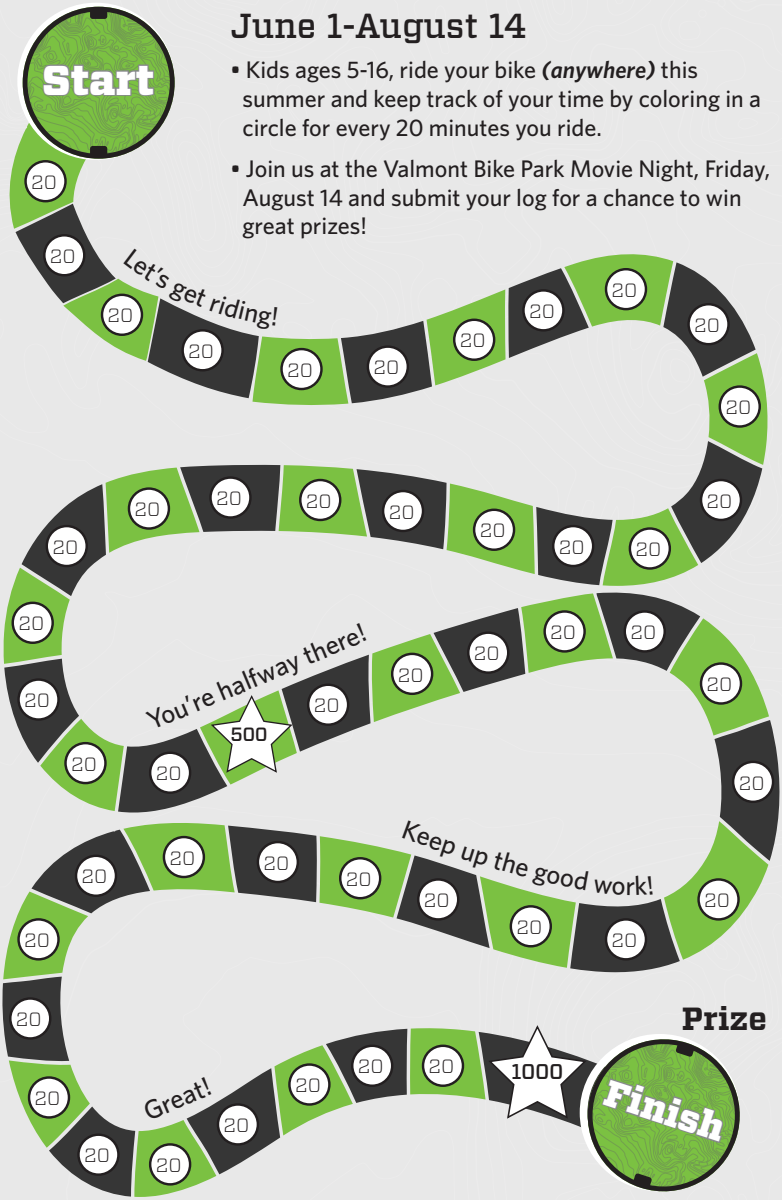
VALMONT BIKEPARK
BOULDER COLORADO

Summer Riding Log

1000 Minutes

June 1-August 14

- Kids ages 5-16, ride your bike ***(anywhere)*** this summer and keep track of your time by coloring in a circle for every 20 minutes you ride.
- Join us at the Valmont Bike Park Movie Night, Friday, August 14 and submit your log for a chance to win great prizes!



Boulder Parks & Recreation

Presents the

"1,000 Minutes of Summer Riding"

June 1-August 14

- Kids ages 5-16, for every 20 minutes you ride your bike, color in a circle on your riding log until you tally up 1,000 minutes.
- Return your completed riding log to Valmont Bike Park or any Boulder Recreation Center by 4 p.m. Friday, August 14. Only one entry per participant may be turned in to receive a prize.
- All who complete the Riding Log will be entered into a drawing to win a Boulder Parks & Recreation Family Annual Pass as well as other great prizes. The winners will be announced at the Valmont Bike Park movie night at approximately 7:30 p.m. on Friday, August 14.

(Need not be present to win). See contest rules and details online at ValmontBikePark.org

Name: _____

Age: _____ Grade: _____

School: _____

Parent/Guardian Signature: _____

Email: _____ Phone: _____

Participation in this program is completely voluntary and the City of Boulder and its sponsors are not liable for any injuries that may result.

*Prizes include donations from the following generous companies:

City of Boulder Parks & Recreation
Tooks Hats You Can Hear
Avid 4 Adventure
Community Cycles
Boulder Mountainbike Alliance
Play It Again Sports
Boulder Cycle Sport
Nite Ize Innovation
Lee Likes Bikes
Gonzo Tennis
Boulder Community Health
Eldorado Natural Spring Water
the fix bike shop
Chick-fil-A
Century Theatres
Target
Green Guru