



# EBCC Gym Schedule

## NOVEMBER 23rd-29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b>	<b>Open Gym</b>	<b>Thanks-giving</b> All centers are closed	<b>Open Gym</b> 5:30-9:00					
6:00am		<b>Drop-in MRT</b> 6:15-7:00	5:30-7:00							
6:30am										
7:00am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30	<b>Bootcamp</b> 7:00-8:00							
7:30am										
8:00am	<b>Open Gym</b>		<b>Open Gym</b>							
8:30am	<b>Camps</b> 8:30-5:50	<b>Camps</b> 8:30-5:00	<b>Camps</b> 8:30-6:00		<b>Drop-in Total Body Fit</b> 9:00-10:00			<b>Drop-in Carve</b> 8:00-9:00	<b>Drop-in Carve</b> 9:00-10:00	
9:00am										
9:30am										
10:00am										
10:30am										
11:00am										
11:30am										
12:00pm										
12:30pm										
1:00pm										
1:30pm										
2:00pm	<b>Open Gym</b> 2:00-3:30									
2:30pm										
3:00pm										
3:30pm										
4:00pm										
4:30pm										
5:00pm										
5:30pm		<b>Expand Gym Sports</b> 5:00-6:30			<b>Open Gym</b> 11:30-9:30					
6:00pm										
6:30pm										
7:00pm										
7:30pm	<b>Open Gym</b> 5:00-9:30									
8:00pm		<b>Open Gym</b> 5:00-9:30	<b>Open Gym</b> 6:00-9:30							
8:30pm										
9:00pm										
9:30pm										

**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)

