



# July Tasty Tidbits



## Happy 4th of July!

### HELLO! GOODBYE!

It's always sad to say "Goodbye", especially when we have been together for so long. Last week we said "Goodbye" to Stephanie Corotis and Lynn Altschuler, our Client Services Coordinators for 13 and 10 years respectively. Stephanie is retiring to travel and to spend more time with her brand new grandbaby in California. Lynn is also retiring to try new things, including traveling. She's already taken off for Alaska!

She and Stephanie spent their last week here helping train two new rock stars. We appreciate their help and their friendship! Both have been very close friends to all of our staff, clients and volunteers.

The flip side of "goodbye" is "hello" to our two new Client Services Coordinators. Each brings special talents and fresh energy to our Meals on Wheels family! We are so lucky to have them on board!

Tasia Benedict and Patricia White are already up and running, meeting and talking with clients and volunteers. We are thrilled to have them here and we know they will be full of energy and exciting new ideas!

Let's give them a warm Meals on Wheels



Patricia White (left) and Tasia Benedict (right)

**Welcome, Welcome! Welcome!**

**There will be no home-delivered meals on Thursday, July 4th. If you want an extra hot or frozen meal delivered on Wednesday, please call 303-441-3908 by Friday, June 28. Regular meals — hot and frozen — will be delivered on Friday, July 5th.**

### Tuesday nights in July at Café Classico

*All ages welcome*

Dinner—5:30 p.m. \$6 per person  
Reservations appreciated 303-441-3148  
*For transportation, call Via at 303-447-9636*

July 2

Lemon pepper tilapia or roast chicken with creamy chive sauce

July 9

Senior Center closed

July 16

BBQ ribs or baked cod

July 23

Hawaiian roast pork or teriyaki chicken

July 30

Classico lasagna or dilled salmon



Café Classico will be closed all week from July 8-12 for annual maintenance.

We will be delivering meals that week.

Café Classico will be open for lunch 11:30 a.m. — 12:30 p.m. Monday-Friday the rest of the month.

If your emergency contact info has changed in the last year or if you have comments or questions, please call us and leave a message. If you have any questions, please don't hesitate to call Tasia or Patricia at 303-441-3908.

**DON'T FORGET TO DRINK PLENTY OF WATER IN HOT WEATHER!**