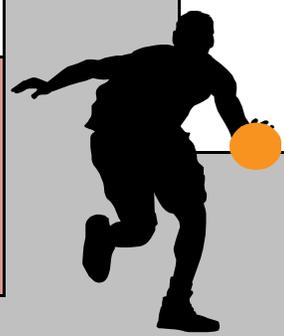




EBCC Gym Schedule

NOVEMBER 30TH-DECEMBER 20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Open Gym		Open Gym				
6:00am	Sport Conditioning		Sport Conditioning				
6:30am	6:00-6:45		6:00-6:45				
7:00am	Bootcamp	5:30-8:30	Bootcamp	5:30-8:30	Open Gym		
7:30am	7:00-8:00		7:00-8:00		5:30-9:00	Open Gym	
8:00am	Open Gym		Open Gym			Drop-in Carve	
8:30am	8:00-9:00	Drop-in Boulder Lift	8:00-9:00	Drop-in Boulder Lift		8:00-9:00	
9:00am	Drop-in Boulder Lift	8:30-9:30	Drop-in Boulder Lift	8:30-9:30	Drop-in Total Body Fit	Drop-in Carve	
9:30am	9:00-10:00		9:00-10:00		9:00-10:00	9:00-10:00	
10:00am					EXPAND		
10:30am				Tot-Sampler	Friday Fun	Rental on	Volley ball
11:00am	Open Gym	Quad Rugby		10:45-11:30	10:15-11:30	12/12	Tourna
11:30am	10:00-5:30	10:30-1:30				10:30-	ment
12:00pm		Open Gym	Open Gym		Open Gym	12:30-	Gonzo
12:30pm		9:30-4:00	10:00-4:00		11:30-9:30	6:00	Tennis
1:00pm				Open Gym			10:30-
1:30pm	Drop-in Snr Vball			9:30-3:30		Gonzo Tennis	12:45
2:00pm	1:30-3:30				Drop-in Snr Vball	1:00-4:00	not on
2:30pm					1:30-3:30		12/20
3:00pm							
3:30pm							
4:00pm	Gonzo Tennis	Expand Sports	Youth Volleyball	Gonzo Tennis	Open Gym		
4:30pm	3:30-5:30	4:00-6:30	4:00-6:00	3:00-5:30	3:30-9:30	Rental on	
5:00pm						12/12	Open Gym
5:30pm						4:30-5:30	8:30-8:00
6:00pm							
6:30pm							
7:00pm	Open Gym		Open Gym	Open Gym	Drop-in Co-Ed Vball		
7:30pm	5:30-9:30	Open Gym	6:00-9:30	4:00-9:30	7:00-9:15		
8:00pm		5:00-9:30					
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)