



July 2013 ~ Café Classico

Open for lunch Monday through Friday, 11:30 ~ 12:30

Enjoy your choice of entrée, sides, dessert, salad bar and beverage for only \$5

	Mon	Tue	Wed	Thu	Fri	Sat
	1 Coconut crusted Fish with Snow Peas & Rice	2 Roast Pork with Rosemary Polenta	3 BBQ Chicken and Apple Brown Betty	4 <i>Independence Day</i> CLOSED FOR HOLIDAY	5 Chicken & Grape Salad	6 
7	8	9	10	11	12	13
Senior Center closed for annual maintenance						
14	15 Chicken Pomodoro	16 <i>National Corn Fritters Day</i> BBQ Ribs with Corn Pudding	17 Turkey Kielbasa with Sautéed Purple Cabbage	18 Chopped Greek Salad with Chicken	19 Baked Fish & Chips	20
21	22 Pork Chops with Apples & Mashed Potatoes	23 Lemon Pepper Tilapia with Rice Pilaf	24 Oven Fried Chicken with Coleslaw	25 Chef Salad	26 Beef Fajita Casserole	27
28	29 <i>Lasagna Day</i> Classico Lasagna	30 Tuna Nicoise Salad	31 Pulled Pork Sandwich and Peach Cobbler	Presented to you by <i>Meals on Wheels of Boulder</i> , located in the <i>West Boulder Senior Center</i> at 909 Arapahoe Avenue		