

# SimplyWell Mobile

*A New Enhancement*

Spring 2013

# SimplyWell Mobile

- ▶ In order to provide our participants the ability to access their SimplyWell account on-the-go, Healthbreak is pleased to introduce a new enhancement – SimplyWell Mobile
- ▶ Your employees can access by typing in: [www.simplywell.com](http://www.simplywell.com) from their smartphone
- ▶ Tablets & iPads will continue being directed to our full site
- ▶ Enclosed are some screenshots of our new mobile site

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# www.simplywell.com

▶ iPhone



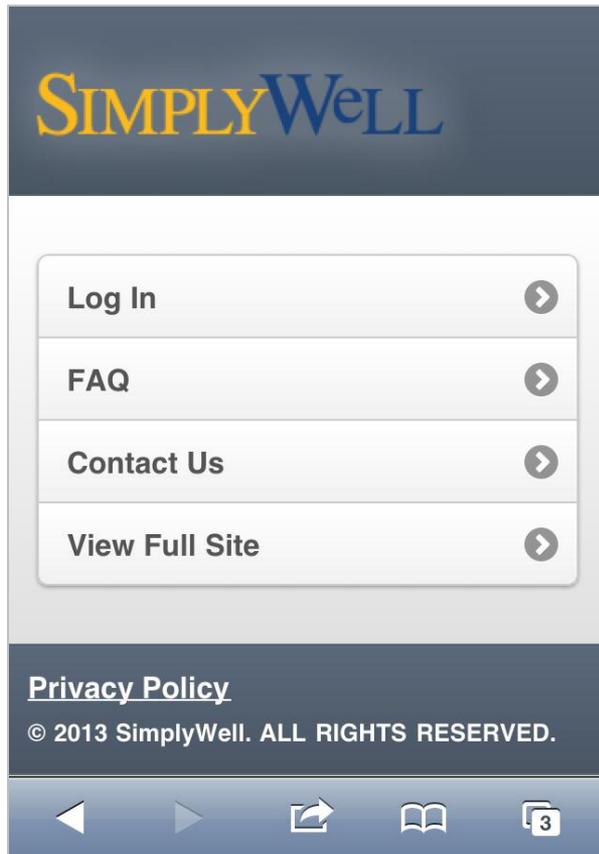
▶ Android



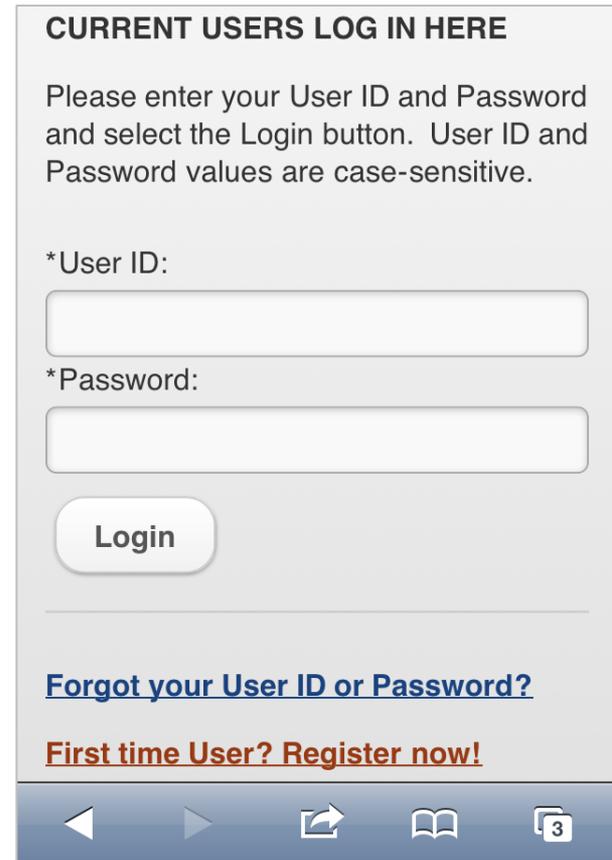
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# Landing Page



# Log In



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# My Home for Health

## MY HOME FOR HEALTH

Welcome to your SimplyWell Personal Health Management Program!

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**My Action Plan Points:** 6130

**My Health Score:** 60.0

**My Incentive Plan:** 

+ POINTS PROGRESS

+ HEALTH OVERVIEW

+ WHAT'S NEXT?

+ MESSAGES



## POINTS PROGRESS

<b><u>Lab &amp; Test Results</u></b>	100% 
<b><u>Health Report</u></b>	100% 
<b><u>Appointments</u></b>	0% 
<b><u>Education Modules</u></b>	17% 
<b><u>Health Trackers</u></b>	13% 
<b><u>Wellness Events</u></b>	0% 
<b><u>Accrual Points</u></b>	100% 

Show details

+ HEALTH OVERVIEW

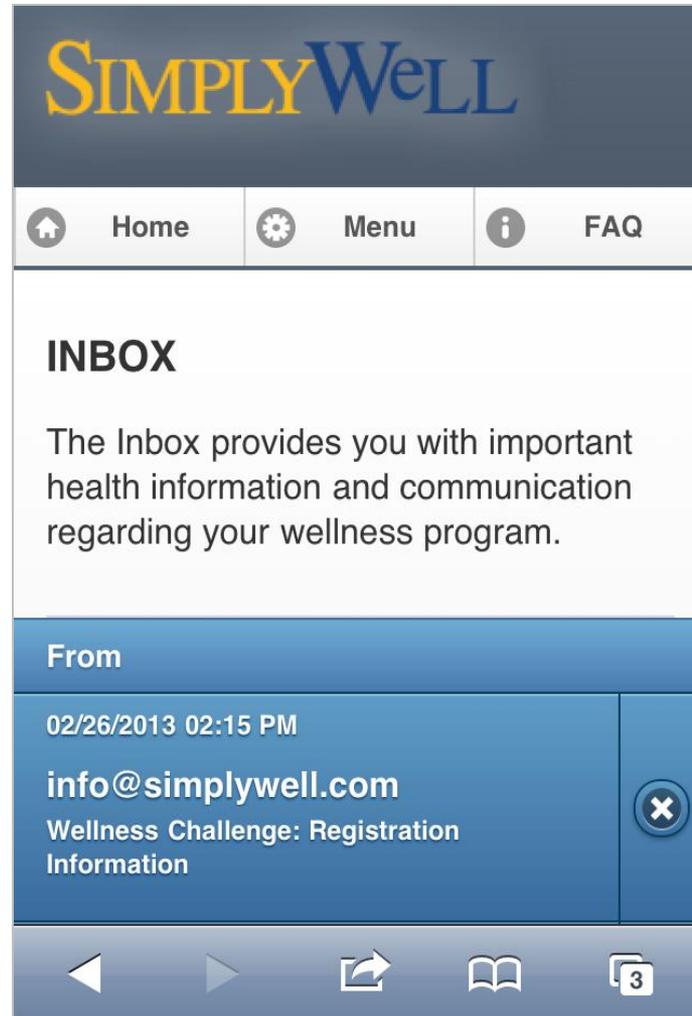
+ WHAT'S NEXT?



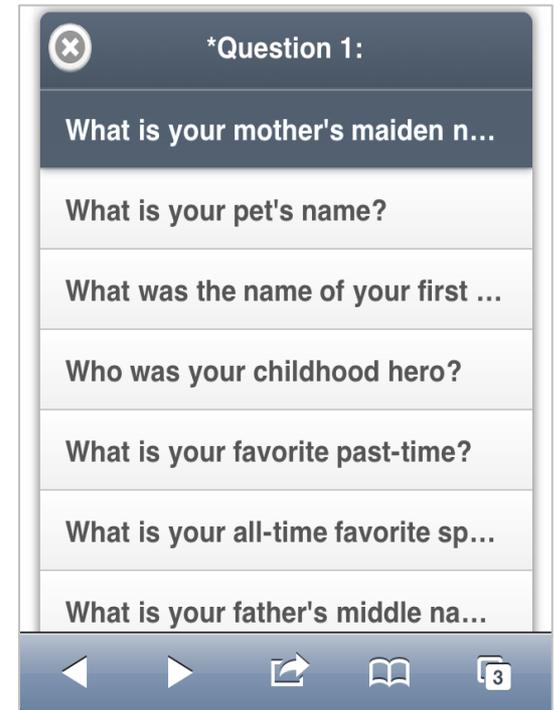
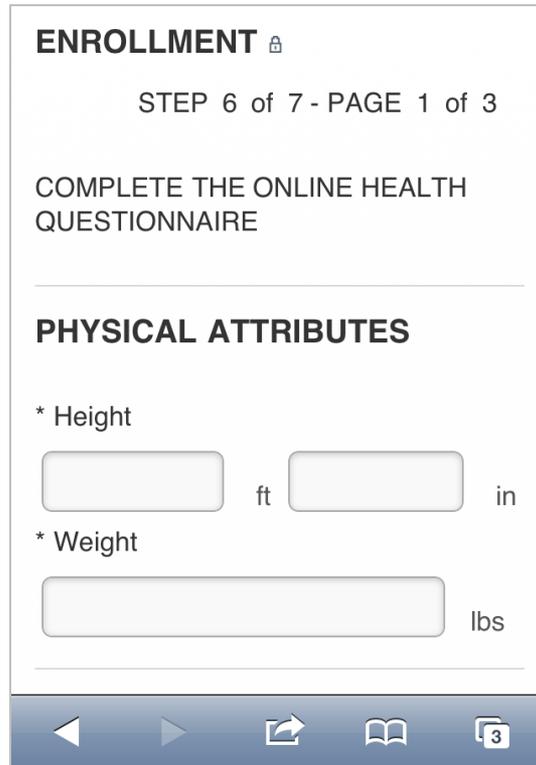
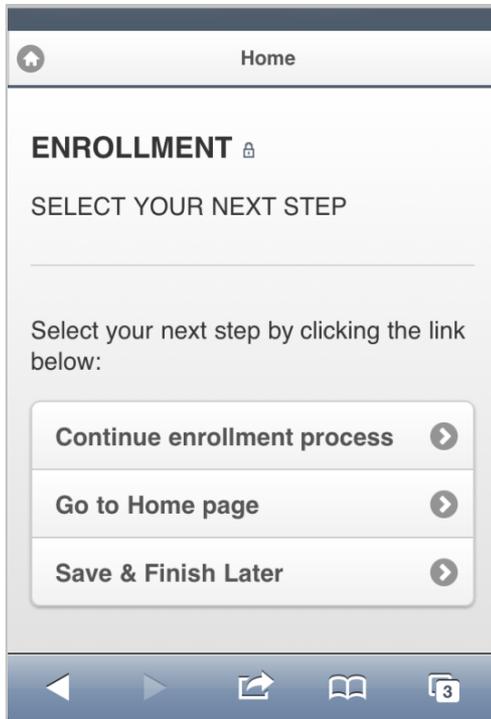
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# Message Center – Inbox



# Enrollment



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# Health Screening

**HEALTH SCREENING**

Please select a health screening to attend. You have the option to select any of the available time slots.

Sort by:

Location

- + SIMPLYWELL  
03/15/2013 - 08:00 AM
- + SIMPLYWELL  
04/01/2013 - 08:00 AM
- + SIMPLYWELL  
05/01/2013 - 08:00 AM

Sort by:

Date

- 03/15/2013 - 08:00 AM  
SIMPLYWELL
- 08:00 AM - 10:00 AM
- 08:00 AM - 08:15 AM

SIMPLYWELL  
123 Farnam St  
Omaha NE 68106  
United States  
Cafeteria

Test	Price
<input type="checkbox"/> Complete Metabolic	\$27.00
<input type="checkbox"/> HGBA1C	\$20.00
<input type="checkbox"/> PSA	\$22.00
<input type="checkbox"/> Vitamin D 25 Hydroxy	\$30.00

Select the Next button to continue the enrollment process. Select the Save &

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# Health Risk Questionnaire

1. Personal Health History

Has a doctor informed you that you currently have any of the following health problems? If yes, mark either yes, but not taking or yes, and taking medication, otherwise mark no personal history.

no personal history	yes, not taking medication	yes, taking medication
allergies <input type="radio"/>	<input type="radio"/>	<input type="radio"/>
angina <input type="radio"/>	<input type="radio"/>	<input type="radio"/>

frequent coughing, wheezing, difficulty breathing

no, have not experienced symptoms     yes, have experienced symptoms

---

frequent back pain

no, have not experienced symptoms     yes, have experienced symptoms

---

skin sores that won't heal

no, have not experienced symptoms     yes, have experienced symptoms

I'm as healthy as anybody I know

I seem to get sick a little easier than other people

I expect my health to get worse

I have a serious health problem

I would like to see a doctor about a health condition I am suffering from

I tend to be more of a pessimist than an optimist

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# Appointments

**Add** ✕

### Available Appointment Information

This appointment is available and can be added to your selected appointment list. To add this appointment, enter the completion date and select the Add button. You may enter appointments as often as you wish, but you will only earn points based on the point frequency described below.

Appointments can only be entered for your current action plan and must have been completed within the past 90 days. Your current



### Physician Office Visit Information

Description: Yearly physical examination. Take most recent SimplyWell lab results to physician.

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Points possible: 400

Point frequency: once a year

\* Completed:

**Add** **Close**



\*Report time:

**+** \*Report date(s)

◀ **April 2013** ▶

Su	Mo	Tu	We	Th	Fr	Sa
	<b>1</b>	2	<b>3</b>	4		

**Add** **Close**



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# Medical History

## MEDICAL HISTORY

Your medical history contains your known accidents, allergies, family history diseases, self related diseases, immunizations, medications, preventive exams, review of systems, social history, surgeries, and procedures.

- + Accidents
- + Allergies
- + Diseases
- + Immunizations
- + Medications



- + Accidents
- Allergies

Listed below are your known allergies.

Description	List All
<i>No allergies have been reported.</i>	

New

- + Diseases
- + Immunizations
- + Medications



# Other Page Details

Close [X]

- My Information
- My Action Plan
- Messages (10)

Welcome to your SimplyWell Personal Health Management Program!

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**My Action Plan Points:** 6130

**My Health Score:** 60.0

Navigation icons: back, forward, share, book, notifications (3)

**Lipid Panel**

	Reading
<b>HDL Cholesterol</b>	37 mg/dl

**Lab Test Detail**

**HDL Cholesterol:** This is the "good" cholesterol. Elevation of HDL is associated with a decreased risk of heart disease.

**Unit of measure:** mg/dl

<b>Triglyceride</b>	145 mg/dl
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Result Flag: Normal

Reference Range: less than 150.0

Received on 01/29/2013.

Navigation icons: back, forward, share, book, notifications (3)

to 30 minutes duration (fitness walking, cycling, jogging, swimming, aerobic dance, active sports or gardening)?

[Dropdown menu]

8. Physical Activity Status

Mark the response that best describes

Previous Next AutoFill Done

✓

**no exercise program  
one day per week**



If you have any questions on the mobile version of the SimplyWell program, please contact your Healthbreak Account Manager.