



# Youth at City of Boulder Recreation Centers

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Youth rates apply to individuals ages 3-18 (under three is free!)

Ages 12+ may use the gymnasium and pools without adult supervision\*

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## General Building and Open Recreation Activities

- Ages 6-9 are required to have an adult on the pool deck or in the area actively supervising the child\*
- Ages 6+ must use respective locker room
- Ages 10-11 can be in the gymnasium or pool alone, but an adult must be in the building
- Ages 12+ can participate without adult supervision\*

## Pools

- Ages 3 and under must wear a swim diaper (available for purchase at the front desk)
- Ages under 6 must be supervised by an adult in the water (within arm's reach). **Adults who are supervising children under 6 must pay to use the facility\***

## Weight Room and Cardio Equipment

- **No one under the age of 12 is allowed in the weight room or cardio area**
- All youth under age 16 (12-15) must complete either a weight-room orientation or youth personal training (PT) package AND must be supervised by an adult\*
- Ages 16+ may use the weight room without adult supervision

## Climbing Wall (East Boulder Community Center only)

- Ages 12+ may use the climbing wall alone, but must have an adult in the building\*

## Basketball & Open Gym

- Ages 12+ may play in the gym without adult supervision\*

## Drop-in Basketball – Adult

- Ages 16+ may participate in adult drop-in basketball

## Drop-in Classes

- Ages 12+ may participate in a drop-in fitness class with adult supervision\*
- Ages 16+ may participate in a drop-in fitness class
- Ages 12+ may participate in a drop-in mind/body class

**\*Adult Supervision = 16+ years of age and close enough to talk directly with the child being supervised**