



# EBCC Gym Schedule

## August 1st-19th



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b> 5:30-6:15	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b> 5:30-8:30	<b>Open Gym</b> 5:30-8:30					
6:00am		<b>Drop-in MRT</b> 6:15-7:00								
6:30am										
7:00am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30	<b>Bootcamp</b> 7:00-8:00			<b>Open Gym</b>				
7:30am										
8:00am	<b>Open Gym</b>		<b>Open Gym</b>			<b>Drop-in Carve</b> 8:00-9:00				
8:30am	<b>Camps</b> 8:30-5:30	<b>Camps</b> 8:30-12:00	<b>Camps</b> 8:30-12:00	<b>Camps</b> 8:30-10:00	<b>Camps</b> 8:30-1:00	<b>Drop-in Carve</b> 9:00-10:00				
9:00am										
9:30am										
10:00am										
10:30am									<b>Gym-nastics</b> 10:00-12:30	
11:00am										
11:30am										
12:00pm										<b>Quad Rugby</b> 10:30-1:00
12:30pm										
1:00pm										<b>Open Gym</b> 8:00-8:00
1:30pm				<b>Open Gym</b> 10:00-3:30						
2:00pm										
2:30pm										
3:00pm		<b>Camps</b> 1:30-5:30	<b>Camps</b> 1:30-5:30							
3:30pm				<b>Camps</b> 1:30-5:30						
4:00pm										
4:30pm				<b>Camps</b> 3:30-5:30						
5:00pm										
5:30pm										
6:00pm										
6:30pm										
7:00pm		<b>Open Gym</b> 12:00-9:30	<b>Open Gym</b> 12:00-9:30	<b>Open Gym</b> 5:30-9:30	<b>Open Gym</b> 1:00-9:30					
7:30pm										
8:00pm										
8:30pm										
9:00pm										
9:30pm										



**\*GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME\***

For more information call 303-441-4400 or go to [Http://www.boulderparcs-rec.org](http://www.boulderparcs-rec.org)