

# Kidz Kamp Week: Catch the Spirit

July 30- Aug 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-8:45	<i>Check In / Free Time</i>				
8:45-9:15	<i>Morning Meeting &amp; Grouping</i>				
9:15-9:30	<i>Morning Stretch or Game</i>				
9:30-10:15	Get to know you game	Team building	Staff interest program	Group Game	Park Day
10:15-10:50	<i>Wash hands-Snack- Outside by tennis courts</i>				
10:50-11:20	Team Banners	Coffee Filter art	Flag tag	Giants, Wizards and Elves	Carnival Day At the East Boulder Community Center Leaving at 9:15 sharp
11:20-11:50	Pillow Polo	Obstacle Courses in the gym	Camp Necklaces	Spinners	Field trip day
11:50-12pm	<i>Hand Wash and Lunch Rules</i>				
12pm-12:45pm	<i>Lunch. Rest and Relax/Free play</i>				
12:45-1:00pm	<i>Roll Call/Get ready for Gymnastics- M-W-F</i>				
1:00pm-2:30pm	Gymnastics	Return From Field trip	Gymnastics	Ship to shore	Gymnastics
M-W-F Pool- 2:45-3:30 T-Th Pool- 2-3	<b>Swimming Time!</b>				
3:00-4:00	Snack/Group Game	Snack/Group Game	Snack/Group Game	Snack/Group	Snack/Group Game
4:00-4:15	<i>Basket Clean up/Pack up for home</i>				
4:15-5:00	<i>Check Out / Free Time</i>				