



# NBRC Gym Schedule

## October



**\*Check for closures on the bottom of each day\***

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	<b>Open Gym</b> 6:00-7:30	<b>Open Gym</b> 6:30-8:30					
6:30am							
7:00am							
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:40-8:45	Drop-in Fit For Life 7:30-8:30		<b>Open Gym</b>
8:00am							
8:30am	<b>Drop-in Pickleball</b> 8:30-10:30	<b>Open Gym</b> 8:30-1:00	<b>Drop-in Pickleball</b> 8:30-10:30	<b>Open Gym</b> 8:30-1:00	<b>Drop-in Pickleball</b> 8:30-10:30	<b>Barbell Circuit</b> 8:30-9:30	<b>Drop-in CoEd Volleyball</b> 8:30-12:30
9:00am							
9:30am							
10:00am	Drop-in Fit For Life 10:30-11:30	<b>Open Gym</b> 8:30-1:00	Drop-in Fit For Life 10:30-11:30	<b>Open Gym</b> 8:30-1:00	Drop-in Fit For Life 10:30-11:30		
10:30am							
11:00am							
11:30am	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Drop-in Senior Basketball</b> 1:00-2:30	<b>Drop-in Adult Basketball</b> 11:30-1:30	<b>Open Gym</b> 9:30-7:00	
12:00pm							
12:30pm							
1:00pm	<b>Open Gym</b> 1:30-2:30	<b>All Ages Basketball</b> 2:30-5:00	<b>Open Gym</b> 1:30-5:30	<b>All Ages Basketball</b> 2:30-5:00	<b>All Ages Basketball</b> 2:30-5:00		<b>Open Gym</b> 12:00-8:00
1:30pm							
2:00pm							
2:30pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:00	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 5:00-7:30		
3:00pm							
3:30pm							
4:00pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:00	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 5:00-7:30		
4:30pm							
5:00pm							
5:30pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:00	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 5:00-7:30		
6:00pm							
6:30pm							
7:00pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:00	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 5:00-7:30		
7:30pm							
8:00pm							
8:30pm	<b>Open Gym</b> 6:15-9:30	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 7:00-9:00	<b>Open Gym</b> 7:00-9:30	<b>Open Gym</b> 5:00-7:30		
9:00pm							
9:30pm							

**\*CLOSED 10/15**  
9:30am-12pm  
for intercambio  
and **10/29** 2:45-  
4:45 for Naropa  
Tourney

**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)