

NBRC Gym Schedule

December 21-27



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Closed for the Holiday	Open Gym 6:30-8:30			
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-In MRT 7:45-8:45		Barbell Circuit 8:30-9:30	Drop-in CoEd Volleyball 8:00-12:00		
8:00am									
8:30am									
9:00am	Pickleball 8:30-10:30	Open Gym 8:45-1:00	Pickleball 8:30-10:30	Open Gym 8:45-1:30		Closed for the Holiday	Open Gym 9:30-1:00		
9:30am									
10:00am									
10:30am	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:30			Closed for the Holiday	Open Gym 9:30-1:00	
11:00am									
11:30am									
12:00pm	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 1:30-5:15	Closed for the Holiday			Drop-In All Ages Basketball 12:30-3:00	
12:30pm									
1:00pm									
1:30pm	Open Gym 1:30-2:30	Drop-In All Ages BBall 2:30-5:00	Open Gym 1:30-5:15	Open Gym 1:30-5:15				Closed for the Holiday	Drop-In All Ages Basketball 1:00-5:00
2:00pm									
2:30pm									
3:00pm	Drop-In All Ages Basketball 2:30-5:00	Drop-In All Ages BBall 2:30-5:00	Open Gym 1:30-5:15	Open Gym 1:30-5:15		Closed for the Holiday			Drop-In All Ages Basketball 1:00-5:00
3:30pm									
4:00pm									
4:30pm	Drop-In HIIT 5:15-6:30	Barbell Circuit 5:30-6:15	Drop-In HIIT 5:15-6:30	Open Gym 1:30-5:15			Closed for the Holiday		Open Gym 5:00-7:00
5:00pm									
5:30pm									
6:00pm	Drop-In HIIT 5:15-6:30	Open Gym 6:15-9:30	Drop-In HIIT 5:15-6:30	Adult Drop-In Basketball 7:00-9:00	Closed for the Holiday				Open Gym 5:00-7:00
6:30pm									
7:00pm									
7:30pm	Indoor Kickball 6:30-9:30	Open Gym 6:15-9:30	Adult Drop-In Basketball 7:00-9:00	Open Gym 7:00-9:00				Closed for the Holiday	Open Gym 5:00-7:00
8:00pm									
8:30pm									
9:00pm	Indoor Kickball 6:30-9:30	Open Gym 6:15-9:30	Adult Drop-In Basketball 7:00-9:00	Open Gym 7:00-9:00		Closed for the Holiday			Open Gym 5:00-7:00
9:30pm									



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)