Appendix C
City of Boulder Recreation Program Detail

Arts and Leisure Activities

Dance
Ages: youth age 18 months- senior
Annual participants: 3,410
Classes offered- Adult (ages 18+): Ballet, Jazz, Tap, Hip Hop, Middle Eastern Dance, and Irish Step Dance
Classes offered- Youth (ages 18 months- 18 years): Little Feats, Pre Ballet, Pre Tap, Ballet, Jazz, Tap, Break Dancing, Hip Hop, Parent/Tot, Audition Skills, Dance Camps, Expressions Dance Company-Competitive Dance, Kinder Tap, and Kinder Ballet
Skill Levels: beginner to competitive for all age groups in both concert and non-concert classes
Location: 4 studios located at North & South Boulder Recreation Centers, Iris Studio and East Boulder Community Center

Leisure Enrichment
Ages: youth age 4- senior
Annual Participants: 1,245
Classes offered- Adult: Photography, Guitar, Painting, Drawing and Watercolor
Classes offered- Youth (ages 4-18): Drawing, Kids Cookin’, Junior Chefs, Drama Camp, Film Camp, Art Camp, and Specialty Workshops
Skill Levels: beginner to advanced

Location: North & South Boulder Recreation Centers, East Boulder Community Center, Salberg Center, West Senior Center, Stir It Up Cooking, Boulder Photo Center, and Chautauqua Park

Pottery
Ages: youth age 4- senior
Annual Participants: 1,221
Classes offered- Adult (ages 16): Pottery, Senior Pottery, Visiting Artists Series, Workshops, Specialty Classes, and Adult Clay Camp
Classes offered- Youth (ages 4-16): Age specific pottery, Specialty Classes, Clay Camp, and Teen Pottery
Skill Levels: beginner to advanced
Location: Pottery Lab

Youth Services Initiative (YSI)
Ages: youth age 5-18
Annual Participants: 265
Programs offered- Youth (ages 5-18 years): On-site recreation programs, programs at recreation centers, homework help, community involvement (participating in community parades and community cleanup, skiing, hiking, Getting Fit, Bolder Boulder and attending local sports competitions.
Location: North & South Boulder Recreation Centers, East Boulder Community Center, Boulder Housing Partners housing sites.
Sports and Athletics

**Golf**

**Ages:** youth ages 4- senior  
**Annual Participants** (golfers and lessons): 47,749  
**Classes offered- Adult (ages 18+):** Tournaments, Private Lessons, Group Classes, Learning Packages, Play with a Pro Lessons, Flex Lessons  
**Classes offered- Youth (17 and younger):** Flatirons Junior League, Group Lessons and Private Lessons  
**Location:** Flatirons Golf Course

**Gymnastics**

**Ages:** youth age 2 ½ - 18 years  
**Annual Participants:** 6,609  
**Classes offered- Youth (ages 2 1/2-18):** Preschool Classes, Beginner/ Advanced Beginner, Team- Pre Team, Beginning Team, Intermediate Team, Advanced Team, and Birthday Parties  
**Skill Levels:** preschool- advanced team  
**Location:** North Boulder Recreation Center

**Open Water Sports**

**Ages:** youth age 6- senior  
**Annual Program Participants:** 500  
**Classes offered- Adult (ages 12+):** Basic Canoe, Basic Sailing, Basic Sunfish, Sailing Keel Sailboats 2, Sea Kayak, and Boating Safety

**Classes offered- Youth (ages 6- 16):** Tommy’s Ski School/ Camps, Sailboard/Windsurf Camp, Sailing Camp, Water Sports Camp, Junior Sailing Club, and Junior Sunset Camp  
**Location:** Boulder Reservoir

**Sports**

**Ages:** youth age 9 months – senior  
**Annual participants:** 20,890  
**Classes/ Sport Leagues offered- Adult (ages 16+):** Softball, Soccer, Kickball, Dodgeball, Basketball, Volleyball League and Instruction and Tennis Instruction  
**Classes offered- Youth (ages 6 months- 16 years):** Gym Jam, Mini-Sports (soccer, flag football, t-ball), Sports Sampler, Mini- Hoopers, Elementary and Middle School Volleyball, High School Volleyball Team, Volleyball Camp, Basketball Camp, Flag Football, Football Camp, Holiday Break Camps, Sports Camp, Tennis Camp, Tennis Instruction, Birthday Parties and Early Childhood Classes  
**Skill Levels:** beginner to competitive  
**Location:** North & South Boulder Recreation Centers, East Boulder Community Center, Stazio and East Mapleton Ballfields, Arapahoe Ridge Park, Baseline Middle School, Centennial Middle School, Chautauqua Park, Columbine Elementary School, Fairview High School, Knollwood Park, Manhattan Middle School, Martin Park, Palo Park, Tom Watson Park, and Pleasant View Soccer Complex
Therapeutic Recreation

EXPAND (Recreation Programs for People with Disabilities)

Ages: youth age 3- senior
Annual Participants: 1,629


Location: North & South Boulder Recreation Centers, East Boulder Community Center, East Mapleton Ballfields, and Boulder Reservoir

Wellness

Aquatics

Ages: youth age 6 months- senior
Annual Participants: 3,161

Classes offered- Adult (ages 15+): Lifeguard Training, Water Safety Instructor Training, Adult Group Lessons, Adult Lap Swim, Adult Private Lessons, Aquatic Fitness, and Silver Splash

Classes offered- Youth (ages 6 months-18): Specialized Lessons (Seamonkey, Jellyfish, etc), Swim Team Clinics, Private/Semi Private Lessons, Barracudas Swim Team (Pre-Team), Diving Class, and Swim Camp

Location: North & South Boulder Recreation Centers, East Boulder Community Center, Scott Carpenter Pool, and Spruce Pool

Fitness/Wellness

Ages: 15+
Annual Participants: 2,539

Classes/ Events offered: Drop-in Weight Room, Drop-in Fitness Classes, Registered Weight and Specialty Fitness Classes, CPR/First Aid, Personal Training, Consultations, Health Fairs, and Work Site Wellness

Skill Levels: beginner to competitive

Location: North & South Boulder Recreation Centers, East Boulder Community Center, Boulder Reservoir, Spruce Pool, and various City department offices/facilities
Yoga/Pilates

Ages: youth age 3 - adult

Annual Participants: 3,782

Classes offered - Adult (ages 12+): Pre-registered and drop-in Yoga, Pilates (Mat and Reformer), PIYO, NIA, Swiss Ball, T’ai Chi, Chi Kung, Feldenkrais, and Middle and High School Yoga

Classes offered - Youth (ages 3-18): Parent/Child Yoga, Yoga for Children, Middle and High School Yoga, and NIA Basics

Skill Levels: beginner, restorative, therapeutic, prenatal/postpartum, advanced beginner, and intermediate

Location: North & South Boulder Recreation Centers, East Boulder Community Center, Salberg Studio, and Iris Studio