The Boulder Interagency Network is a long-standing tradition of Boulder County senior care professionals of all disciplines coming together to share and connect.

Organizations that are active, attending members of Interagency are included in our resource directory, which is published annually.

For questions about Interagency, email Sara Griswell at sarag@homewatchboulder.com.

Please note that all work done for the management of the Boulder Interagency Network is done on a volunteer basis, and not affiliated with any organization or business entity. The Boulder Interagency Network is not responsible for vetting the qualifications or services of any member and makes no claims thereof.
Allenspark Community Resources

Boulder County Area Agency on Aging
Teresa Deanni, Program Director

- Programs on healthy aging
- Long Term Care Ombudsman, Medicare Counseling
- Caregiver programs, Respite & Companion Volunteer programs

Boulder County Area Agency on Aging--LGBT Program
Nancy Grimes, LGBT Program Specialist

- Project Visibility--staff training on strengths & needs of Lesbian/Gay/Bisexual/Transgender elders
- Rainbow Elders--Support group for LGBT seniors
- LGBT educational symposiums

Broomfield Senior Center

City of Boulder Senior Services
Jacki Myers, Resource Specialist

- Resource consultation & referral, bilingual
- Caregiver education & support
- Assessments for services & planning

Erie Senior Services

Lafayette Senior Center
Lorna Beard, Resource Specialist
Longmont Senior Center
Veronica Garcia, Resource Specialist
910 Longs Peak Ave, Longmont, CO 80501
303-651-8716

Louisville Senior Center
Diane Evans, Resource Specialist
900 Via Appia Way, Louisville, CO 80027
303-335-4919

Lyons Aging Services
Keith Carr, Resource Specialist
303-823-9016

Niwot Aging Services
303-652-3850
Audio Information Network of Colorado
Kim Ann Wardlow, Director of Marketing

1700 55th St, Suite A, Boulder, CO 80301
303-786-7777 x 112
kim@aincolorado.org
aincolorado.org

- Serve blind, visually impaired and print disabled individuals
- Provide audio access to newspapers, ads, and magazines via broadcast, telephone or internet
- All services and equipment is free to the listener

CareConnect of Boulder County
Carol Arnett Thompson, Volunteer Manager

2540 Frontier Ave, Boulder, CO 80301
303-444-1933
cathompson@careconnectbc.org
careconnectbc.org

- Safety net services for seniors & adults with disabilities
- Services provided by volunteers
- Grocery shopping & delivery, minor home repair, transportation

Veterans Helping Veterans Now
Lauren Denton, Development Director

600 Terry St, Longmont, CO 80501
303-772-9777
lauren@vhvnow.org
vhvnow.org

- Free services to veterans
- Group therapy w/ licensed therapist
- VA medical transportation
Alzheimer's Association Help Line

800-272-3900

alz.org/co

- Helpline with information, assistance and referrals

Alzheimer's Support Group--Boulder

5660 Sioux Dr, Boulder, CO, 80305

303-441-4150

- For caregivers & family members
- 1st Thursday of the month 12:00-1:30pm
- Call for more info & to verify times & dates

Alzheimer's Support Groups--Louisville

Diane Evans, Community Resource Coordinator

900 W Via Appia, Louisville, CO 80027

303-335-4919

- Caregiver support group 2nd Thursday of the month 6:00p-7:30p
- Early Stage Alzheimer’s Support Group 4th Monday 10:00am-11:30a
- Call for more info & to verify times & dates

Caregiver support group

Ina Rifkin, Facilitator

1055 Adams Circle, Boulder, CO 80303

303-554-5668

- Caregiver support groups via discussion, education & sharing
- Tuesdays 4-6pm
- Call for more info & to verify times & dates

Parkinson's Care Partner Support Group

Sara Griswell, Facilitator

The Carillon, 2525 Taft Dr, Boulder, CO 80302

303-444-1133

sarag@homewatchboulder.com

- Support group for family caregivers of those living with Parkinson’s
- 2nd Thursday of each month from 2:00pm-3:30p
- Peer-support format with reflection questions and resources provided
Via Mobility Services
Bob D’Alessandro, Director of Customer and Community Services

- Door-thru-door, call-up, low-cost paratransit
- Travel training
- Information & referral and Individualized Travel Plans

2855 N 63rd St, Boulder, CO 80301
303-447-2848
rdalessandro@viacolorado.org
viacolorado.org
Dr. Michelle Winston, Neuropsychologist

Dr. Michelle Winston, Neuropsychologist

- Consultation & evaluations regarding aging, memory disorders, dementia & differential between psychological and neurodegenerative disorders
- Competency & capacity evaluations and pre-surgical cognitive screenings
- Clinics for brain fitness

Family Hearing Center

Jennifer LaBorde, General Manager & Hearing Aid Specialist

- Hearing testing and evaluations
- Providers of premium hearing technology and hearing protection
- Hearing aid adjustments, repairs, and services

Kaiser Permanente

Mary Lou Malek, Medicare Market Manager

- Provides comprehensive health care services
- Integrated health care delivery system
- Colorado's largest non-profit health plan

United Healthcare

Mike Parker, Agent Manager

- Medicare Advantage plans
- Medicare supplement plans
- Prescription drug plans
Dr. Margaret P. Norris
Margaret P. Norris, Psychologist

Longmont, CO 80503
979-255-2281
mpnorrisphd@hotmail.com

- I am a clinical psychologist specializing in older adults and adults with medical problems
Bayada Home Health Care
Amy Santello, Marketing Manager

8670 Wolff Ct, Bid 8, Suite 115, Westminster, CO 80031
303-650-1700
asantello@bayada.com
bayada.com

- We provide medical care with compassion, excellence and reliability
- Our nurses, physical, occupational, and speech therapists help patients achieve optimal outcomes
- We serve the entire Front Range and are available to reach 24/7

Compassionate Home Health Care
Maria Montgomery, RN, Community Relations Director

303-465-3700
mmontgomery@mycompassionatecare.com
mycompassionatecare.com

- Locally owned & operated
- All staff carry licensed e-stim machines
- Mgt. and Eval program provides extended care when the MDC benefits discharge

Team Select Home Care
Liza Kowalczyk, Area Director of Clinical Operations

303-256-6405
lkowalczyk@teamselecthh.com
teamselecthh.com

- Skilled home care: RN, PT, OT, ST, MSW, HHA
- Serving the entire Front Range
- Reducing re-hospitalizations with disease mgmt. care kits, 7 day a week therapy, & next day admissions
Allegiance Home Care
Chelby Jackson, Senior Care Manager
8515 Pearl St, Suite 101, Thornton, CO
720-552-7101
jcjackson@allegiancehc.org
allegiancehc.org
- Private pay, Medicaid and VA certified
- 2 hour minimum
- Part of National Homecare and Hospice Association of America

Always Best Care of Boulder County
Inga Jermaine, Owner
415 Coffman, Longmont, CO 80501
720-494-8407
ijermaine@abc-seniors.com
coloradocareblog.com
- SeniorSolutions--Philips med dispenser & life line
- 24-hour & live-in care available
- Specializing in customer service

BrightStar Care
Kelly Petty, Director of Community Relations
2095 W 6th Ave Suite 204, Broomfield, CO 80020
303-665-2222
kelly.petty@brightstarcare.com
brightstarcare.com
- Class A—non-medical and medical care in the home
- No minimum hours per visit
- RN Supervision on all cases

ComforCare Home Care
John Johnson, Community Liaison
3333 S Wadsworth Blvd #312, Lakewood, CO, 80227
303-232-4473
jjohnson@comforcare.com
denverwest.comforcare.com
- Highly skilled caregivers in Alzheimer's/dementia care
- Caregivers are our employees and are bonded & insured
- Services range from companionship to personal care
Dignity Care
Joan Lutz, RN, Registered Nurse
1570 Lee Hill Dr #7, Boulder, CO 80304
303-444-4040
joan@dignitycare.com
dignitycare.com

- Medical & non-medical care in the home
- Geriatric care management
- Locally owned and operated

First Light Home Care
Brian Wilson, Owner/President
7464 Arapahoe Rd Suite B3, Boulder, CO 80303
720-502-3939
bwilson@firstlighthomecare.com
www.boulder.firstlighthomecare.com

- Dementia care
- Respite care
- 24 hour support for families

Hallmark Homecare
Michelle Oliver
970-507-0317
moliver@hallmarkhomecare.com
hallmarkhomecare.com

- Saves our clients 35-50% over traditional homecare agencies
- We place insured, qualified CNAs and caregivers on a direct hire basis with our clients
- Promoting education, choice and support for our clients & caregivers

Home Care of the Rockies
Sandi McCann, President
1325 Dry Creek Dr. #102, Longmont, CO 80503
720-204-6083
sandi@homecareoftherockies.com
homecareoftherockies.com

- Professional, reliable, and trusted non-medical caregiving support
Homewatch CareGivers
Sara Griswell, Operations & Outreach Director
2945 Center Green Ct Suite D, Boulder, CO 80301
303-444-1133
sarag@homewatchboulder.com
homewatchcaregivers.com/Boulder

- Serving Boulder County since 1994
- Unique Homewatch CareGivers University training program
- Free evaluation, no deposit or commitment

Seniors Helping Seniors
Monica Londono, Manager
3805 Valley Crest Dr., Timnath, CO 80547
970-484-8445
monicahelpingseniors@centurylink.net
seniorshelpingseniors.com/weldcounty

- We only hire loving, giving and caring active seniors to provide services
- 24-hour care
- Dementia/Alzheimers care and more

Touching Hearts at Home
Chris Greene, Owner
12011 N Tejon St. Suite 600, Westminster, CO 80234
303-255-4071
cgreene@touchinghearts.com
touchinghearts.com

- Caregivers professionally trained, licensed, bonded & insured
- Service from 1-24 hours per day
- Housekeeping, meal preparation, personal care, transportation, laundry/linens, companionship
Compassionate Hospice Care
Andrea K. Grohmann, MSW, Clinical Liaison
11935 Ouray St., Broomfield, CO
303-465-0944
agrohmann@mycompassionatecare.com
mycompassionatecare.com

- Locally owned & operated
- All patients offered board certified music therapy
- Volunteer tuck-in program, determine weekend needs

Family Hospice
Kari Scott, Community Outreach & Development
1790 30th St, Suite 308, Boulder, CO 80301
303-440-0205
kariscott@familyhospice.net
familyhospice.net

- Leaders in dementia care (certified by Alzheimers Association)
- Locally owned & operated in Boulder
- Low staff-to-patient ratios = longer & more frequent visits

Front Range Hospice
Barbara Reed, Hospice Liaison
685 Briggs Street, Erie, CO
303-957-3101
barbara.reed@frhospice.com
frontrangehospice.com

- Legendary in-home hospice care—wherever you live
- Joint Commission accredited & V.A. Special Programs
- ALZ "Leaders in Dementia" certified

Gentiva Home Health & Hospice
Laura L. Hagen, Representative
4350 Wadsworth Blvd, Wheatridge, CO 80003
720-234-9999
laura.hagen@gentiva.com
gentiva.com

- Specialized memory care program
- Easy & fast referral process
- Transitional care w/ complimentary informational meetings for patients & families
Grace Hospice
Tracy Davenport, LSW, Social Worker

164 Primrose Ct Suite C, Longmont, CO 80501
303-848-2100
ldavenport@ghospice.com
ghospice.com

- 15 years of hospice experience
- Affiliated with Visiting Physicians Association (VPA)
- Caregiver support and education groups run by social worker & chaplain

Halcyon Hospice & Palliative Care
Tyler Voorus, Care Coordinator

209 Main Street, Mead, CO 80542
303-329-0870
tvoorus@myhalcyon.org
halcyonhospice.org

- Clinician and locally owned focusing on patient & family directed care
- Integrative therapies (includes aroma, music, pet, massage, PT, OT)
- Denver Post 2013 & 2014 Top Workplaces winner

TRU Community Care
Beth Davis, V.P. of Business Development

2594 Trailridge Dr East, Lafayette, CO 80026
303-449-7740
bethdavis@trucare.org
trucare.org

- Full continuum of end of life care (palliative, hospice & PACE program in 2015)
- Grief services for anyone in our community
- Community education
Allgood Legal and Fiduciary Services
Martha Meshak, Attorney/Fiduciary
PO Box 271230, Louisville, CO 80027
720-282-5778
mmeshak@q.com
allgoodlegalandfiduciaryservices.com
- Assistance with advance directives, estate planning & related legal services
- Fiduciary services and financial agent, trustee, conservator and personal representative
- Protection of the rights and assets of elder and disabled persons

Legal Shield
Peggy Altschuler
1555 Taylor Mtn Dr.
720-280-1068
peggylalt@gmail.com
peggyalt.com
- Affordable legal plans
- Identity theft protection
- Identity theft education

Martin Law Office, LLC
Jodi S. Martin, Attorney/Partner
1526 Spruce St, Suite 102, Boulder, CO 80302
303-928-2320
jodi@themartinlawoffice.com
themartinlawoffice.com
- Client-centered law firm focused on supporting, strengthening, and protecting individuals & families
- Practice areas include Estate Planning, Estate Administration, Elder Law, Adoption, Litigation & LGBT legal matters
Goldwater Bank
**Bob Groening**, Reverse Mortgage Educator

- Mortgage banker & reverse mortgage educator

Ideal Retirement Planning
**Brahma Sharma**, Financial Advisor

- Medicare made easy. It's complex. Check if you qualify for free prescription drugs
- Helping you to have paycheck for life even if you run out of money
- Pay off your loans in less than 9 years, including mortgage, with your current budget.
Caring Stewardship Corp
Claire Morrow, Fiduciary

PO Box 239, Broomfield, CO 80038
303-818-6498
claire@caringstewardship.com
caringstewardship.com

- Assistance with financial matters: bill paying, budgeting, serving as rep payee, conservator, POA agent
- Guidance in addressing wellbeing concerns & choosing optimal living situation at home or in a community
- Serving as health care power of attorney agent, guardian and companion

GoCare
Todd Stork, Founder

1330 Caledonia Cir, Louisville, CO 80027
303-818-9006
tood@gocarenow.com
gocarenow.com

- Full service senior placement & advocacy
- Home care consultant

Nancy Crume Personal Assistant Services, LLC
Nancy Crume, Owner

1634 Anchor Place, Lafayette, CO, 80026
303-884-8486
nancy_crume@comcast.net
nancycume.biz

- Taking care of personal business/finance/estate needs
- Organizing and documenting
- Providing referrals for services and products

Sagemont Healthcare Advocates
Judy Lawten, Managing Partner

PO Box 17923, Boulder, CO 80308
303-747-6339
judy@sagemonthca.com
sagemonthca.com

- Navigating the healthcare system
- Care coordination
- Help with insurance & medical billing
Sandy Hollingsworth
Sandy Hollingsworth, Social worker in Gerontology

- Social worker in Gerontology
- Previously with City of HHS for 25 years
- Background in event planning, case management, program development

Wisdom to Health
Bettsee Gotwald, Patient Advocate

4140 Greenbriar Blvd, Boulder, CO 80305
720-352-7040
bettsee@wisdomtohealth.com
wisdomtohealth.com

- Personal support and coaching for family caregivers
- Patient advocacy and healthcare navigation for the chronically ill & their family
- Addressing interwoven challenges of finances, insurance, health care and end-of-life planning
AHCD Guidance/Advanced Health Care Directives Guidance
Reva Tift, Director
501 Pleasant St, Boulder, CO 80302
303-444-0152
revatift@ahcdguidance.com
AHCDGuidance.com

- Consultations which address end of life health care issues
- Explore & Complete advance health care directives
- Learn to communicate your decisions to loved ones

Bart Windrum
Bart Windrum, Author, Speaker
3855 Telluride Place, Boulder, CO
303-499-8120
bart@axiomaction.com
axiomaction.com

- Overcoming the 7 Deadly Obstacles to Dying in Peace
- Webinars, workshops, full-day seminar
- TEDx speaker and author

Carroll-Lewellen & Foothills Gardens of Memory
Bob Sweeney, Pre-Need Consultant
503 Terry St, Longmont, CO 80501
303-776-4477
carroll-lewellen@comcast.net
carroll-lewellen.com

- Funeral planning
- Cemetery services
- Pre-need planning, funeral & cemetery, Medicaid spend-down

Out of the Box Funeral Planning
Sue Mackey, Owner
171 Salina St, Lafayette, CO 80026
720-884-6878
outoftheboxfuneralplanning@gmail.com
outoftheboxfuneralplanning.com

- A fresh, compassionate, and practical approach to end-of-life planning
- Complete funeral pre-planning
- Comprehensive values-based final wishes
AltaVita Assisted Living Memory Care Centre
Sandra Bateman, Community Liaison
Assisted Living, Memory Care

- 24 X 7 Care Staff
- Life enrichment daily
- Medical director: Dr. Haleh Nekoorad-Long

800 S Fordham St Longmont CO 80503
303-300-3700
sabateman@altavitaliving.com
altavitaliving.com

Balfour Retirement Community
Kristine Wert, Resident Advisor
Skilled Nursing, Assisted Living, Independent Living, Memory Care

- Full continuum of care: Independent, assisted, memory care, and skilled
- Resort style living
- Resident focused

1855 Plaza Dr., Louisville, CO 80027
303-926-1000
kwert@balfourcare.com
balfourcare.com

Golden West Communities
Heidi Marchi, Director of Community Living
Independent Living, Assisted Living

- Affordable housing in Boulder for 62+
- Affordable assisted living, Medicaid accepted
- Upscale, urban independent living for 62+

1055 Adams Circle, Boulder, CO 80303
303-444-3967
hmarchi@gwboulder.org
gwboulder.org

Hover Senior Community
Tricia Gangstad, Marketing Coordinator
Assisted Living, Independent Living

- Independent living
- Assisted Living
- Hover at Home services

1401 Elmhurst, Longmont, CO 80501
303-772-9292
t.gangstad@hovercommunity.org
hovercommunity.org
Juniper Village at Louisville
Cheryl Northup, Director of Community Relations
Assisted Living, Memory Care

- Assisted living for memory care, private pay
- Secured environment, 24-hour care staff
- Dementia-trained staff

ManorCare of Boulder
Kristin Adante, Admission Director
Skilled Nursing

- Bed availability for rehab and long-term care
- 93% of our rehab patients discharge home
- 24 hour coverage for admissions

Meridian Boulder--A Brookdale Managed Community
Marcia Klassen, Executive Director
Independent Living

- Independent living in South Boulder
- Beautiful grounds with all inclusive pricing
- Additional therapy and care services available

Mesa Vista of Boulder
Ryan Desbren, Admissions & Marketing
Skilled Nursing, Memory Care

- Dementia and behavioral secured units for wander risk residents
- Short term/Long term rehab facilities and gym
- Younger clientele; specializing in major mental illness and dementia
Sunrise of Boulder
Diane Goss, Director of Sales
Assisted Living, Memory Care

- Specializes in Alzheimer’s and dementia
- Able to provide high levels of care in Assisted Living

The Carillon at Boulder Creek
Lynne Foley, Sales Advisor
Assisted Living, Independent Living

- Located in Central Boulder near University of Colorado
- Resort style living w/ amenities (spa, Gym w/salt water pool)
- Independent & assisted living in large, luxury apartments

The Legacy Assisted Living Community
Marilyn Patton, Administrator
Assisted Living

- Senior housing for aging in place
- Senior living community
- Senior assisted living
Hudson Integrative Health + Home
Kenna Quiller, V.P. of Business Development

1200 28th St S-100, Boulder, CO
303-442-6444
kquiller@hudsonhealthplushome.com
hudsonhealthplushome.com

- Specific in-home personal-health services including function fitness and nutrition
- Technology education & assistance with everyday technology tools and their apps
- Public speaking on all topics listed above

Positive Transitions Design (Seating Solutions)
Karen McAvinew, Designer

229 Lois Dr, Louisville, CO 80027
720-231-9615
karmc337@msn.com
positivetransitionsdesign.com

- Planning & implementing changes for seniors to stay in place
- Planning for seating which is comfortable and easy to use
- All areas of design, lighting, lighting control and more

Premier Mortgage Group
Dana Briganti, Mortgage Consultant

1844 Folsom, Boulder, CO 80302
303-302-3851
dbriganti@pmglending.com

- Mortgage consultations--purchase & refinances
- Reverse mortgages
- Family opportunity program

Wright Kingdom Real Estate
Mary Colwell, Seniors Real Estate Specialist

4875 Pearl E. Circle, Boulder, CO 80301
303-775-7135
mcolwell@wkre.com
marycolwell.com

- Professional, strong resources for all aspects of senior needs in real estate
- Right size vs. Downsize mindset real estate practice
- Compassionate, individually focused services
assistive technology & safety net services

American Council of the Blind & Visually Impaired of Colorado (ACBCO)
Paulette Foss, Ph. D., Area Resource Coordinator
1536 Wynkoop St. Suite 201, Denver, CO 80202
303-522-0112
acbco.org

- Low vision services for seniors & the staff of any service organization

AXS-Wingman USA
Stephen Cowen, Owner
531 Cherrywood Dr., Longmont, CO 80504
720-480-4105
stephen@axs-wingman.com

- Universal design toilet seat
- Assistive technology
- Ease of use and fall prevention
Mary Kay Cosmetics
Tracy Grodsky-Dunn, Consultant

2202 Tamarron Ln, Louisville, CO 80027
303-666-4685
tracygrodsky@sprintmail.com
marykay.com/tracygrodsky-dunn

- Offering programs for your facilities such as skin care, makeup, pre-party makeup, etc
- Providing in-home skin care/make-up for your clients
boulder interagency network
resource directory

media, marketing & business development

Kerry Landsman, Project Management Professional
Kerry Landsman, Aging Services Business & Program Management Consultant
6539 Stearns Ave, Boulder, CO 80303
303-887-0536
kerry.landsman@gmail.com

- Strategic marketing and product management (MBA)
- Program/Project management (PMP certified)
- Aging services expertise (MA Gerontology)

Mike Befeler
Mike Befeler, Author
890 Cypress Dr
303-499-1059
mikebef@aol.com
mikebefeler.com

- Author of mystery novels that feature older characters
- Speaker: humorous presentations on aging
- Boulder County Aging Advisory Council member

Seniors Blue Book
Lisa Case, Publisher
PO Box 9364, Salt Lake City, UT, 84109
303-932-0304
lisa@seniorsbluebook.com
seniorsbluebook.com

- Complete book of resources for seniors, caregivers and senior industry professionals
- Interactive website with professional networking and senior event calendars
- Discharge planner resource notebooks printed for all hospital case managers, discharge planners & social workers

Seniors Resource Guide
Anne Feist, Sales & Marketing Consultant
975 Lincoln St., Denver, CO 80203
303-886-8169
thefeistnetwork@gmail.com
seniorsresourceguide.com

- Online directories with resources, services, news & events for seniors, boomers, caregivers & professionals
- Look for the local News & Events and Colorado Front Range eNewsletter
- Find resources for consumers & professionals including Family Discharge Planning Guide, Seniors eGuide Series & Medicare Basics Video Series
AHCD Guidance/Advanced Health Care Directives Guidance
Reva Tift, Director

- Consultations which address end of life health care issues
- Explore & Complete advance health care directives
- Learn to communicate your decisions to loved ones

Bart Windrum
Bart Windrum, Author, Speaker

- Overcoming the 7 Deadly Obstacles to Dying in Peace
- Webinars, workshops, full-day seminar
- TEDx speaker and author

CareConnect of Boulder County
Carol Arnett Thompson, Volunteer Manager

- Safety net services for seniors & adults with disabilities
- Services provided by volunteers
- Grocery shopping & delivery, minor home repair, transportation

Carroll-Lewellen & Foothills Gardens of Memory
Bob Sweeney, Pre-Need Consultant

- Funeral planning
- Cemetery services
- Pre-need planning, funeral & cemetery, Medicaid spend-down
Goldwater Bank
Bob Groening, Reverse Mortgage Educator
6654 Gunpark Dr #100, Boulder, CO 80301
303-440-6900
bob@yourloanteam.com
- Mortgage banker & reverse mortgage educator

Home Care of the Rockies
Sandi McCann, President
1325 Dry Creek Dr. #102, Longmont, CO 80503
720-204-6083
sandi@homecareoftherockies.com
homecareoftherockies.com
- Family caregiver wellness presentations

Homewatch CareGivers
Sara Griswell, Operations & Outreach Director
2945 Center Green Ct Suite D, Boulder, CO 80301
303-444-1133
sarag@homewatchboulder.com
homewatchcaregivers.com/Boulder
- Twelve years’ senior care experience, volunteer, support group facilitator
- Home is Where The Help Is: Hiring, Managing and Coordinating In-Home Providers
- Can also do Project Visibility training or facilitate large groups

Hudson Integrative Health + Home
Kenna Quiller, V.P. of Business Development
1200 28th St S-100, Boulder, CO 80301
303-442-6444
kquiller@hudsonhealthplushome.com
hudsonhealthplushome.com
- Specific in-home personal-health services including function fitness and nutrition
- Technology education & assistance with everyday technology tools and their apps
- Public speaking on all topics listed above

Mike Befeler
Mike Befeler, Author
890 Cypress Dr
303-499-1059
mikebef@aol.com
mikebefeler.com
- Author of mystery novels that feature older characters
- Speaker: humorous presentations in aging
- Boulder County Aging Advisory Council member
TRU Community Care
Beth Davis, V.P. of Business Development
2594 Trailridge Dr East, Lafayette, CO 80026
303-449-7740
bethdavis@trucare.org
trucare.org

- Full continuum of end of life care (palliative, hospice & PACE program in 2015)
- Grief services for anyone in our community
- Community education

Wisdom to Health
Bettsee Gotwold, Patient Advocate
4140 Greenbriar Blvd, Boulder, CO 80305
720-352-7040
bettsee@wisdomtohealth.com
wisdomtohealth.com

- Personal support and coaching for family caregivers
- Patient advocacy and healthcare navigation for the chronically ill & their family
- Addressing interwoven challenges of finances, insurance, health care and end-of-life planning