



EBCC Gym Schedule

DECEMBER 14 - DECEMBER 20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday									
5:30am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym 5:30-9:00											
6:00am	Drop in MRT 6:00-6:45	Sport Conditioning 6:00-6:45	Drop in MRT 6:00-6:45	Sport Conditioning 6:00-6:45												
6:30am																
7:00am	Bootcamp 7:00-8:00	Open Gym 7:00-8:30	Bootcamp 7:00-8:00	Open Gym 7:00-8:30												
7:30am																
8:00am	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30	Open Gym 8:00-9:00	Drop-in Boulder Lift 8:30-9:30				Open Gym 5:30-9:00	Open Gym							
8:30am																
9:00am	Drop-in Boulder Lift 9:00-10:00		Drop-in Boulder Lift 9:00-10:00					Drop-in Total Body Fit 9:00-10:00	Drop-in Carve 8:00-9:00							
9:30am																
10:00am	Open Gym 10:00-11:00	Open Gym 9:30-4:00	Open Gym 10:00-4:00	Open Gym 9:30-3:30				Open Gym 10:00-11:30	Open Gym 10:00-1:00	Volley ball Tournament 9:00-2:00 only 12/20	Open Gym 8:00-2:00					
10:30am							Tot-Sampler 10:45-11:30									
11:00am	*New* Pickleball 11:00-1:00				Quad Rugby 10:30-1:30			*New* Pickleball 11:30-1:15								
11:30am																
12:00pm																
12:30pm																
1:00pm	Drop-in Snr Vball 1:30-3:30							Drop-in Snr Vball 1:30-3:30	Open Gym 1:30-4:00			Gonzo Tennis 1:00-4:00	*New* Pickleball 2-4			
1:30pm														Open Gym 1:00-3:30	Gonzo Tennis 2:00-3:00	
2:00pm																
2:30pm					Drop-in All Ages Bball 3:30-5:00	Youth Volleyball 4:15-6:00	Gonzo Tennis 3:00-5:30	Open Gym 3:30-9:30	Gonzo Tennis 4:00-6:00			Open Gym 1:15-6:00	All Age Bball 4-7			
3:00pm																
3:30pm	Open Gym 3:30-9:30	Expand Sports 4:00-6:30						Open Gym 4-8								
4:00pm																
4:30pm																
5:00pm																
5:30pm																
6:00pm																
6:30pm																
7:00pm																
7:30pm			Open Gym 5:00-9:30	Open Gym 6:00-9:30	Open Gym 4:00-9:30	Drop-in Co-Ed Vball 7:00-9:15										
8:00pm																
8:30pm																
9:00pm																
9:30pm																



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)