



SBRC Gym Schedule

June

****Camps start June 6th****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-9:00	Open Gym	Open Gym 6:00-09:00	Open Gym	Open Gym 6:00-12:00		
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30			
7:00am		Open Gym 7:30-8:50		Open Gym 7:30-8:50			
7:30am							
8:00am		Drop-in Total Body Fit 8:50-9:50		Drop-in Total Body Fit 8:50-9:50			
8:30am							
9:00am	Boulder Lift 9:00-10:00	Boulder Lift 9:00-10:00	Gymnastics 9:00-12:00 starts 6/10	Drop-in Total Body Fit 8:30-9:30	Drop-in Adult Basketball 8:00-11:00		
9:30am	Open Gym 10:00-12:00	Cardio Fit 10:15-11:15	Open Gym 10a-12p	Cardio Fit 10:15-11:15		Drop-in Womens Volleyball 9:30-12:00	
10:00am							
10:30am							
11:00am	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Drop-in Sprts Conditioning 12:00-1:00	Open Gym 12:00-2:00	Open Gym 11:00-2:00
11:30am							
12:00pm	Open Gym 1:00-3:30	Senior Vball 1:30-3:30	Open Gym 1:00-3:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-3:30	Senior Vball 1:30-3:30	All Ages Bball 1:00-2:00
12:30pm							
1:00pm	Camp 3:30-4:45	All Ages Bball 3:30-5:00	Camp 3:30-4:45	All Ages Bball 3:30-5p	Camp 3:30-4:45	Camp 3:30-4:45	All Ages Bball 3:30-5:00
1:30pm							
2:00pm	Open Gym 4:45p- 6:00	Open Gym 3:30-6:00	Open Gym 4:45-6:00	Open Gym 3:30-5:00	Open Gym 5:00 - 7:00	SBRC Summer Hours: Monday - Thursday 6am - 8:30pm Friday 6am - 7pm Saturday/Sunday 8am - 2pm	
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm							
6:00pm	Pickleball 6:00-8:15	League Basketball 6:00-10:00 Over 5/31	League Basketball 6:00-10:00 Over 6/15	Drop-in Badminton 6:00-8:15			
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)