



NEWS

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City's Older Adult Services Consolidating into One Location

Boulder, CO - As the city navigates the health and safety impacts of COVID-19, its Housing & Human Services Department (HHS) is identifying how to best serve older adults in the community. Across the organization, essential services are being prioritized amid challenging economic conditions caused by the pandemic.

To preserve the widest array of older adult offerings, HHS will be concentrating its older adult programs and services in one location. Previously housed in two buildings, the city's Older Adult Services programs will now operate from a single center, the West Age Well Center, located at 909 Arapahoe Ave. This location was selected because it houses [Café Classico](#), the [Meals on Wheels](#) restaurant and is in close proximity to public transportation.

The West Age Well Center is currently closed due to COVID-19. To ensure the older adult community continues to receive support during this time, Client Services Coordinators are offering remote services. Online offerings include health and wellness programs, lifelong learning opportunities and social support groups.

The West Age Well Center is tentatively scheduled to reopen in late 2020. The ability to reopen for in-person activities is guided by state and county health regulations. This guidance will influence when the Age Well Center reopens and the types of activities that will be provided. Meals on Wheels will continue their home delivery services and evaluate options for in-person dining at Café Classico located in the West Age Well Center.

Many of the drop-in fitness programs that took place at the East Age Well Center are run by the city's Parks & Recreation Department (Parks & Rec), including SilverSneakers®, Silver & Fit®, Renew Active™ and warm water fitness. For the latest information on these classes, visit the [Parks & Rec webpage](#).

For more information, including e-newsletter sign-up and FAQs, visit the city's Older Adult Services [webpage](#).

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City of Boulder Housing & Human Services

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Older Adult Services Consolidating into One Location FAQs

Q: Why was West the site chosen for the consolidation?

A: West was chosen as the best location for consolidation based on several factors. The most compelling is that it houses the Meals on Wheels restaurant, Café Classico. In addition, West has the office capacity for staff from East as well as a bus stop located directly behind the building on 9th Street. There are also rooms and amenities like the community library, two rooms for massage, and a recently remodeled room for quiet reading where customers can go when the two lobbies have activities such as billiards, cards, puzzles and other games. And finally, West has a designated community room where community partner agencies can co-locate staff that offer services to older adults making these services, such as foot care, easier to access.

Q: When will West open and what activities will be held there?

A: West is tentatively scheduled to open in late 2020 and will have limited hours open to the public. More information will be posted on the Older Adult Services website as we get closer to confirming a date.

Q: What activities will be limited due to the coronavirus pandemic?

A: We will be following state, county and city guidelines for coronavirus protocols. This will result in a limited number of customers allowed for individual programs. Community areas like the lobby will be closed for safety reasons and massage will be limited.

Q: Will Meals on Wheels be open?

A: Meals on Wheels will continue their home delivery services and evaluate options for in-person dining at Café Classico.

Q: Will the same groups that met at East continue at West?

A: Yes, any group that was previously meeting at East is welcome to continue to meet at West. We are also providing opportunities for groups to connect through an online format.

Q: Will there be dance classes, table tennis and Tai chi at West?

A: Yes, the Creekside Room can accommodate these types of classes.

Q: Will Older Adult Services still have trips?

A: Trips requiring group transportation are currently on hold due to safety restrictions and budgetary constraints.

Q: Will there be any services for older adults at the East Boulder Community Center (EBCC)?

A: All drop-in fitness for older adults that were held at East including programs through SilverSneakers®, Silver & Fit®, Renew Active™ are programs run by Parks & Rec. Check the Parks & Rec [website](#) for more information about all programs including those for older adults. Parks & Rec programs at the EBCC will be offered as soon they can be done safely and sustainably. Parks & Rec anticipates restoring services in phases. Visit their website for the [re-opening phases](#) and process.

Q: Will parking at West be impacted by this change?

A: We do not anticipate parking impacts for the remainder of 2020 due to limited in-person services and online programming options. Additionally, the parking lot adjacent to the Boulder Public Library offers 90 minutes of free parking Monday through Friday and all day on Saturday and Sunday. Going forward we will be working on solutions to manage the parking demand.