

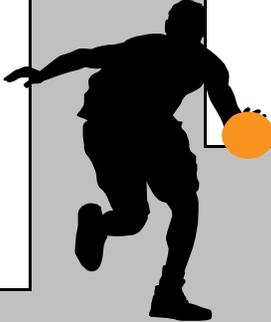


# EBCC Gym Schedule

## OCTOBER

Employee Health Fair 10/6 & All Day Camp on 10/12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	<b>Open Gym</b> 5:30-7:00	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b>	<b>Open Gym</b> 5:30-9:00		
6:00am		Drop-in MRT 6:15-7:00 (not on 10/6)	5:30-7:00	Drop-in MRT 6:15-7:00			
6:30am							
7:00am	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30 <i>not 10/6</i>	<b>Bootcamp</b> 7:00-8:00	<b>Open Gym</b> 7:00-8:30		<b>Open Gym</b>	
7:30am							
8:00am	<b>Open Gym</b> 8:00-9:00 <i>(not 10/12)</i>	Drop-in Boulder Lift 8:30-9:30 (not on 10/6)	<b>Open Gym</b> 8:00-9:00	Drop-in Boulder Lift 8:30-9:30		Drop-in Carve 8:00-9:00	<b>Open Gym</b>
8:30am	Drop-in Boulder Lift 9:00-10:00 (not on 10/12)		Drop-in Boulder Lift 9:00-10:00		Drop-in Total Body Fit 9:00-10:00	Drop-in Carve 9:00-10:00	
9:00am	<b>Open Gym</b> 10:00-5:30 <i>(not on 10/12)</i>	<b>Open Gym</b> 9:30-4:00 <i>(not on 10/6)</i>	<b>Open Gym</b> 10:00-12:30	<b>Open Gym</b> 9:30-3:30	<b>EXPAND Friday Fun</b> 10:15-11:30	<b>Open Gym</b> 10:00-6:00	<b>Special Olympics Volleyball</b> 9:00-3:00 only 10/18
10:00am							
10:30am					<b>Quad Rugby</b> 10:30-1:30 <i>(not on 10/6)</i>		
11:00am							
11:30am							
12:00pm		<b>Adult Volleyball</b> 12:30-4:30			<b>Open Gym</b> 11:30-3:30		
12:30pm							
1:00pm							
1:30pm	<b>Drop-in Snr Vball</b> 1:30-3:30				<b>Drop-in Snr Vball</b> 1:30-3:30	<b>Gonzo Tennis</b> 1:00-4:00 only 10/31	
2:00pm							
2:30pm							
3:00pm							
3:30pm	<b>(Gonzo Tennis Gym B on 10/26) Super Tots</b> 3:30-5:30	<b>Expand Sports</b> 4:00-6:30	<b>Youth Volleyball</b> 4:00-6:00 starts 10/21	<b>Gonzo Tennis</b> 3:00-5:30 only 10/29	<b>Drop-in All Ages Bball</b> 3:30-5:00		
4:00pm							
4:30pm							
5:00pm							<b>Open Gym</b> 3:00-8:00
5:30pm							
6:00pm	<b>Open Gym</b> 5:30-9:30	<b>Women's Volleyball</b> 6:30-9:30	<b>Women's Volleyball</b> 6:30-9:30	<b>Women's Volleyball</b> 5:30-9:30	<b>Drop-in Co-Ed Vball</b> 7:00-9:30		
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-3448 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)