Adult Low Dose Aspirin
 Adult Low Dose Aspirin EC
 Ascriptin
 Aspirin 81
 Aspirin
 Aspirin Buffered
 Aspirin EC
 Aspir-Low
 Aspir-Trin
 Aspricin
 Aspidrox
 Bayer Aspirin
 Bayer Chewable
 Children's Aspirin
 Children's Chewable Aspirin
 Ecotrin
 Ecpirin
 Lite Coat Aspirin
 Lo-Dose Aspirin EC
 Low Dose Aspirin
 Low Dose Aspirin EC
 Miniprin
 St. Joseph Aspirin
 Tri-Buffered Aspirin
 TX-Prin

BARRIER CONTRACEPTION

Available to females

Conceptrol Inserts
 Conceptrol w/applicator
 Encare
 FC Female Condom
 FC2 Female Condom
 Femcap
 Gynol II
 Gynol II Extra Strength
 Omniflex Diaphragm
 Options Conceptrol Vaginal
 Contraceptive
 Options Gynol II Vaginal
 Contraceptive
 Orth-Gynol
 Ortho Diaphragm All-
 Flex/65MM
 Ortho Diaphragm All-
 Flex/70MM
 Ortho Diaphragm All-
 Flex/75MM
 Ortho Diaphragm All-
 Flex/80MM
 Ortho Diaphragm Coil Spring
 Kit 100

Ortho Diaphragm Coil Spring
 Kit 105
 Ortho Diaphragm Coil Spring
 Kit 50
 Ortho Diaphragm Flat Spring
 Kit 55
 Ortho Diaphragm Flat Spring
 Kit 60
 Ortho Diaphragm Flat Spring
 Kit 65
 Ortho Diaphragm Flat Spring
 Kit 70
 Ortho Diaphragm Flat Spring
 Kit 75
 Ortho Diaphragm Flat Spring
 Kit 80
 Ortho Diaphragm Flat Spring
 Kit 85
 Ortho Diaphragm Flat Spring
 Kit 90
 Ortho Diaphragm Flat Spring
 Kit 95
 Prentif Cavity-Rim Cervical
 Cap
 Prentif Fitting Set
 Shur-Seal
 Today Sponge
 VCF Vaginal Contraceptive
 Film
 VCF Vaginal
 Contraceptive Foam
 Wide-Seal Silicone
 Diaphragm Kit 60
 Wide-Seal Silicone
 Diaphragm Kit 65
 Wide-Seal Silicone
 Diaphragm Kit 70
 Wide-Seal Silicone
 Diaphragm Kit 75
 Wide-Seal Silicone
 Diaphragm Kit 80
 Wide-Seal Silicone
 Diaphragm Kit 85
 Wide-Seal Silicone
 Diaphragm Kit 90
 Wide-Seal Silicone
 Diaphragm Kit 95

BREAST CANCER PREVENTION*

Available to females

raloxifene
 tamoxifen
 *Available upon your plan's
 renewal date in 2015.

EMERGENCY CONTRACEPTION

Available to females

Ella
 My Way
 Next Choice
 Next Choice One Dose
 Take Action

FALL PREVENTION/VITAMIN D SUPPLEMENTATION

Available to adults 65 years of age and older

Bio-D-Mulsion
 Bio-D-Mulsion Forte
 Children's Replesta
 Children's Vitamin D
 D3 Dots
 D3-50
 Decara
 Delta D3
 Dialyte Vitamin D3 Max
 Diallyvite Vitamin D
 D-Vi-Sol
 D-Vita
 Just D
 Kids Vitamin D3
 Maximum D3
 Replesta
 Replesta NX
 Thera-D
 Vitamin D
 Vitamin D3
 Vitamin D-400

FOLIC ACID SUPPLEMENTATION

Available to females (only products containing from 0.4 mg-0.8 mg of folic acid are included)

Classic Prenatal
 Daily Prenatal
 Engran-HP
 Folic Acid
 KPN
 Maxinate
 Natalins
 Natelle-EZ
 One Daily Prenatal
 P-D Natal Plus With Folic Acid
 Prenatal
 Prenatal Formula
 Prenatal Multi + DHA

Prenatal OTC
 Prenatal Vitamins
 Preque 10
 Right Step Prenatal Vitamins
 Stuart Prenatal
 Stuart Prenatal + DHA

HORMONAL CONTRACEPTION^*

Available to females

Altavera
 Alyacen 1/35
 Alyacen 7/7/7
 Amethia
 Amethia Lo
 Apri
 Aranelle
 Aubra
 Aviane
 Azurette
 Balziva
 Briellyn
 Camila
 Camrese
 Camrese Lo
 Caziant
 Chateal
 Cryselle-28
 Cyclofem 1/35
 Cyclofem 7/7/7
 Dasetta 1/35
 Dasetta 7/7/7
 Daysee
 desogestrel/ethinyl estradiol
 drospirenone/ethinyl
 estradiol
 Elinest
 Emoquette
 Enpresse-28
 Enskyce
 Errin
 Estarylla
 Falmina
 Gianvi
 Gildagia
 Gildess 1.5/30
 Gildess 1/20
 Gildess FE 1.5/30
 Gildess FE 1/20
 Heather
 Introvale
 Jencycla
 Jolessa
 Jolivette
 Junel 1.5/30
 Junel 1/20

Junel FE 1.5/30
 Junel FE 1/20
 Kariva
 Kurvelo
 Larin 1/20
 Larin FE 1.5/30
 Larin FE 1/20
 Leena
 Lessina
 Levonest
 levonorgestrel
 levonorgestrel and ethinyl
 estradiol
 levonorgestrel/ethinyl
 estradiol
 Levora 0.15/30-28
 Loryna
 Low-Ogestrel
 Lutera
 Lyza
 Marlyssa
 medroxyprogesterone acetate
 150 MG/ML
 Microgestin 1.5/30
 Microgestin 1/20
 Microgestin FE
 Microgestin FE 1.5/30
 Mono-Linyah
 Mononessa
 Myzila
 Necon 0.5/35-28
 Necon 1/35
 Necon 7/7/7
 Nora-Be
 norethindrone
 norgestimate/ethinyl
 estradiol
 norgestrel/ethinyl estradiol
 Nortrel 0.5/35 (28)
 Nortrel 1/35
 Nortrel 7/7/7
 Ocella
 Orsythia
 Philith
 Pimtreea
 Pirmella 1/35
 Pirmella 7/7/7
 Portia-28

Previfem
 Quasense
 Reclipsen
 Sprintec 28
 Sronyx
 Syeda
 Tilia FE
 Tri-Estarylla
 Tri-Legest FE
 Tri-Linyah
 Trinessa
 Tri-Previfem
 Tri-Sprintec
 Trivora-28
 Velivet
 Vestura
 Viorele
 Vyfemla
 Wera
 Wymzya FE
 Xulane
 Zarah
 Zenchent
 Zenchent FE
 Zeosa
 Zovia 1/35E
*^ If your doctor feels these
 medications are medically
 inappropriate, have them
 call us. Brands may be
 available with no cost-
 sharing to you.*

** Generic hormonal
 contraceptives are
 available at no cost-sharing
 to you, even though they
 may not be listed here.*

PEDIATRIC IRON- CONTAINING PRODUCTS/FLUORIDE SUPPLEMENTATION

**Available to males and
females: six - 12 months**

Children's Ferrous Sulfate
 Children's Iron

Fer-In-Sol
 Fer-Iron
 Ferrous Sulfate
 Flura Drops
 Icar
 Wee Care

PEDIATRIC MULTIVITAMINS (containing fluoride and fluoride supplements)

**Available to males and
females: six months - six
years**

ADC w/Fluoride
 Escavite
 Escavite D
 Fluorabon
 Fluor-a-day
 Fluoride
 Fluoritab
 Flura-drops
 Ludent Fluoride
 Multivitamins w-Fluoride-Iron
 Multivitamins with Fluoride
 MVC-Fluoride
 Polytab
 Poly-VI-Flor
 Poly-VI-Flor with Iron
 Polyvitamins with Fluoride
 Quflora
 Sodium Fluoride
 TL-Fluourivite
 Triple Vitamin w/Fluoride
 Tri-VI-Flor
 Tri-VI-Floro
 Tri-vitamin with Fluoride
 Tri-vite w/Fluoride
 Tri-vite w/Fluoride Iron
 Vitamins A,C,D & Fluoride

SMOKING CESSATION^{^*}

**Effective on plan
anniversary date
beginning December 1,
2014. Quantity
limitations apply.**

bupropion (generic for
Zyban[®])

May also be known as:

Bupropion HCl SR 12HR
 Buproban
 nicotine replacement therapy*
 (patches, gum
 and lozenges)

May also be known as:

Commit
 Nicoderm
 Nicorelief
 Nicorette
 Nicotine Polacrilex Gum
 Nicotine Polacrilex
 Lozenge
 Nicotine TD Patch 24HR
 Nicotine Transdermal
 System

*^ If your doctor feels these
 medications are medically
 inappropriate, have them
 call us. Brands may be
 available with no cost-
 sharing to you.*

** Generic nicotine
 replacement therapy (so
 called "store-brands") are
 available at no cost-sharing
 to you, even though they
 may not be listed here.*



All health benefit plans and insurance policies contain exclusions and limitations. Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill or purchase the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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