

Get Fit Save Money Have Fun!

LOOK  
INSIDE



# Fall Fitness

WIN  
ONE YEAR  
FREE!

See page 2

# SALE

CITY OF BOULDER



Parks & Recreation

FREE  
Outdoor  
Fitness Class  
See page 3

SALE SEPTEMBER 16 - OCTOBER 31, 2013

# Fantastic Fall Fitness Offers

## Fall into Fitness

**Get unlimited workouts thru 2013 - for \$99!\***

Get unlimited fitness and recreation center use through the rest of 2013 for as little as a \$1/day!

**Great Savings Option:** \$119 individual adult pass

**SUPER savings option:** \$99 per person when any two (or more) people join at the same time. Recruit your friends, your neighbors, your partners, your family members - and you'll each save \$20. The sooner you buy, the more you save, the fitter you get. Make us your all-weather, cross-training, weight-reducing, core-conditioning, lap swimming, multi-functioning workout facility - at this once a year introductory rate - for new patrons.

\* Details: Save more than \$100 - to feel and look your best this fall. Good for unlimited access to all three city of Boulder Recreation Centers - including daily drop-in group classes, weight and cardio conditioning equipment, swimming, ball courts, hot tubs, saunas (and more). This offer available to new customers only (your last COB Rec Center pass purchase must have been at least two years from date of purchase). Benefits begin at time of purchase and run through December 31, 2013! No other discounts or coupons apply.

Existing pass holders see offer:  
*Stretch Your Fitness Dollars.*



## Stretch Your Fitness Dollars

**Get 20% More Workouts FREE when you buy or renew a pass today!\*\***

Enjoy 20% more punches (entries) FREE when you buy or renew any recreation center entry punch pass through October 31, 2013.

You already know what a great deal our fitness and recreation centers offer - now get an even better deal - with 20% more FREE punches.

**Buy 10 get 12 | Buy 20 get 24 | Buy 40 get 48**

Use your pass to access any of Boulder's three rec centers. Enjoy a drop-in spin, Nia, Zumba, yoga, or core conditioning class. Play basketball or volleyball. Swim, lift weights or relax in a hot tub or sauna. You can even use your pass at the Boulder Reservoir or seasonal outdoor pools - because all punches are good for 2 years from purchase! So buy now and stretch your workout dollars - so you can stay fit for less!

\*\* DETAILS: This offer available to new AND existing customers! Receive 20% more punches free with your purchase of any regular price punch pass. Punches expire two years from date of purchase. Offer cannot be combined with any other discounts, coupons or offers.

**WIN One Year Free!**  
**Enter our Fall Fitness Giveaway\***

Prizes include:

- 1 - Full year Annual Recreation Center Pass
- 1 - 20-Punch Pass (20-entry pass)
- 1 - Duffel bag (stuffed with clothing and prizes)

\*No purchase necessary. **One entry per person only.** Entries must be received by 5 p.m., Oct. 25, 2013. Need not be present to win. Winners will be notified by e-mail the week of Oct. 28, 2013.

Visit [www.BoulderParks-Rec.org](http://www.BoulderParks-Rec.org) for entry details and official rules.  
**Enter to win at any City of Boulder Rec Center.**

## Best Deal!

### Commit to Get Fit Package

Whether you **want to lose weight, enhance athletic performance or improve your overall health**, this package combines all the benefits of an **unlimited-access annual pass** with weekly personal training sessions - designed to meet your personal goals. Let us match you with the right, certified personal trainer who will work with you to create a safe, effective and enjoyable way to attain the health and fitness you desire.

Contact:

Request a trainer online at [www.BoulderParks-Rec.org](http://www.BoulderParks-Rec.org), visit the front desk or call 303-413-7280.

## Relax

### Yoga for a Healthy Back

(Age 14+) Relieve tension and ease strain in your back through a series of poses that stabilize the lower back and improve the alignment and range of motion of the pelvis. Learn how to adjust your posture and use props to help you be more comfortable when sitting, standing bending and lying down.

**204132** 11/10 Su, 2-4pm @ North \$40 res. / \$50 non-res.

### Pilates Mat/Yoga Combo

(Age 14+) Learn and practice yoga postures with your Pilates Mat exercise routine. Each discipline complements the other to give you an overall feeling of a good workout.

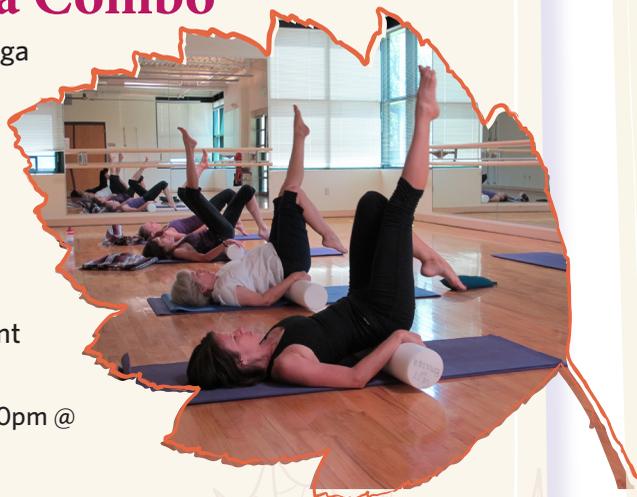
Pre-requisite: One session of Yoga, Pilates Mat, or Pilates/Yoga combo classes or equivalent experience.

**203835** 9/11-12/18 W, 5:30-6:30pm @ South \$119 res. / \$149 non-res.

### T'ai-Chi

(Age 14+) Learn energizing Qi Gong warm-up exercises, the 5 Element form and first circle as taught by Master Chungliang Ai Huang. Inspirational music and guided stress reduction relaxation are included.

**203331** 9/12-11/14 Th, 12-1pm @ Iris \$85 res. / \$106 non-res.



## Outdoor Fitness this Fall

FREE

Get 12 FREE Outdoor Fitness Sessions in Downtown Boulder!

Improve your strength, core, balance and coordination with these FREE, 45-minute outdoor fitness sessions. Join certified personal trainer and elite cyclist, Max Jordan, for any or all 12 of these, fun, fast-paced workouts on the lawn behind the city Municipal Building.

Get in shape for your favorite winter sport, get down to your target weight, spring back from summer travels or injuries with this all abilities, everyone welcome, outdoor fitness program offered by your city's Parks and Recreation Dept. Wear weather-appropriate workout clothes.

For more information please contact Max at 713-677-1762.

**11:00 a.m. every Tuesday and Thursday Sept. 17 - Oct. 24**

**Muni Lawn West** (grassy area between Boulder Creek and Canyon, behind Municipal Bldg. at 1777 Broadway)

## Look your best for the holidays!

### Building A Healthy Body from the Inside Out

Whether your goal is to manage your weight, sugar or cholesterol or to increase your energy, vitality and stamina, this class is for you! Learn to create a health enhancing diet plan by understanding your body's nutritional requirements. We will discuss what macronutrients (carbohydrates, proteins and fats) are needed in which ratios for weight maintenance and weight loss, how to read a food label, which fats are healthy and which aren't, what cholesterol is, and how to eat a balanced, low-sugar diet.

**202833** 9/10-10/15 Tu, 6:45-7:45pm @ East \$51 res. / \$63 non-res.

### Mediterranean Cooking

Interested in healthier meals and a healthy weight? The Mediterranean Diet offers a solid, easy to follow blueprint. In this hands on class, you will learn a common sense eating approach and make delightful delicious meals. Mary Collette Rogers has been educating and exciting home cooks for over 20 years, sharing tips, tricks and systems for fast, easy meal making.

**202846** 9/17-10/15 Tu, 5:30-7:30pm @ East \$150 res. / \$188 non-res.

### The Small Change Diet

Join this empowering class taught by a registered dietitian who will teach ten steps to a thinner healthier you using the Small Change Diet book by Keri Gans, MS, RD. You will learn how to make achievable changes in your diet to meet your nutrition and weight loss goals. Books are included.

**202847** 10/16-11/20 W, 12-1pm @ North \$51 res. / \$63 non-res.

### Light Holiday Cooking

Tired of heavy holiday fare that leaves you feeling heavy too? Learn to make deliciously light dishes that don't contribute to weight gain. We will make appetizers, healthy side dishes, entree sauces and desserts.

**202847** 11/5-11/19 Tu, 5:30-7:30pm @ East \$90 res. / \$111 non-res.

**WOW!**

## FAMILY PASS

**Get a Family Annual Pass now and start sharing the joy of fitness, swimming, sports and more with the whole family!**

One affordable rate provides unlimited access to 3 rec centers, 2 outdoor pools and the Boulder Reservoir for all family members living at the same address (up to 15). This is a great deal for families of 4 or more, costing less than \$225 per person, per year for a city resident family of 4!

**Fall Sale Introductory offer:**

Get an additional month FREE (purchased your pass by Oct. 31, 2013 and get 13 months for the price of 12).

**\$885 (resident)**

**\$1075 (non-resident)**

Monthly payment options available (see website for details)

## Kids' Corner Childcare

**East Boulder Community Center**  
5660 Sioux Drive

**New Hours!**

Mon/Wed: 2:30 - 6:30 p.m.  
Sat: 8:30 a.m. - 1:30 p.m.

**North Boulder Recreation Center**  
3170 Broadway

Mon - Fri: 8:45 a.m. - 1:30 p.m.  
Tue/Thu: 2:30 - 6:30 p.m.

Ages: 6 mo. to 9 years.



### Mini-Sports

(Ages 4-6) Mini-Sports builds sports skills through a range of FUN games, activities and drills. Fall classes include T-ball & soccer.

### Sports Sampler

(Ages 3-4) A chance for young athletes to explore sports like: basketball, t-ball, soccer, tennis, gym games, & floor hockey.

### Gym Jam

(Ages 9mos - 4yrs) Burn off energy, play, develop coordination and basic skills. We fill the gym each week with different, fun gear; you provide the supervision.

### Little Feats Ballet

(Age 3) Introduction to body movements, rhythm and special awareness all taught in a fun, energetic and creative format. Props, music and visual aids elicit movement that builds coordination, strength and self confidence.

### Pre School Swimming

(Age 3-5) Classes build confidence and comfort around water while developing the fundamentals of swimming. Students learn basic water safety skills, arm and leg movements and breathing techniques to help develop comfort in the water. Students also learn to enter and exit the water independently and float with support.

### Childrens Pottery

(Ages 4-5) Children play with clay and turn it into enjoyable or useful objects. Forming, painting, group experience and individual attention are part of this class.

### Gonzo Tennis

(Ages 3-10) This physical development program uses a variety of fun games to develop motor skills and enable enjoyment of playing tennis. It helps instill confidence in a safe and friendly environment while making tennis fun!

### Shape up for Sports

(Ages 10-14) The American College of Sports Medicine recommends that youth engage in at least six to eight weeks of preseason conditioning prior to participating in sports. Our certified trainers will conduct conditioning exercises to build endurance, agility, power, speed and strength to prepare youth for sports and reduce the risk of injury. Both competing and non competing youth are welcome.

**Great after school activity for middle-school students!**



**Go to BoulderParks-Rec.org to register and for more options!**

## Halloween Carnival

at South Boulder Rec Center



Active, indoor fun for kids ages 3-8.

**October 25 • 3-5 pm**

Look for details at  
[www.BoulderParks-Rec.org](http://www.BoulderParks-Rec.org)

## TRY US:

### One FREE 90-Minute Childcare Session

DETAILS: Mornings at North; afternoons/evenings at North & East - we've got your workout covered. Leave your child in good hands. Use this coupon for 90-minutes of FREE childcare. Good for one child; one-time.

Offer and coupon expires October 31, 2013. Please present coupon at front desk check-in. May not be combined with any other discounts, passes or offers.

# Featured Fall Drop-In Classes

Drop-in schedule is for September, visit us online for monthly updates.

All drop-in classes are FREE with daily center entry (use your pass or \$7 daily fee)

## NORTH RECREATION CENTER

3170 Broadway 303-413-7260



### Fitness

Total Body Fitness	M/W	5:30-6:30 pm
Total Body Fitness	M/W/F	7:15-8:15 am
Metabolic Resistance Training - MRT	T/Th	8-8:45 am
Carve ★	M/W	12-1 pm
Pure Step ★	Tu/Th	12-1 pm
Fitness for Life	M/W/F	7:30-8:30 am
Fitness for Life ★	M/W/F	10:30-11:30 am
Aquatic Fitness	Tu/Th	8-9 am
Aquatic Fitness ★	M/W/F	9-10 am
Hard Core ★	F	12-1 pm
Hard Core	M	5:30-6:30 pm
Aquatic Zumba®	Tu/Th	5:45-6:45 pm
Pre/Post Natal Aqua Fit	M	7-8 pm

### Mind/Body

Ayre	M	8:20-9:20 am
Zumba® ★	M	9:30-10:30 am
Chi Kung ★	M	10:45-11:45 am
Yoga ★	M	12-1 pm
Yoga	M	1:05-2:05 pm
Restorative Yoga & Prana	M	4:20-5:35 pm
Yoga	Tu	8-9 am
Ayre ★	Tu	9-10 am
Yin Yoga ★	Tu	10:15-11:15 am
Pilates/Yoga Combo ★	Tu	11:45-12:45 pm
Yoga ★	W	9-10 am
Ayre ★	W	9:15-10:15 am
Yoga ★	W	12-1 pm
Dance Fusion <b>NEW!</b>	W	5:30-6:30 pm
Nia ★	Th	10:45-11:45 am
Yoga ★	Th	12-1 pm
Pilates Mat ★	Th	4:15-5:15 pm
Ayre ★	Th	5:30-6:30 pm
Yoga ★	F	8:50-9:50 am
Pre-Post Natal Yoga ★	F	10:30-11:45 am
Ayre ★	F	10:45-11:45 am
Nia ★	F	11:10-12:10 pm
Yoga ★	F	12:15-1:15 pm
Ayre	Sa	10:15-11:15 am
Yoga	Sa	11:30-12:30 pm
Yoga	Su	9-10 am
Nia	Su	12-1 pm

### Basketball

19+	M/W/F	11:30-1:30 pm
50+	Tu/Th	1-2:30 pm
All Ages	Sa	1-5 pm
All Ages	Su	12:30-3 pm

### Volleyball

19+ Coed	Su	9am-12 pm
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#### Hours:

Mon-Thu: 6 a.m. - 9:30 p.m.  
 Fri: 6 a.m. - 7:30 p.m.  
 Sat: 6:30 a.m. - 7 p.m.  
 Sun: 7:30 a.m. - 8 p.m.

## EAST COMMUNITY CENTER

5660 Sioux Dr. 303-441-4400



### Fitness

The Ride!	M/W/F	6-7 am
The Ride!	M/W/F	8:50-9:50 am
The Ride! ★	T/Th	5:30-6:30 pm
Boulder Lift	T/Th	8:30-9:30 am
Boulder Lift	M/W/F	9-10 am
Boulder Lift	Su	9-10 am
Carve	T/Th	6:30-7:30 am
Carve	Sa	8-9 am
Carve ★	Sa	9-10 am
Carve ★	M/W/F	5-6 pm
Buff, Bike, Balance	T/Th	12:15-1 pm
Metabolic Resistance Training - MRT	T/Th	6:15-7 am
Metabolic Resistance Training - MRT	T/Th	6:45-7:30 pm
Pure Step	Sa	7:45-8:45 am
Fitness For Life	T/Th	1:30-2:30 pm
Aquatic Fitness	M/W/F	9-10 am
Boulder Lift	Su	9-10 am

### Mind/Body

Yin Yoga	M	12-1 pm
Nia ★	M	6:05-7:05 pm
Nia	Tu	12-1 pm
Zumba® ★	Tu	6:35-7:35 pm
Nia	W	10:30-11:30 am
Pilates/Yoga Combo	W	12-1 pm
Yoga ★	W	5:20-6:20 pm
Zumba® ★	W	6:05-7:05 pm
Nia	Th	12-1 pm
Nia ★	Th	4:15-5:15 pm
Nia	F	10:45-11:45 am
Yoga	F	12-1 pm
Nia ★	Sa	10:30-11:30 am
Nia	Su	10:30-11:30 am
Yoga	Su	11:45-12:45 pm

### Volleyball

Senior	M/F	1:30-3:30pm
Co-Ed	F	7-9pm

### Basketball

All Ages	Sa	1-6 pm
All Ages	Su	1-8 pm
All Ages	Tu/F	3:30-5:30pm

#### Hours:

Mon-Fri: 5:30 a.m. - 9:30 p.m.  
 Sat: 7:30 a.m. - 6 p.m.  
 Sun: 8:30 a.m. - 8 p.m.

**Zumba®** Zumba® classes feature zesty Latin music, like salsa, merengue, cumbia and reggaeton. Experience exhilarating, easy-to-follow moves and the **invigorating atmosphere** as you dance your way to fitness. It's a blast! **N E**

## Dance Fusion

Dance Fusion is a juicy mix of pop, world, jazzy grooves, hip hop and more with fun choreography for everyone. It's an energetic and sweaty workout with softer moments for breath and release. The idea is to dance your own way, connect with yourself and the group and feel good. **Wed, 5:30-6:30pm N**

**NEW!**

## SOUTH RECREATION CENTER

1360 Gillaspie 303-441-3448



### Fitness

Total Body Fitness	T/Th	8:50-9:50 am
Sports Conditioning	M/W/F	12-1 pm
Aquatic Fitness	T/Th	12:30-1:30 pm

### Mind/Body

Nia	M	9-10 am
Yoga	M	12-1 pm
Yoga	Tu	12-1 pm
Nia	W	11:45-12:45 pm
Yoga	W	7:15-8:15 pm
Yin Yoga	Th	12-1 pm
Pilates/Yoga Combo	F	12-1 pm
Nia	Sa	8:10-9:10 am

### Volleyball

19+ Womens	Sa	8:30-11am
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### Basketball

19+	Tu/Th	11am-1:30pm
All Ages	Sa	1-5pm
19+	Su	8-11am
All Ages	Su	3-5pm

### Pickleball

19+	Tu/Th	1:30-3:30pm
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### Badminton

19+	Th	7:15-9:15pm
19+	F	5:45-7:45pm

#### Hours:

Mon-Thu: 6 a.m. - 9:30 p.m.  
 Fri: 6 a.m. - 8 p.m.  
 Sat/Sun: 8 a.m. - 5 p.m.

# \$5 OFF

SAVE \$

## Any 2013 School Day Off Camp

DETAILS: Take \$5 off any single day enrollment in one of our popular school or holiday day camps (for children 5-11). One coupon per child.

Offer expires October 31, 2013 - coupon valid for pre-registration for any 2013 school day off camp (with available space). Register today to reserve your spot and SAVE \$5. Discount applied to regular resident and non-resident fees. No other discounts apply.



## School Day Off Camps

(Ages 5-11) Want to turn a challenging school day off into a fun-filled, energetic day of exciting and diverse activities for your child? Enroll them in our school day off camps where they can enjoy games, sports, swimming, indoor climbing, arts and crafts, and more! All camps provide safe, respectful, age-appropriate, supervised activities for only \$55/day (resident). A hit for boys and girls! Don't miss out - Enrollment is limited - Sign up today! Information: Megann at 303-413-7465 or lohmann@bouldercolorado.gov

### Teacher Work Day

202415 10/14 M, 8:45am-5pm East \$55 res. /\$69 non-res.

### Veterans Day

202416 11/11 M, 8:45am-5pm East \$55 res. /\$69 non-res.

### Thanksgiving Break Camp

187804 11/25 M, 8:45am-5pm East \$55 res. /\$69 non-res.

187805 11/26 Tu, 8:45am-5pm East \$55 res. /\$69 non-res.

187806 11/27 W, 8:45am-5pm East \$55 res. /\$69 non-res.

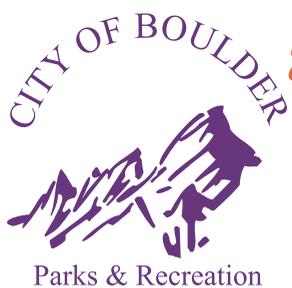
### Winter Break Camp

205432 12/30 M, 8:45am-5pm East \$55 res. /\$69 non-res.

205433 1/2 Tu, 8:45am-5pm East \$55 res. /\$69 non-res.

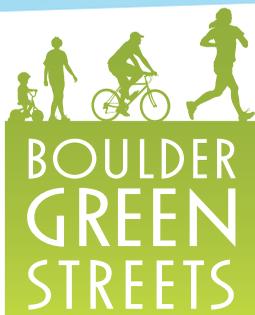
205434 1/3 W, 8:45am-5pm East \$55 res. /\$69 non-res.

205435 1/6 W, 8:45am-5pm East \$55 res. /\$69 non-res.



# Visit the *Let's Move!* Activity Zone #3 at North Boulder Recreation Center

PART OF BOULDER GREEN STREETS 2013 Ciclovía



*Boulder Green Streets*  
**SUPER ONE DAY SPECIAL**  
**Family Pass good thru the end of 2013 for only \$199**  
(resident or non-resident)

Sun., Sept. 22 at  
North Boulder Recreation Center only

Arrive the Boulder way by bus [www.rtd-denver.org](http://www.rtd-denver.org)  
or bike [www.GoBikeBoulder.net](http://www.GoBikeBoulder.net)

## Let's Move! Activity Zone\* EVENT HIGHLIGHTS

- FREE open house from 7:30 a.m. to 8 p.m. @ North Boulder Recreation Center
- Yoga drop-in (9 - 10 a.m.)
- FREE body comp & blood pressure (10 a.m. - 4 p.m.)
- Gymnastics obstacle course (10 a.m. - 4 p.m.)
- Let's Move Activity Zone - (10 a.m. - 12 & 2 - 4 p.m.)
- Tennis (11 a.m. - 1 p.m.)
- Pottery/Arts & Crafts (11 a.m. - 2 p.m.)
- Nia drop-in (12 - 1 p.m.)

\* For a complete schedule of class offerings, visit: [Bouldergreenstreets.org](http://Bouldergreenstreets.org) or [BoulderParks-Rec.org](http://BoulderParks-Rec.org)



The City of Boulder supports Let's Move! - a comprehensive initiative, launched by First Lady, Michelle Obama. More info at: [www.LetsMove.gov](http://www.LetsMove.gov)

# The 4th Annual Boulder CICLOVIA!

Sunday, September 22 • 10 a.m. to 4 p.m.

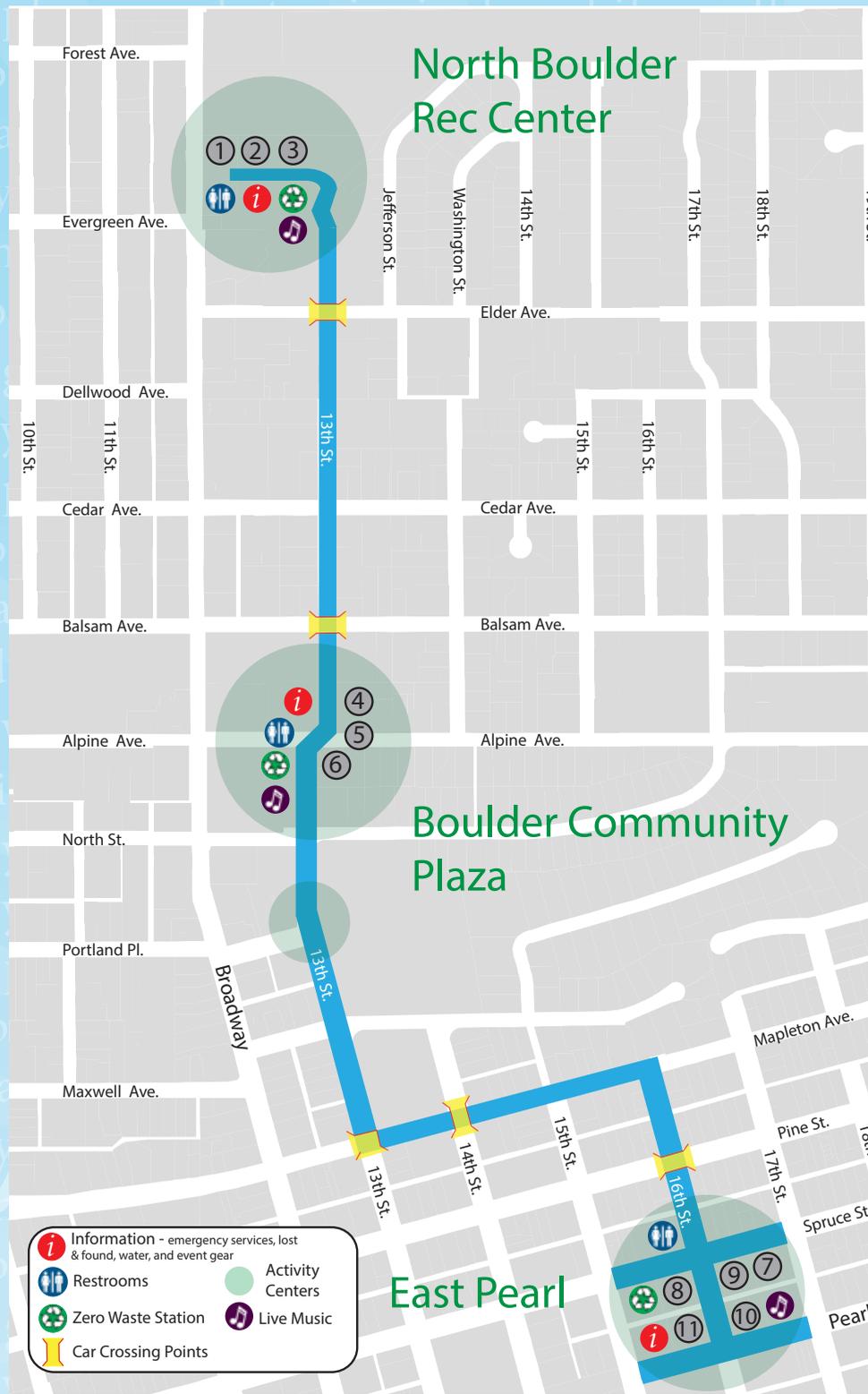
MAKE YOUR COMMUNITY HEALTHIER, MORE LIVEABLE AND FUN!

## Boulder Green Streets and the City of Boulder present: A Car-Free Play Day!

This event transforms several miles of city streets into a day-long, car-free public space for the community to engage in healthy, active, and sustainable activities. Miles of open, car-free streets link three great activity zones:

- East Pearl St from 15th-17th streets
- Community Plaza at 13th & Alpine
- North Boulder Recreation Center at 3198 Broadway

Be a part of the global Ciclovía movement and join us at each of the zones and enjoy free activities, live music, food, fitness, and fun!



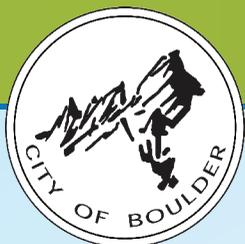
## ZONES

- ZONA LATINA**  
All day FREE Latin dance classes and performances, **LIVE MUSIC & FOOD**, kids bouncy castle, Spanish/English language classes, kids bike decorating and parade 10a.m.
  - SUSTAINABLE LIVING**  
Urban goat farm dairy tours, community garden tours, skill share tent & energy information
  - LETS MOVE**  
FREE access to the NBRC including dance classes, fitness, gymnastics obstacle course, tennis clinic & health screenings
  - CONNECTED MOBILITY**  
Electric bike test station, wheel chair obstacle course, hand cycle rentals, & **LIVE MUSIC & FOOD**
  - YOGA ZONE**  
Free yoga workshops, classes, demos & consults. "Chai time" community chats
  - HEALTH & WELLNESS**  
FREE massage station, health checks, alternative clinics, fire station #1 open house & kids safety games
  - INNOVATION & CREATIVITY**  
Arts, recycled craft, poetry performance, technology treats for all ages & "Digital Detox" tea house
  - ORGANIC FOOD PAVILION**  
Tons of vendors offering free samples of the best organic **FOODS** & information on eating well; GMO, gluten free living
  - ECO FASHION & DESIGN**  
Green carpet fashion show, dance, martial arts & **LIVE MUSIC**
  - OUTDOOR ADVENTURE**  
Climbing wall, kayak tank, mountaineering. Outdoor information.
  - CYCLE RIDE & ROLL**  
FREE kids bike rodeo, skate park and demos, bicycle rentals, bike and board repair workshops, bike parking station
- ALONG WITH MANY SURPRISES ALONG THE ROUTE**



PRESENTING SPONSOR

Arrive the Boulder way by bus [www.rtd-denver.org](http://www.rtd-denver.org) or bike [www.GoBikeBoulder.net](http://www.GoBikeBoulder.net). Parking will be limited.



For a complete list of Green Streets activities, times and details visit [www.bouldergreenstreets.org](http://www.bouldergreenstreets.org) or download our new 2013 event App!

**BOULDER  
GREEN  
STREETS**



# Dog Dayz

*Dog Swimming at Scott Carpenter Pool*

*Monday Sept. 16–Sunday Sept. 29*

M/W/F • 12-2 pm & 4-6 p.m.

Tu/Th • 12-2 pm & 4-7 p.m.

Sat • 11 am-4 p.m.

Sun • 12-6 p.m.

\$5 per dog or unlimited pass for \$35  
(up to 2 dogs)

Additional dogs \$10 each.



## *Dog Expo!*

Join us for a day of fun in the sun with our canine friends. The pool will be open for the dogs to swim and organizations from around the county will be on hand with samples, prizes, and information.

*Sat. Sept. 21 from 11 a.m. – 4 p.m.*

[www.BoulderDogDayz.org](http://www.BoulderDogDayz.org)

*East Boulder Community Center*

# Open House



**September 25 • 4-7 p.m.**

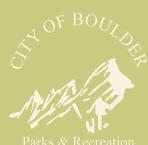
East Boulder Community Center, 5660 Sioux Drive

**Tour one of Boulder's best kept fitness secrets – and workout for FREE! Sample classes, swim or try some of the latest weight room and cardio equipment.**

**Bring your kids and try out childcare for FREE!**

**Want to give us a try before you buy?  
Here's your opportunity!**

[www.BoulderParks-Rec.org](http://www.BoulderParks-Rec.org)



# 2 Day Super SALE!

*Wow!*

**October 5 & 6 ONLY**



BACK BY POPULAR DEMAND:

## Family Pass SUPER Special

**Get unlimited family fitness for less than 75¢ per person, per day.\***  
Get a Family Annual Pass now and start sharing the joy of fitness, swimming, sports and more with the whole family! One affordable rate provides unlimited access to 3 rec centers, 2 seasonal outdoor pools and the Boulder Reservoir for all family members living at the same address. At the regular rate, this is a great deal at less than \$19 per person, per month - for resident families of 4 or more. On sale it works out **to less than \$17 per person, per month! That's less than 75¢ per person, per day!**

**SALE** Resident: \$799\* (regularly \$885)

**SALE** Non-resident \$999\* (regularly \$1075)

## Annual Pass

**SALE** Resident: \$499\* (regularly \$552)

**SALE** Non-resident \$599\* (regularly \$645)

Break it down – this is less than \$1.50 a day for residents and less than \$1.75 a day for non-residents. Where else can you get so many pools, so much fitness equipment, so many weekly group fitness classes AND 3 convenient locations for less than two bucks a day?

**Get your annual pass now – at our lowest rate of the year!**

\*Sorry, no monthly billing available at these rates; credit cards will be accepted. Good for 1 year purchase per person only (no multi-year purchases). No other discounts or offers apply.