

BOULDER
14
CYCLO
CROSS

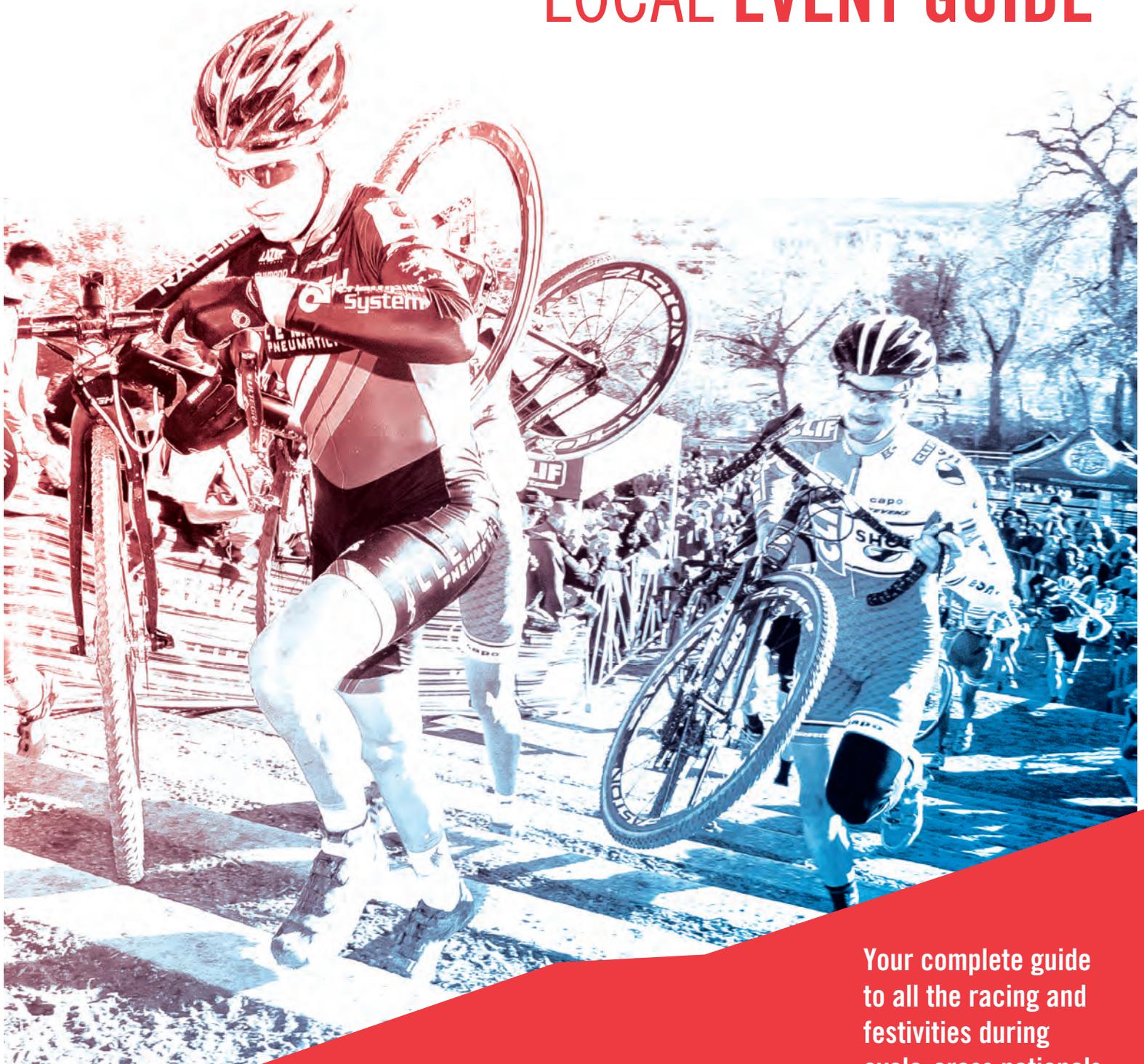


USA CYCLING
NATIONAL
CHAMPIONSHIPS

CYCLO-CROSS
BOULDER, CO

January 8-12, 2014
Valmont Bike Park

LOCAL EVENT GUIDE



Your complete guide
to all the racing and
festivities during
cyclo-cross nationals.

Welcome to cyclo-cross nationals in Boulder!

By Lennard Zinn

If you drove into Boulder in daylight, you could not have missed its stunning mountain backdrop, as well as the wide swath of undeveloped land encircling this city of low buildings shaded by abundant trees. This view that has captivated visitors for decades is visual confirmation of Boulder's leadership in the green movement toward earth-friendly energy development and people-friendly urban development. Thanks to the foresight of its citizens, Boulder has not been absorbed into the urban sprawl of neighboring communities because it owns a continuous ring of Open Space land over 40 miles in circumference around itself. Its surrounding prairie, foothills and mountainsides are not covered with roads and buildings, because Boulder was the first city in the country to tax itself to set aside land as Open Space free from development. It was also unique 40 years ago in setting growth caps on its own expansion and maintains a vibrant economy through periods of downturn partly because it has resisted the temptation to grow too quickly.

Boulder always tops lists of America's most athletic cities and has long been home to many of America's top cyclists and cycling teams as well as to top runners, triathletes, and climbers. This is due to a sunny, temperate climate with four distinct seasons, over 300 days of sunshine a year, abundance of nearby recreational areas, a wide range of activities and training opportunities to choose from, a network of more than 300 miles of dedicated bikeways and multi-use paths, close proximity to a major international airport, and events like the Boulder Boulder 10K running race that fills its 50,000-runner field limit every year. Athletes come here for other top athletes to train with, the 5,430-foot altitude and yet greater elevation immediately to the west, clean air, healthy food, abundant low-traffic roads ranging from flat to mountainous. Here to serve is an athlete-centered support system of body workers, coaches, and the Boulder Center for Sports Medicine, which offers any athlete access to the kind of sports health care only top professionals normally enjoy.

Bike racers began flocking to Boulder with the 1975 inception of the Red Zinger Classic stage race. In 1980, the race became the Coors Classic, and its Boulder stages attracted hundreds of thousands of spectators every year. The USA Pro Challenge stands on its shoulders and continues to bring in top riders from all over the world. Cyclocross racing in Boulder dates back to the beginning of the 1980s and now features over 30 races each season within an hour's driving radius. Large cyclocross training groups meet regularly on Wednesday mornings at a number of locations in the valley. And year around, visitors are often amazed to see the continuous streams of cyclists training on Highway 36 north of town.

In addition to being a top tourist destination, Boulder is regularly acknowledged for being one of the country's most livable cities. The University of Colorado, the state's largest, is at the heart of Boulder being named the #1 Most Educated Metro Area by the US Bureau of Labor Statistics. Thanks to the highest concentration of software engineers in the US and #1 ranking in the nation for scientists



Event Guide

and engineers as a percent of the workforce, Boulder is well known as an incubator for tech startups. An average of 10 bioscience companies alone are formed each year based on technologies developed at the University of Colorado. Outer space, as well as open space, is important in Boulder: Fourteen NASA astronauts are graduates of the University of Colorado, and the Laboratory for Atmospheric and Space Physics (LASP) at CU Boulder is the only lab in the world to design and build instruments that have visited every planet in the solar system.

We invite you to enjoy eating your way through our beautiful city. Good food is key to quality of life, and before it was trendy, Boulder led the way with high-quality and organic food so important to more than just athletes. Many natural and organic food products companies are based here, as is the state's largest outdoor farmer's market. With over 300 restaurants featuring local, regional and international cuisine serving a population of 100,000, Boulder was named "America's Foodiest Town 2010" by Bon Appetite magazine. Several local restaurants have received national acclaim including Frasca Food and Wine, run by elite athletes and winner of a prestigious James Beard award.

There's plenty to do here besides working, eating, and exercising. Home to a vast variety of cultural performances, events, and art galleries, Boulder has been recognized as one of the nation's top cities for art by American Style magazine. And it is less than a half hour from a vibrant arts scene in Denver as well.

So while you're here, drink in the ambience and hospitality of one of the healthiest (and happiest!) cities in the nation. And above all, enjoy the National Cyclocross Championships at one of the crown jewels of Boulder's cycling infrastructure: the Valmont Bike Park!



© Ann Duncan

Social Events

Parties, Happy-Hours, Festivites in Boulder (see area map)

Wednesday Jan 8th

- **TEAM CLIF BAR Nationals Kick-off Party: "Cross Served Here"**
@ The Dairy Center, 2590 Walnut St. from 7-9 p.m.

Thursday Jan 9th

- **CX Pro Night and Silent Auction Fundraiser** supporting the Amy Dombroski Foundation p/b Boulder Cycle Sport & SRAM @ Boulder Cycle Sport, 4580 Broadway St. from 7-9 p.m.

Friday Jan 10th

- **CX National Junior Party** @ East Boulder Rec Center, 5660 Sioux Dr. from 5:30-8:30 p.m. Activities include dinner, disco, swimming and more. Contact, Wendy Kahn Robson, 303 579-4676.
- **Rocky Mounts Guest Bartender Event** benefiting Valmont Bike Park
@ Rocky Mounts, 2055 26th St. at 6:30 p.m.

Guest Bartenders:

Andy Hampsten – Winner of the 1988 Giro d'Italia
Tim Blumenthal – PeopleForBikes – Pres and CEO
Mike VanAbel - IMBA – President
Charlie Cooper – President Leisure Trends Group

Saturday Jan 11th

- **Vermarc/Worthy Fundraiser Benefiting - Cyclists 4 Jamestown Flood Relief Effort** @ The Kitchen Next Door, 1035 Pearl St. from 4 p.m. to close. Thousands of dollars in prizes to be raffled off at 7:30 pm. More info: Cyclists for Jamestown, www.c4jtown.org

Sunday Jan 12th

- **The CX Nationals Throwdown!** Hosted by Skratch Labs @ Boulder Theater, 2032 14th St. at 7 p.m. (Cash bar, beer, food, music, and lots of give-a-ways).
- Interviews, photos and highlights from the week of racing.
- Official passing of the torch to Austin, TX for 2015 CX Nationals.

STAY UPDATED...

...with the latest news, social events & race results:

Facebook: [Bouldercx14](https://www.facebook.com/Bouldercx14)

Twitter: [@Bouldercx14](https://twitter.com/Bouldercx14)

#2014CXNationals

www.usacycling.org

www.bouldercx14.com

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BOULDER CYCLE SPORT



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BOULDER BEER

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SingleTrack Maps



Camera
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rockymounts

CELEBRATE CYCLOCROSS NATIONALS WITH US

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6:30 PM
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\$10 DONATION TO VALMONT BIKE PARK GETS YOU IN THE DOOR

GUEST BARTENDER SERIES

\$5 IF YOU RIDE - \$10 IF YOU DRIVE

FRIDAY JANUARY 10

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Kimberly Kidder
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Wendy Kahn-Robson
Broker Associate
303-579-4676
wendy@kidderplus.com

KidderPlus.com





PHOTO: Will Matthews - VeloNews
PHOTO: Dan Seaton

Fundraiser Thurs Jan 9th @ Amante Coffee (North Boulder)
See event guide for details.



VISIT OUR BOOTH
IN THE EXPO
AT NATIONALS!

IN LOVING MEMORY OF
AMY DOMBROSKI
OCT. 3, 2013

The Amy D. Foundation is a nonprofit organization created in honor of Amy Alison Dombroski, whose love for cycling and life touched many people around the world.

We encourage and support young women through cycling, inspiring the celebration of healthy challenge and empowering the confident pursuit of lofty dreams.

amydfoundation.org

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EDITORS' CHOICE
2013
DREAM BIKE

BESPOKE BICYCLES

Mosaic

Come see us at the TEAM SMALL BATCH tent at Nationals!

Welcome to Valmont Bike Park



Welcome to Valmont Bike Park, a unique 42-acre, natural surface cycling facility in Boulder, Colorado. In addition to offering a world-class Cyclo-cross training and racing venue, Valmont's unique design and diversity of features, make it perfect for a wide range of cycling experiences. From tots and beginners to the most daring and advanced, Valmont was designed for all ages and abilities to enjoy their favorite sport – cycling.

Built in 2011 around the city's largest urban park (132-acre Valmont City Park), the bike park attracts families, youth and adults from near and far. At its core, Valmont celebrates and extends Boulder's long-history and passion for cycling.

The nation's first, large-scale, public natural surface bike park, Valmont is open year-round, dawn to dusk and free of charge to everyone.

In addition to daily users reaching over 500 riders per day, the park also hosts private and small group instructional programs, youth summer camps and special events such as this year's National Cyclo-cross Championships. Innovative and diverse riding opportunities are found throughout the park including more than four miles of cross country trails, competition grade cyclo-cross features, dual slalom tracks, pump tracks, structural jumps, dirt jumps, slopestyle trails, tot riding area and skillz loop.

The park's bike features are complimented by appealing native grasses, lush green spaces and a variety of trees that encourage visitors to enjoy the sights of family and friends playing, walking, riding and racing. The recently renovated historic Platt Farmhouse, constructed around 1908, provides an intact example of an early twentieth century Colorado farmhouse. Designated a local landmark in 1999, the Platt family's former home connects Boulder's agricultural history with its present role as a leader in outdoor recreation, health and wellness.

The City of Boulder is proud to partner with USA Cycling to host the 2014 Cyclo-cross National Championships at Valmont Bike Park where on any given day; you will find visitors of all ages riding in the park, from across the street and across the nation. We hope you'll be one of them, by returning to Valmont Park to enjoy all Boulder has to offer.

Thank you for joining us for this event!



Visitor Info

Area Map

- Valmont Bike Park | 3160 Airport Rd, 80301
- ① Kidder+ PARKING | 3327 Airport Rd, 80301
- ② Skratch Labs | 5395 Pearl Pkwy, #130, 80301
- ③ Gebhardt VW & REGISTRATION | 2470 49th St, 80301
- ④ Boulder Community Foothills Hospital | 4747 Arapahoe, 80303
- ⑤ Boulder Beer | 2880 Wilderness Pl, 81301
- ⑥ The Dairy Center | 2590 Walnut St, 80302
- ⑦ Rocky Mounts | 2055 26th St, 80302
- ⑧ Boulder Theater | 2032 14th St, 80302
- ⑨ Boulder Cycle Sport | 4580 Broadway St, 80304
- ⑩ The Kitchen Next Door | 1035 Pearl St, 80302

Legend

| | |
|----------------------|--|
| Parking Areas | |
| Regional Bike Paths | |
| On Street Bike Lanes | |
| Bus Stops | |
| Major Roads | |
| Intermediate Roads | |
| Minor Roads | |

BOULDER COLORADO USA

3 miles from Venue to Downtown Boulder

DOWNTOWN BOULDER and PEARL STREET PEDESTRIAN MALL

900' from Venue
5 minute +/- walk

VENUE

AWARDS HUB
EVENT HUB

FREE PUBLIC PARKING (2,000 Cars)

ADA PARKING

VENDOR, MEDIA & STAFF PARKING

STAFF & VOLUNTEER PARKING

TEAM TENTS NEAR PARK

How to get here:

Boulder to Denver 30 mi
DIA 40 mi

Bike Park Safety & Parking

Please follow Bike Park Safety Standards

- Glass containers prohibited at the park
- No alcohol or consumption outside of the designated Beer Garden areas
- No pets in the park during the event
- Cross the course at designated crosswalks only
- Do not walk on Terrain Features or Jumps

How to get to the Valmont Bike Park / Venue

- **Bike** - create a bike path route by using www.gobikeboulder.net
- **Bus** - create a bus route using google.com with destination 'Valmont Bike Park'
- **Car** - carpool and park in the free Kidder+ Real Estate lot at 3327 Airport Rd.

Race Schedule

TUESDAY 1/7

| | | |
|------------|------------------------------|----------------------------|
| 2 - 6 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 2 - 6 p.m. | Course Open | |

WEDNESDAY 1/8

| | | |
|------------------|--------------------------------------|-----------------------------------|
| 8 a.m. - 2 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 8 - 8:45 a.m. | Course Open | Closed 15 min prior to first race |
| 9 a.m. | Women All / Non-Championship | 40 min |
| 10 a.m. | Men 10-29 / Non-Championship | 40 min |
| 11 a.m. | Men 30-39 / Non-Championship | 40 min |
| 12 p.m. | Men 40+ / Non-Championship | 40 min |
| 1 p.m. | Awards (All Non-Championship) | Valmont Bike Park |
| 1 p.m. | Valmont Bike Park Industry Race | 40 min |
| 1:05 p.m. | Pre J Event | 20 min, Pre J Course |
| 2 p.m. | Women Single Speed | 40 min |
| 3 p.m. | Men Single Speed | 40 min |
| 4:15 p.m. | Awards (All Single Speed) | Valmont Bike Park |
| 5 p.m. | Course Closed | |

THURSDAY 1/9

| | | |
|-------------------|--|-----------------------------------|
| 8 a.m. - 2 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 8 - 8:45 a.m. | Course Open | Closed 15 min prior to first race |
| 9 a.m. | Masters Men 60-64 | 40 min |
| 9:01 a.m. | Masters Men 65-69 | 40 min |
| 9:02 a.m. | Masters Men 70+ | 40 min |
| 10 a.m. | Masters Women 55-59 | 35 min |
| 10:01 a.m. | Masters Women 60+ | 35 min |
| 11 a.m. | Masters Men 55-59 | 40 min |
| 12:15 p.m. | Awards (Men 60-64, 65-69, 70+, 55-59, Women 55-59, 60+) | Valmont Bike Park |
| 1 p.m. | Masters Women 45-49 | 35 min |
| 1:01 p.m. | Masters Women 50-54 | 35 min |
| 1:05 a.m. | Pre J Event | 20 min, Pre J Course |
| 2 p.m. | Masters Women 40-44 | 40 min |
| 3 p.m. | Masters Men 50-54 | 45 min |
| 4:15 p.m. | Awards (Women 45-49, 50-54, 40-44, Men 50-54) | Valmont Bike Park |
| 5 p.m. | Course Closed | |

FRIDAY 1/10

| | | |
|-----------------|---|-----------------------------------|
| 8 a.m. - 2 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 8 - 8:45 a.m. | Course Open | Closed 15 min prior to first race |
| 9 a.m. | Masters Men 45-49 | 45 min |
| 10 a.m. | Masters Women 30-34 | 40 min |
| 11 a.m. | Juniors Women 17-18 | 30 min |
| 11:01 a.m. | Juniors Women 15-16 | 30 min |
| 11:45 a.m. | Juniors Men 15-16 | 30 min |
| 12:30 p.m. | Juniors Men 13-14 | 20 min |
| 1 p.m. | Juniors Women 13-14 | 20 min |
| 1:05 p.m. | Pre J Event | 20 min, Pre J Course |
| 1:45 p.m. | Juniors Men 11-12 | 20 min |
| 1:46 p.m. | Juniors Women 11-12 | 20 min |
| 2:15 p.m. | Juniors Men 9-10 | 20 min |
| 2:16 p.m. | Juniors Women 9-10 | 20 min |
| 3:15 p.m. | Collegiate 4x4 Lap Team Relay | 4 Laps |
| 4 p.m. | Awards (Friday Masters/Juniors Events) | Valmont Bike Park |
| 5 p.m. | Course Closed | |

SATURDAY 1/11

| | | |
|--------------------|--|-----------------------------------|
| 8 a.m. - 2 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 8 - 8:45 a.m. | Course Open | Closed 15 min prior to first race |
| 9 a.m. | Masters Men 40-44 | 45 min |
| 10 a.m. | Masters Women 35-39 | 40 min |
| 10:50 - 11:20 a.m. | Elite/U23 Rider Practice Only | 30 min |
| 11:30 a.m. | Collegiate Women D1 | 40 min |
| 11:31 a.m. | Collegiate Women D2 | 40 min |
| 12:30 p.m. | U23 Men | 50 min |
| 1:30 p.m. | Masters Men 35-39 | 45 min |
| 2:30 p.m. | Masters Men 30-34 | 45 min |
| 3:45 p.m. | Awards (All Saturday Events) | Valmont Bike Park |
| 4 - 5 p.m. | Elite/U23/Collegiate Rider Practice Only | 60 min |
| 5 p.m. | Course Closed | |

SUNDAY 1/12

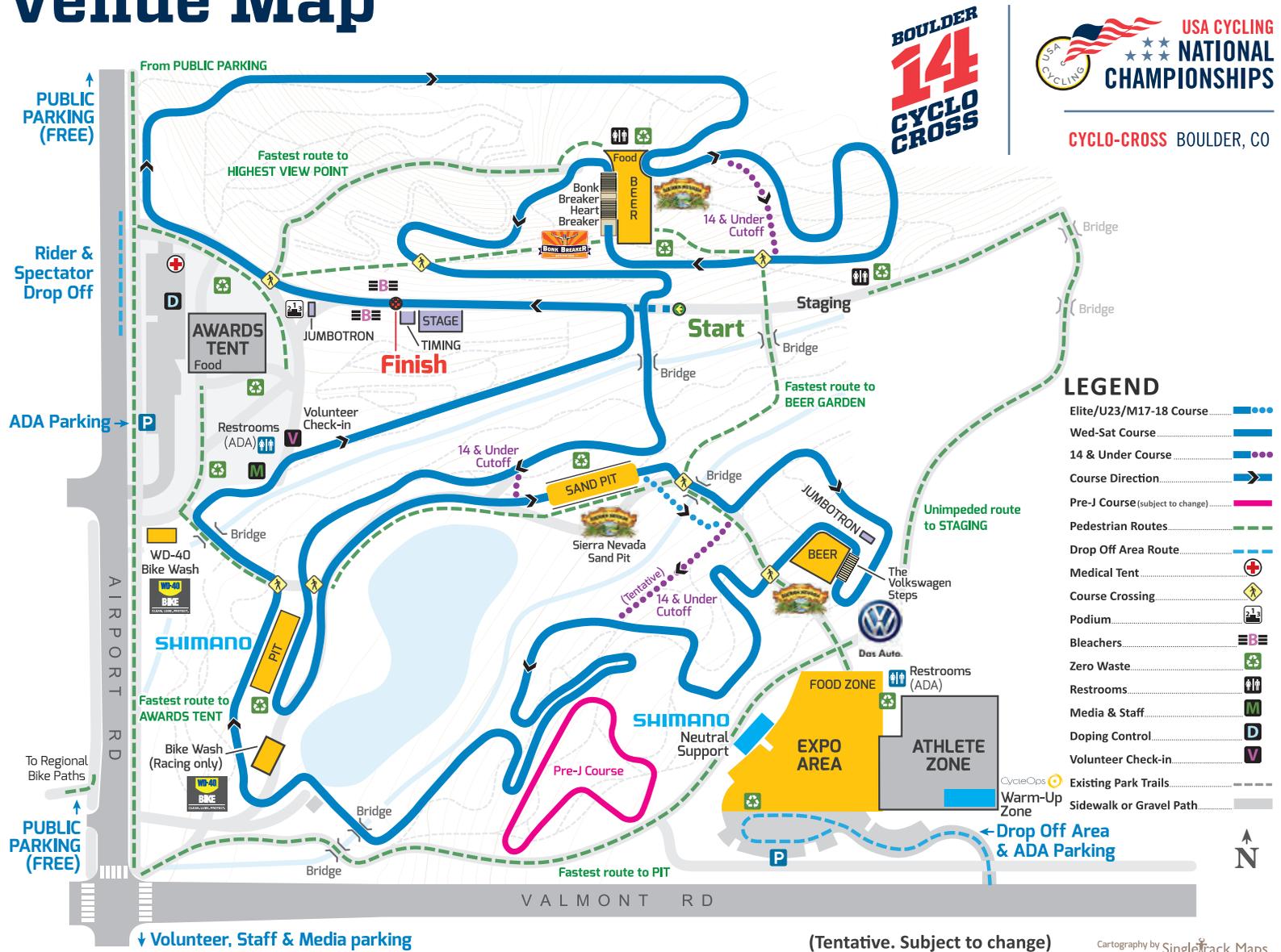
| | | |
|-------------------|---|-----------------------------------|
| 8 a.m. - 2 p.m. | Registration/Package Pick-Up | Gebhardt VW, 2470 49th St. |
| 8 - 9:15 a.m. | Course Open | Closed 15 min prior to first race |
| 9 a.m. | Collegiate Men D2 | 50 min |
| 10 a.m. | Collegiate Men D1 | 50 min |
| 11 a.m. | Juniors Men 17-18 | 40 min |
| 12 - 12:40 p.m. | Elite/U23 Women Rider Practice Only | 40 min |
| 12:40 - 1:20 p.m. | Elite Men Rider Practice Only | 40 min |
| 1:30 p.m. | Elite/U23 Women | 40 min |
| 2:45 p.m. | Elite Men | 60 min |
| 4:00 p.m. | Awards (Collegiate Men D2, D1, Collegiate Team Relay, Collegiate Omnium, Elite/U23 Women, Elite Men) | Valmont Bike Park |

DID WE MENTION...

All races are FREE to spectators!

Race Information

Venue Map



v2.5--12.20.19

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Cartography by SingleTrack Maps

Exhibitors, Vendors & Teams

Alchemist
Alpha Bicycle Company
Backcountry.com
Bicycle Blue Book/Rock
Lobster
Bonk Breaker
Boulder Convention & Visitors
Bureau
Boulder Cycle Sport

Boulder Beer
Breeze Bars
Cannondale
CarboRocket
Challenge Tires
Clif Bar
DNA Cycling
Endurance Conspiracy
Glacier Glove

Groove Subaru
GS Boulder Cycling Team
ICCC/Green Mountain
Composite
Industry Nine Componentry
Kidder Plus Real Estate
Moots
Nationwide Insurance
New Mexico Cyclocross

Noosa Yoghurt
No Tubes
Optum p/b Benefit
People For Bikes
Pro Bike Express
Rapid Racing
Retul
Rocky Mounts
RUNA

Sierra Nevada
Skratch Labs
Specialized
SRAM LLC
Team Redline
Team Small Batch
The Colorado Cyclist, Inc.
The Fix Studio
Trek Cyclocross Collective

TRP Brakes
Van Dessel Factory Team
Verdigris-Village CX Team
VermarcUSA
Volkswagen

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skcratch LABS

this week.

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CYCLO-CROSS BOULDER, CO



Official



USA CYCLOCROSS NATIONAL CHAMPIONSHIPS

MERCHANDISE

BY ENDURANCE CONSPIRACY

SPECIAL THANKS
To all the amazing staff,
volunteers, businesses
and everyone involved
in bringing nationals to
life in Boulder!

AND TO THE RACERS
WE SAY... **HUP
P**



BOULDER
14
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www.bouldercx14.com

The Competitors

ELITE Men



Jonathan Page
TEAM: Fuji-Spy-Competitive Cyclist
RESIDES: Northfield, NH



Jeremy Powers
TEAM: Rapha-Focus
RESIDES: Easthampton, MA



Danny Summerhill
TEAM: K-Edge/Felt
RESIDES: Centennial, CO



Ryan Trebon
TEAM: Cannondale p/b Cyclocrossworld.com
RESIDES: Bend, OR



Tim Johnson
TEAM: Cannondale p/b Cyclocrossworld.com
RESIDES: Topsfield, MA

ELITE Women



Katie Compton
TEAM: Trek Cyclocross Collective
RESIDES: Colorado Springs, CO



Elle Anderson
TEAM: California Giant/Specialized
RESIDES: San Francisco, CA



Nicole Duke
TEAM: Marin/SPY
RESIDES: Boulder, CO



Meredith Miller
TEAM: California Giant/Specialized
RESIDES: Boulder, CO



Crystal Anthony
TEAM: Optum p/b Kelly Benefit Strategy
RESIDES: Beverly, MA

U23



Yannick Eckmann
TEAM: California Giant/Specialized
RESIDES: Boulder, CO



Logan Owen
TEAM: California Giant/Specialized
RESIDES: Bremerton, WA



Curis White
TEAM: Cannondale p/b Cyclocrossworld.com
RESIDES: Delanson, NY



Andrew Dillman
TEAM: Sophisticated Living p/b Bobs Red Mill
RESIDES: Fairdale, KY



Tobin Ortenblad
TEAM: California Giant/Specialized
RESIDES: Santa Cruz, CA

LOCAL Favorites



Allen Krugoff - Elite Men
TEAM: Raleigh/Clement
RESIDES: Boulder, CO



Pete Webber - Master 40-44
TEAM: Boulder Cycle Sport
RESIDES: Boulder, CO



Maxx Chance - Men 17-18
TEAM: Cliff Bar Development
RESIDES: Boulder, CO



Georgia Gould - Elite Women
TEAM: Team LUNA Chix
RESIDES: Fort Collins, CO



Kristin Weber - Women 40-44
TEAM: Boulder Cycle Sport
RESIDES: Boulder, CO

BOULDER
14
CYCLO-CROSS



USA CYCLING
NATIONAL CHAMPIONSHIPS

CYCLO-CROSS
BOULDER, CO

Bicycle Racing Association of Colorado



Founded in 1976, the mission of the Bicycle Racing Association of Colorado (BRAC) is to expand and develop the sport of amateur bicycle racing in the Rocky Mountain region while ensuring quality experiences for all involved. As part of this mission, BRAC coordinates and funds an extensive Junior Development Program.

In 2013, BRAC expanded our Womens Development Program to include four senior women mentor events, two womens camps, and the creation of SW3 category for 'cross. In the future, to continue our commitment and efforts to attract and retain new racers, BRAC will extend these programs to our senior and master beginner men.

The BRAC Junior Program consists of:

- Juniors Ride Free – at most BRAC events, juniors have a \$0 entry fee and BRAC pays the insurance surcharge for these young athletes.
- Junior Road Camp –each year in the last decade, 115+ juniors learn cycling skills, nutrition, training fundamentals, camaraderie and FUN at our two-day spring camp.
- Junior Cross Camp – each year in the last decade, 125+ juniors learn cross skills, nutrition, training, camaraderie and FUN at our two-day fall camp.
- Pre-J – for those youngsters not yet in the juniors (kids aged 6-9), BRAC provides free non-competitive events at most criterium and cyclo-cross race days. The Pre-J Program makes its national debut at the 2014 Cyclo-cross National Championships.

BRAC provides invaluable leadership for road, cross and track racing in Colorado by structuring the racing calendar, handling racer upgrades, setting high standards for our 130+ annual events, and managing our season-long Points Competitions. BRAC serves as the Local Association for USA Cycling in Colorado and southeastern Wyoming.

LEARN MORE AT:

www.coloradocycling.org



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mountainmoonphotography.com

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Boulder, CO 80301

The Boulder Convention and Visitors Bureau welcomes Cyclo-cross racers and spectators to our community. We hope you enjoy your stay!

BOULDER
colorado • usa



BOULDER CONVENTION AND VISITORS BUREAU



Welcome to Boulder! Enjoy the knockout mountain views and vibrant lifestyle.

Outdoor fun

Perfectly situated at the foot of the Rocky Mountains, with hundreds of miles of hiking, biking and climbing trails, Boulder offers plenty of outside recreation and adventure.

Start with a hike at the popular Chautauqua Park, where athletes and casual day hikers alike gain easy access to the Flatirons range and trails for all skill levels.

Ride your own bike or rent a B-Cycle bike and marvel at the vast network of bike paths. Boulder Creek Path is one such byway, about 5.5 miles long.

The moderate-to-difficult Mount Sanitas Trail leads to the summit of Mount Sanitas and reveals beautiful views. Climbers can access several bouldering areas along the trail.

Climbers love Boulder. Some of the best rock climbing in America is here, whether you're a trad (traditional) climber, a sport climber, or a boulderer. Head for Boulder Canyon, the Flatirons, Flagstaff Mountain, or nearby Eldorado Canyon.

Stop in at the National Center for Atmospheric Research (NCAR), at the base of the foothills. Open to the public seven days a week, the Visitor Center presents state-of-the-art exhibits and a variety of public tours.

Boulder's ice skating rink is located on Central Plaza at the Twenty Ninth Street Mall in a beautiful, festive setting. You can rent skates if you didn't bring your own.

A favorite outdoor pastime is simply to stroll on the historic Pearl Street Mall and people-watch while

buskers and musicians captivate visitors of all ages.

Shopping

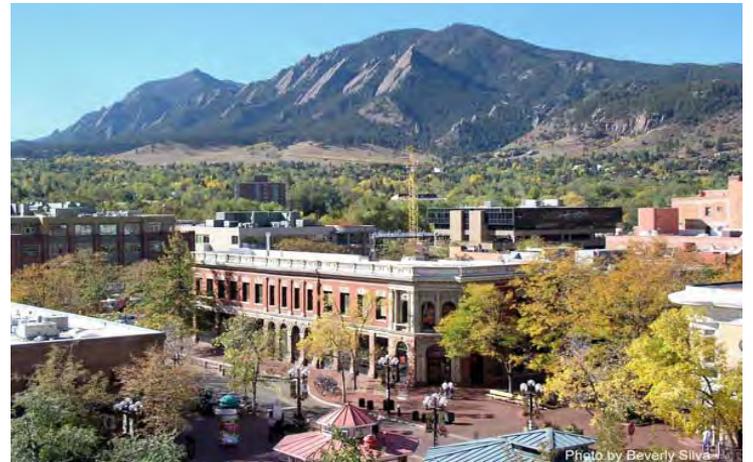
Boulder is a magnet for shoppers from all over. They are drawn to the unique gift shops on the Pearl Street Mall, trendy brands at Twenty Ninth Street, or to the specialty stores on The Hill near the University of Colorado campus. Choose among locally owned stores and favorite national retailers. And when you need a pick-me-up, drop in to any of the ubiquitous ice cream, coffee and tea shops.

Dining and nightlife

Good food abounds in Boulder's many award-winning, innovative restaurants. Indulge your penchant for pizza baked in a Neopolitan oven, or the freshest locally grown farm-to-table dishes. Sample ethnic delights from Nepal, Ethiopia, El Salvador and other nations. And the health conscious will easily find gourmet vegetarian, vegan, organic and gluten-free specialties.

Meanwhile, the after-dark scene is thriving, with bars and clubs of all varieties concentrated on The Hill near the university, and downtown on Pearl Street and the streets surrounding it. Both sites offer a lively only-in-Boulder evening.

Boulder is known for producing and serving the country's finest microbrews. Be sure to stop in at one or more of the beer emporiums – including Boulder Beer Company, Avery Brewing, Fate Brewing, Mountain Sun, Southern Sun, Walnut



Brewery, and any of the smaller craft breweries in town.

Arts and culture

A delight is afternoon tea at the Dushanbe Teahouse with its international ambience. One of Boulder's most popular tourist attractions, and a local favorite for fine food, tea, and atmosphere, the teahouse was constructed in Dushanbe, Tajikistan, as a gift to its sister city, Boulder.

The Dairy Center for the Arts stages performances and arts-related exhibits of all kinds and is always worth checking. It is one important stop on a tour of Boulder's numerous galleries, many located on Pearl Street.

Attend a hilarious performance of Monty Python's SPAMALOT, with dinner, at the Boulder Dinner Theatre. SPAMALOT is an irreverent parody of the Arthurian legend.

Boulder's music scene is eclectic. At Boulder Theater catch Leftalooza Tribute Night Reunion featuring Rush

Archives, Eclipse, and Hey Lady! and the movie "Muscle Shoals." At the Fox Theater enjoy Turkuaz & Springdale Quartet, The Pamlico Sound & Intuit, or Rocky Mountain Grateful Dead Revue. Or sit in on a live radio show taping with Gregory Alan Isakov and Nathaniel Rateliff at eTown Hall.

Of course, you can always munch popcorn and view a new film at Century Theater at the Twenty Ninth Street Mall.

The Leanin' Tree Museum and Sculpture Garden of Western Art is considered by many the best western art museum in Colorado. It boasts 250 paintings, 150 bronze sculptures, and an outdoor sculpture garden perfect for photo opportunities. And a visit here is free.

Just down the road is another must-stop-and-see – Celestial Seasonings. Take a tour and learn all about teas, then sip free samples. Browse through a selection of Celestial Seasonings teas and gift items. The Celestial Café serves breakfast and lunch.



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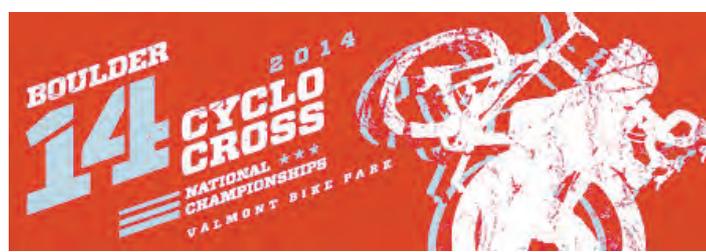
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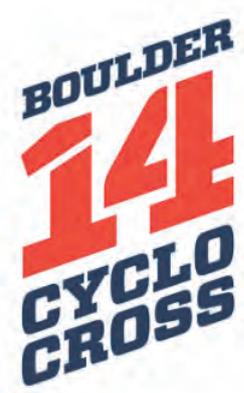
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