

## INTERAGENCY RESOURCE DIRECTORY: LIST OF CATEGORIES

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|--|---|
| <ul style="list-style-type: none"><li>➤ Allied Health Services (including physical therapy, wellness, low vision, acupuncture, massage, etc)</li><li>➤ Alzheimer's Resources</li><li>➤ Assistive Technology &amp; Safety Net Services</li><li>➤ Boulder Senior Services</li><li>➤ Case Management Services (not including Caregiver Support, Placement Services or Resource Specialists)</li><li>➤ Cognitive Rehab</li><li>➤ Day Care &amp; Respite &amp; Adult Recreation</li><li>➤ Family &amp; Caregiver Support Services (not including Case Management, Day Care, Respite, or Placement Services)</li><li>➤ Financial &amp; Health Insurance Services (including LTC insurance, reverse mortgages, wealth management, VA &amp; SS benefits, etc)</li><li>➤ Home Health Care &amp; Personal Care Services</li><li>➤ Home Repair &amp; Maintenance &amp; Organization &amp; Adaptation Services</li></ul> | <ul style="list-style-type: none"><li>➤ Hospice &amp; Palliative Care Services</li><li>➤ Housing (including Residential Communities/ Facilities) (not including Placement Services)</li><li>➤ Legal &amp; Mediation Services (including guardianship and conservatorship services)</li><li>➤ Medical Services (including MD, DO, Neuropsychology, Audiology, Optometry, etc) (not including Mental Health)</li><li>➤ Mental Health Services</li><li>➤ Moving &amp; Relocation &amp; Realty Services</li><li>➤ Placement Services (not including other Resource, Referral or Case Management Services or actual Housing options such as Residential Communities/Facilities)</li><li>➤ Products &amp; Publications &amp; Enrichment Programs</li><li>➤ Resource Specialists &amp; General Services</li><li>➤ Speakers (i.e. those willing to give talks and offer presentations)</li><li>➤ Transportation &amp; Travel Services</li></ul> |
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The focus is on seniors –  
we're there for them....

## INTERAGENCY

### RESOURCE LIST: ALLIED HEALTH SERVICES (including physical therapy, wellness, low vision, acupuncture, massage, etc)

| NAME                      | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED   |
|---------------------------|---|---|--|
| PHIL BOOTH                | SENIOR WELLNESS CONSULTANTS<br>8120 Meadowdale Court<br>Niwot, CO 80503   | (303) 772-7568<br>sage@functionalaging.com<br>www.FunctionalAging.com                           | <ul style="list-style-type: none"> <li>• functional fitness w/emphasis on safety, independence, mobility &amp; fall prevention</li> <li>• for individuals 50+ &amp; frail elders</li> <li>• customized one-on-one training</li> <li>• sessions held in comfort of client's home</li> <li>• private pay only</li> </ul> |
| PAULETTE FOSS             | AMERICAN COUNCIL OF THE BLIND OF COLORADO (ACBCO)<br>Hints for the Hard of Hearing. LLC<br>1536 Wynkoop Street, Ste 201<br>Denver, CO 80202 | (303) 443-1665  | <ul style="list-style-type: none"> <li>• low vision assistance</li> <li>• hints for the hard of seeing</li> </ul>  |
| BETH GUSTIN, MA, NCC, LPC | CENTER FOR PEOPLE WITH DISABILITIES<br>10351 Grant Street, Ste 1<br>Thornton, CO 80229  | (720) 308-3087<br>beth@cpwd.org   | <ul style="list-style-type: none"> <li>• support groups, individual training and staff trainings for persons w/ low vision &amp; vision loss</li> <li>• life skills &amp; adjustment counseling</li> </ul>   |
| JACKI MYERS               | BOULDER SENIOR SERVICES<br>East Boulder Senior Center<br>5660 Sioux Drive<br>Boulder, CO 80303  | (303) 441-4388 (main line)  | <ul style="list-style-type: none"> <li>• for individuals 55+</li> <li>• reasonably priced classes &amp; programs including: water aerobics; Silver Splash; strength &amp; stretch; cardio training; &amp; Silver Sneakers</li> <li>• serving residents &amp; non-residents</li> </ul>                                  |
| AL WADLEIGH               | FELDENKRAIS STORE<br>420 21 <sup>st</sup> Ave, Ste 111<br>Longmont, CO 80501  | (303) 709-0639<br>al@achievingexcellence.com<br>achievingexcellence.com/<br>longmontfeldenkrais | <ul style="list-style-type: none"> <li>• alternative physical therapy</li> <li>• Feldenkrais Method is a form of somatic education using gentle movement &amp; directed attention</li> <li>• focus on restoring movement &amp; reducing pain</li> </ul>  |

INTERAGENCY  
 RESOURCE LIST: ALZHEIMER'S RESOURCES  
 (NOT NECESSARILY AFFILIATED WITH IA)

| NAME                       | CONTACT INFORMATION   | SERVICE<br>(including day & time of meetings)  |
|----------------------------|---|--|
| ALZHEIMER'S ASSOCIATION    | <p>AMELIA SCHAFFER, MS<br/>           Education Director<br/>           amelia.schafer@alz.org</p> <p>PAT MANSOR<br/>           Special Programs Coordinator<br/>           pmansor@alz.org</p> <p>Colorado Chapter<br/>           455 Sherman Street, Ste 500<br/>           Denver, CO 80203<br/>           (303) 813-1669<br/>           www.alzco.org</p> | <ul style="list-style-type: none"> <li>• information</li> <li>• assistance (ex help finding a local support group)</li> <li>• referrals</li> <li>• educational programs</li> <li>• support groups</li> <li>• social groups</li> <li>• training programs (Alzheimer's Learning Institute)</li> </ul>  |
| ALZHEIMER'S ASSOC HELPLINE | <p>(800) 272-3900<br/> <a href="http://alz.org/co">http://alz.org/co</a></p>  | <ul style="list-style-type: none"> <li>• helpline</li> <li>• information</li> <li>• assistance (ex help finding a local support group)</li> <li>• referrals</li> </ul>   |
| BOULDER SUPPORT GROUP      | <p>East Boulder Senior Center<br/>           5660 Sioux Drive<br/>           Boulder, CO<br/>           (303) 441-4150</p> <p>ANNE TOGHER<br/>           (720) 251-1743</p>   | <ul style="list-style-type: none"> <li>• <b>for caregivers &amp; family members</b></li> <li>• meets 1<sup>st</sup> Thursday of the month 12:00 – 1:30 pm</li> <li>• call for more information &amp; to verify times and dates</li> </ul>  |
| LONGMONT SUPPORT GROUPS    | <p>Longmont Senior Center<br/>           910 Longs Peak Ave<br/>           Longmont, CO<br/>           (303) 651-8411</p> <p>RUTH WAUKAU<br/>           (303) 651-8414<br/>           ruth.waukau@ci.longmont.co.us</p>   | <ul style="list-style-type: none"> <li>• <b>for caregivers &amp; family members</b></li> <li>• meets 2<sup>nd</sup> Tuesday of the month from 12:00 pm – 1:30 pm</li> <li>• meets 1st Monday of the month from 6:00 pm - 7:30 pm</li> <li>• respite may be available upon request</li> <li>• wellness programs</li> <li>• call for more information &amp; to verify times and dates</li> </ul> |

INTERAGENCY  
RESOURCE LIST: ALZHEIMER'S RESOURCES

| NAME                      | CONTACT INFORMATION   | SERVICE<br>(including day & time of meetings)  |
|---------------------------|---|--|
| LOUISVILLE SUPPORT GROUPS | <p>Louisville Senior Center<br/>900 W. Via Appia<br/>Louisville, CO</p> <p>DIANE EVANS<br/>Community Resource Coordinator<br/>(303) 335-4919</p> <p>KATIE KERNS<br/>(970) 390-6723<br/>katiemkerns@yahoo.com</p> <p>KEN HELANDER<br/>(303) 813-1669</p> | <ul style="list-style-type: none"> <li>• <b>Alzheimer's Caregivers Support Group</b></li> <li>• <b>for caregivers &amp; family members</b></li> <li>• meets 2<sup>nd</sup> Thursday of the month 6:00 – 7:30 pm</li> <li>• contact: Katie Kerns</li> <li>• <b>Early Stage Alzheimer's Support Group</b></li> <li>• <b>for those w/early onset dementia &amp; their care partners</b></li> <li>• 2 simultaneous groups (1 for persons w/ the diagnosis &amp; 1 for their partners)</li> <li>• meets 4th Monday of the month 10:00 – 11:30 am</li> <li>• contact: Ken Helander</li> <li>• call for more information &amp; to verify times and dates</li> </ul> |

| ASSISTED LIVING & PERSONAL CARE BOARDING HOMES w/SECURE UNITS |  |                         |   |
|---|--|-------------------------|---|
| FACILITY  | CONTACT INFORMATION  | FACILITY                | CONTACT INFORMATION                                     |
| ALTA VITA MEMORY CARE   | 800 South Fordham Street<br>Longmont, CO 80503<br>(303) 300-3700 | SUNRISE ASSISTED LIVING | 3955 28th Street<br>Boulder, CO 80304<br>(720) 406-1000 |
| BALFOUR AT CHERRYWOOD VILLAGE                                 | 282 McCaslin Blvd<br>Louisville, CO 80027<br>(303) 604-2700      | MILLBROOK HOMES         | 1746 Cove Court<br>Longmont, CO<br>(303) 220-7989       |
| JUNIPER VILLAGE   | 1078 S 88th Ave<br>Louisville, CO 80027<br>(303) 665-3722        |                         | 5011 Fox Hill Drive<br>Longmont, CO<br>(888) 322-9424   |
| THE ACADEMY AT BELLA VISTA                                    | 2762 Bella Vista Lane<br>Boulder, CO 80303<br>303-938-1920       |                         |   |

| NURSING HOMES w/SECURE & SPECIAL ALZHEIMER'S & DEMENTIA UNITS |   |                         |   |
|---|---|-------------------------|---|
| FACILITY  | CONTACT INFORMATION   | FACILITY                | CONTACT INFORMATION   |
| BALFOUR RETIREMENT COMMUNITY                                  | 1865 Plaza Drive<br>Louisville, CO 80027<br>(303) 926-1000    | MANOR CARE NURSING HOME | 2800 Palo Parkway<br>Boulder, CO 80301<br>(303) 440-9100    |
| FRASIER MEADOWS   | 4900 Thunderbird Drive<br>Boulder, CO 80303<br>(303) 665-3722 | MESA VISTA              | 2121 Mesa Drive<br>Boulder, CO 80304<br>(303) 442-4037      |
| LIFE CARE CENTER OF LONGMONT                                  | 2451 Pratt Street<br>Longmont, CO 8050<br>(303) 776-5000      | THE PEAKS CARE CENTER   | 1440 Coffman Street<br>Longmont, CO 80501<br>(303) 776-2814 |

INTERAGENCY  
RESOURCE LIST: ASSISTIVE TECHNOLOGY & SAFETY NET SERVICES

| SERVICE  | CONTACT PERSON  | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)   |
|--|---|--|--|
| ALARM SYSTEM   | ART OZUMA III, CET                                      | SAFE SYSTEMS<br>421 S Pierce Ave<br>Louisville, CO 80027                                       | (303) 996-4025<br>(303) 935-5357 (cell)  |
| DIRECT LINK<br><ul style="list-style-type: none"> <li>medication dispensing &amp; monitoring systems</li> </ul>          | WEST ROYBAL   | DIRECT LINK<br>1716 A North Main Street, PMB 262<br>Longmont, CO 80501                         | (303) 651-2267<br>west@HomeHelpers.cc  |
| LEGAL SERVICES<br><ul style="list-style-type: none"> <li>ID Theft</li> </ul>   | PEGGY ALTSCHULER  | LEGALSHIELD<br>1555 Taylor Mountain Drive<br>Longmont, CO 80503                                | (720) 280-1068<br>peggyalt@gmail.com   |
| LIFELINE   | BOULDER COMMUNITY HOSPITAL (LIFELINE)                   | BOULDER COMMUNITY HOSPITAL<br>311 Mapleton Ave<br>Boulder, CO 80304                            | (303) 441-2200   |
| MEDIC-ALERT & SAFE RETURN  |   | MEDIC-ALERT FOUNDATION<br>2323 Colorado Ave<br>Turlock, CA 95382                               | (888) 633-4298<br>(888) 572-8566<br>www.medicalert.org   |
| MONEY MANAGEMENT<br><ul style="list-style-type: none"> <li>bill pay</li> <li>check writing</li> <li>budgeting</li> </ul> | JACKI MYERS   | BOULDER SENIOR SERVICES<br>East Boulder Senior Center<br>5660 Sioux Drive<br>Boulder, CO 80303 | (303) 413-7486   |
| “PILES TO FILES”<br><ul style="list-style-type: none"> <li>organizing paperwork</li> </ul>                               | JACKI MYERS   | BOULDER SENIOR SERVICES<br>East Boulder Senior Center<br>5660 Sioux Drive<br>Boulder, CO 80303 | (303) 413-7486   |
| PROJECT LIFESAVER  | DETECTIVE RANDY WILBER<br>MARC LINTON<br>(303) 441-3646 | BOULDER COUNTY SHERIFF'S OFFICE<br>1777 6 <sup>th</sup> Street<br>Boulder, CO 80302            | (303) 441-3646<br>(303) 441-3600 (general #)<br>mlinton@bouldercounty.org<br>www.bouldercounty.org/sheriff/lifesaver.htm |

# INTERAGENCY

## RESOURCE LIST: ASSISTIVE TECHNOLOGY & SAFETY NET SERVICES

| SERVICE  | CONTACT PERSON  | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  |
|--|---|---|---|
| <p>SAFETY NET SERVICES</p> <ul style="list-style-type: none"> <li>• Carry-Out Caravan</li> <li>• Medical Mobility</li> <li>• Fix-It Services</li> <li>• Volunteer Program</li> <li>• Snow Removal</li> <li>• Home Repair Program</li> <li>• Accessibility Assistance</li> <li>• File of Life</li> <li>• 50Up!</li> </ul> | <p>KAREN WIESNNER<br/>CAROL UMSTEAD<br/>LAURA UPHAM</p> | <p>CARE CONNECT<br/>951 Arapahoe Ave, #10<br/>Boulder, CO 80302</p> <p>615 Main Street, Unit B<br/>Longmont, CO 80501</p>   | <p>(303) 443-1933<br/>karenweisnner@careconnectbc.org<br/>carolumstead@careconnectbc.org<br/>lauraupham@careconnectbc.org<br/>www.careconnectbc.org</p> |
| <p>LOAN CLOSET</p> <ul style="list-style-type: none"> <li>• equipment for loan</li> <li>• no charge</li> <li>• donations appreciated</li> </ul>  | <p>SENIOR CENTER</p>                                    | <p>WEST BOULDER SENIOR CENTER<br/>909 Arapahoe Ave<br/>Boulder, CO 80302</p> <p>LAFAYETTE SENIOR CENTER<br/>103 S Iowa Ave<br/>Lafayette, CO 80026</p> <p>LOUISVILLE SENIOR CENTER<br/>900 W Via Appia Way<br/>Louisville, CO 80027</p> | <p>(303) 441-3148</p> <p>(303) 665-9052</p> <p>(303) 335-4914</p>   |
| <p>LOAN CLOSET</p> <ul style="list-style-type: none"> <li>• equipment for loan</li> <li>• no charge</li> </ul>   | <p>ELKS LODGE</p>                                       | <p>BOULDER ELKS LODGE<br/>3975 28<sup>th</sup> Street<br/>Boulder, CO 80301</p> <p>LONGMONT ELKS LODGE<br/>306 Coffman Street<br/>Longmont, CO 80501</p>  | <p>(303) 442-5003</p> <p>(303) 776-1055</p>   |



INTERAGENCY NETWORK OF BOULDER  
 RESOURCE LIST: BOULDER SENIOR SERVICES / CITY OF BOULDER

| PROGRAM /SERVICE  | CONTACT INFORMATION  |
|---|--|
| <p>Offering a variety of services and programs<br/>           see Agency website or quarterly Boulder Senior Services magazine for listings of current services and programs or call one of the Senior Centers</p>  | <p>www.boulderseniorservices.com<br/>           East Boulder Senior Center (303) 441-4150<br/>           West Boulder Senior Center (303) 441-3148</p> |
| <p>CLASSES – water color and oil painting, hobbies/crafts, bridge, mahjonn, computers, technology, History Behind the Headlines, speakers and more</p>  | <p>• Ellen Bartilet (303) 441-3915</p>   |
| <p>ENCORE MEMBERSHIP PROGRAM – voluntary membership for age 55+ which includes free and reduced cost classes, seminars (e.g. Active Minds), trips, special events, book groups, and earlier registration for members</p>  | <p>• Phyllis Klicker (303) 441-4437</p>  |
| <p>GENERAL OFFERINGS – drop-in leisure activities (e.g. pool, table tennis; shuffle board; library); discussion groups; book groups; senior art displays; computer kiosks; volunteer opportunities, clubs, organizational meetings, &amp; support groups</p>  | <p>• BOULDER SENIOR CENTERS<br/>           East (303) 441-4150 West (303) 441-3148</p>   |
| <p>HEALTH &amp; WELLNESS PROGRAMS – opportunities for physical, cognitive, emotional health and well-being include: Silver Sneakers; exercise classes; massage; yoga; stretch; reflexology; tai chi; meditation; wisdom work; line dancing; hearing screens; brain fitness</p>  | <p>• Maureen Dobson (303) 413-7489</p>   |
| <p>HOUSING &amp; HUMAN SERVICES – in affiliation with the city department, offerings include: homeowners assistance &amp; mediation; liaison w/Office of Human Rights; children, youth and family referrals and school based casework services; housing planning and development (in the city of Boulder); and more</p> | <p>• General Information: (303) 441-3140</p>   |
| <p>MEALS – “Café Classico” serving hot lunches and Tuesday night dinner; Meals-on-Wheels program</p>  | <p>• General Information: (303) 441-3908</p>   |
| <p>PRESENTATIONS/SEMINARS – topics include: housing; in-home services; respite options; peer counseling; financial aid; homeowner programs; legal options; support groups; and more</p>   | <p>• Kelly Reynolds (303) 441-4388</p>   |

INTERAGENCY NETWORK OF BOULDER  
 RESOURCE LIST: BOULDER SENIOR SERVICES / CITY OF BOULDER

| PROGRAM /SERVICE   | CONTACT INFORMATION   |
|--|---|
| <p>REDUCED RATE PROGRAM – adults over 60 (or 55 if on Medicaid) may qualify for reduced fees for senior center programs based on income and assets</p>   | <ul style="list-style-type: none"> <li>BOULDER SENIOR CENTERS<br/>           East (303) 441-4150 West (303) 441-3148</li> </ul>   |
| <p>RESOURCE SPECIALISTS</p> <ul style="list-style-type: none"> <li>the City of Boulder is part of the Eldercare Network of resource referral and case management professionals (most are degreed social workers)</li> <li>services include: intake; needs clarification; as needed referrals; case management for lower income elders; assistance w/applications for social service programs including Medicaid &amp; financial assistance; and program development to meet identified gaps in services</li> <li>services are FREE except for select educational seminars</li> <li>similar services for older adults and family caregivers are offered in Lafayette, Louisville and Longmont as well as in the smaller communities by Boulder County Aging Services Division</li> <li>bilingual assistance available in Boulder, Lafayette and Longmont</li> </ul> | <p>(303) 441-4388</p> <ul style="list-style-type: none"> <li>SANDY HOLLINGSWORTH Hollingsworths@bouldercolorado.gov</li> <li>JODI ANSELL Ansellj@bouldercolorado.gov</li> <li>MARLENE ASTACIO Astaciom@bouldercolorado.gov (bilingual)</li> <li>JACKI MYERS Myersj@bouldercolorado.gov</li> <li>KELLY REYNOLDS Reynoldsk@bouldercolorado.gov</li> </ul> |
| <p>ROOM RENTALS – for parties, meetings. seminars or classes</p>   | <ul style="list-style-type: none"> <li>BOULDER SENIOR CENTERS<br/>           East (303) 441-4150 West (303) 441-3148</li> </ul>   |
| <p>SAFETY NET SERVICES (GENERAL) – tax-aide; AARP drivers safety; Boulder County Legal Services clinics; food tax rebate programs</p>  | <ul style="list-style-type: none"> <li>BOULDER SENIOR CENTERS<br/>           East (303) 441-4150 West (303) 441-3148</li> </ul>   |
| <p>ASSISTANCE PROGRAMS (SPECIFIC)</p> <ul style="list-style-type: none"> <li>ADULT CHILDREN CAREGIVER SUPPORT GROUP</li> <li>MONEY MANAGEMENT (volunteers help with managing monthly bill paying)</li> <li>PEER COUNSELING, RESPITE &amp; COMPANION VOLUNTEER VISITORS</li> <li>PILES-TO-FILES (volunteer organizers help with paperwork for adults age 60+)</li> <li>JB HYND FUND (for basic glasses &amp; vision exam)</li> </ul>  | <ul style="list-style-type: none"> <li>Jodi Ansell (303) 441-4388</li> <li>Jacki Myers (303) 441-4150</li> <li>Resource Specialists (303) 441-4388</li> <li>Jacki Myers (303) 441-4150</li> <li>Sandy Hollingsworth (303) 441-4388</li> </ul>   |
| <p>TRIPS – local, national and international trips and travel</p>  | <ul style="list-style-type: none"> <li>Ellen Bartilet (303) 441-3915</li> </ul>   |

| PROGRAM /SERVICE  | CONTACT INFORMATION   |
|---|---|
| <p>SUPPORT GROUPS</p> <ul style="list-style-type: none"> <li>• Alzheimer's &amp; Dementia</li> <li>• Adult Children of Aging Parents</li> <li>• People with Parkinson's</li> <li>• Visually Impaired Persons</li> <li>• Hearing Chat Group</li> <li>• Diabetes Support Group</li> <li>• Women and Men's Groups</li> <li>• Beyond Vision/Low Vision</li> <li>• Healthy Relationships</li> <li>• Widowed Persons</li> </ul> | <ul style="list-style-type: none"> <li>• SENIOR RESOURCES STAFF<br/>(303) 441-4388</li> </ul> <p>EAST CENTER (303) 441-4150<br/>WEST CENTER (303) 441-3148</p> <p>(call for dates &amp; locations &amp; for more information)</p> |
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INTERAGENCY

RESOURCE LIST: CASE MANAGEMENT SERVICES (not including Caregiver Support, Placement Services or Resource Specialists)

| NAME                                     | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                      | CONTACT INFORMATION<br>(phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED   |
|--|---|--|--|
| KATHERINE CAMPBELL                       | KATHERINE CAMPBELL - ELDERCARE CONSULTANT                                       | (303) 443-3990<br>kcampbellbg@comcast.net  | <ul style="list-style-type: none"> <li>• eldercare consultant</li> <li>• care planning &amp; management</li> <li>• resource options</li> <li>• family support</li> </ul>   |
| SHARON ESPOSITO<br>SHERI ROYSE           | ACTION HEALTHCARE SERVICES<br>PO Box 1494<br>Longmont, CO 80502                 | (303) 772-2973<br>www.actioncareservices.com   | <ul style="list-style-type: none"> <li>• care management assessment, advocacy and coordination</li> <li>• guardianship, healthcare proxy and medical power of attorney services</li> </ul>   |
| SHEILA COHEN, LCSW<br>DEBBIE KNOLL, LCSW | NATIONAL MS SOCIETY (CO CHAPTER)<br>900 S Broadway, Ste 250<br>Denver, CO 80209 | (303) 698-7457<br>(888) 929-9019 x457<br>sheila.cohen@nmss.org<br>debbie.knoll@nmss.org<br>www.curemsco-wy.org | <ul style="list-style-type: none"> <li>• care management to help clients navigate financial and practical challenges of MS at no charge</li> <li>• support, education &amp; guidance for those facing MS &amp; their families</li> <li>• links to caregiving resources, equipment &amp; financial resources for those facing MS</li> </ul> |
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INTERAGENCY  
 RESOURCE LIST: COGNITIVE REHAB/THERAPY

| NAME                        | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                             | CONTACT INFORMATION<br>(phone # / email / fax / website) | TYPE OF SERVICE PROVIDED   |
|-----------------------------|--|--|--|
| MICHELLE WINSTON, PSY.D.    | 2955 55th Street, #21405<br>Boulder, CO 80301<br><br>(office in Niwot) | (303) 444-1655<br>mcwinston.psyd@comcast.net             | NEUROPSYCHOLOGIST<br>specializing in: <ul style="list-style-type: none"> <li>• consultation &amp; evaluations regarding aging, memory disorders, dementia &amp; differential between psychological and neurodegenerative disorders</li> <li>• competency &amp; capacity evaluations</li> <li>• cog rehab (brain fitness clinics in group format - held in community venues)</li> </ul> |
| MAPLETON CENTER FOR REHAB   | 311 Mapleton Avenue<br>P.O. Box 9130<br>Boulder, CO 80301              | (303) 441-0493   | <ul style="list-style-type: none"> <li>• speech therapy</li> <li>• memory eval clinic</li> </ul>   |
| MARY ANN KEATLEY, PH.D, CCC | 1790 30th Street, #120<br>Boulder, CO 80301                            | (303) 447-0022 x105                                      | <ul style="list-style-type: none"> <li>• speech therapy/cog rehab</li> <li>• accepts Medicare on a limited basis</li> </ul>  |
| MARY LOU ACIMOVIC, CCC, SLP | 3015 47th Street, Ste E-3<br>Boulder CO, 80305                         | (303) 449-2974<br>mlou323@gmail.com                      | <ul style="list-style-type: none"> <li>• speech therapy/cog rehab</li> <li>• accepts Medicare</li> </ul>   |
|                             |  |  |  |
|                             |  |  |  |

## INTERAGENCY

### RESOURCE LIST: DAY CARE & RESPITE SERVICES & ADULT RECREATION

#### RESOURCE LIST: ADULT RECREATION

| NAME           | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                      | CONTACT INFORMATION<br>(phone # / email / fax / website)                                   | TYPE OF SERVICE PROVIDED   |
|----------------|---|--|--|
| CINDY GERHARDT | ERIE PARKS & RECREATION<br>450 Powers Street<br>P.O. Box 1110<br>Erie, CO 80516 | (303) 926-2795<br>(303) 591-0656 (cell)<br>cgerhardt@erieco.gov<br>www.erieparksandrec.com | serve as active adults coordinator<br><ul style="list-style-type: none"> <li>plan activities for adults 60+</li> </ul> |

#### RESOURCE LIST: DAY CARE

| NAME            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                  | CONTACT INFORMATION<br>(phone # / email / fax / website)                              | TYPE OF SERVICE PROVIDED  |
|-----------------|---|---|---|
| SARAH CLEARY    | CARE LINK<br>Frasier Meadows<br>4900 Thunderbird Drive<br>Boulder, CO 80303 | (303) 554-7142<br>sarah@carelinkdayprogram.com<br>www.carelinkdayprogram.com          | <ul style="list-style-type: none"> <li>adult daycare</li> <li>activity &amp; socialization for those with cognitive challenges such as Alzheimer's</li> <li>provides breaks for caregivers</li> </ul> |
| DEBBIE ASKEGREN | BALFOUR @ CHERRYWOOD VILLAGE<br>282 McCaslin Blvd<br>Louisville, CO 80027   | (303) 604-2700<br>daskegren@balfour.com   | <ul style="list-style-type: none"> <li>adult daycare</li> <li>activity &amp; socialization for those with cognitive challenges such as Alzheimer's</li> <li>provides breaks for caregivers</li> </ul> |
| CHERYL NORTHUP  | JUNIPER VILLAGE<br>1078 S 88th Street<br>Louisville, CO 80027               | (303) 665-3722<br>cheryl.northup@junipercommunities.com<br>www.junipercommunities.com | <ul style="list-style-type: none"> <li>adult daycare</li> <li>activity &amp; socialization for those with cognitive challenges such as Alzheimer's</li> <li>provides breaks for caregivers</li> </ul> |
| JODY MAYER      | THE HOMESTEAD<br>1380 Tulip Street<br>Longmont, CO 80501                    | (303) 772-9152<br>jmayer@luhcares.org   | <ul style="list-style-type: none"> <li>adult daycare</li> <li>activity &amp; socialization for those with cognitive challenges such as Alzheimer's</li> <li>provides breaks for caregivers</li> </ul> |

## RESOURCE LIST: RESPITE SERVICES

| NAME                 | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                      | CONTACT INFORMATION<br>(phone # / email / fax / website) | TYPE OF SERVICE PROVIDED  |
|----------------------|---|--|---|
| RESOURCE SPECIALISTS | BOULDER SENIOR SERVICES   | (303) 441-4388   | <ul style="list-style-type: none"> <li>call for list of facilities offering short stays ( 2-14 days)</li> </ul>   |
| RACHEL DYERS         | BOULDER COUNTY AREA AGENCY ON AGING<br>529 Coffman Street<br>Longmont, CO 80501 | (303) 678-6286<br>infoRespite@bouldercounty.org          | <ul style="list-style-type: none"> <li>volunteer respite visitor program</li> <li>volunteers visit 2 hours 1x/wk</li> <li>provide breaks for family caregivers</li> </ul> |

### ADDITIONAL RESPITE LISTINGS (NOT NECESSARILY AFFILIATED WITH IA)

| HEALTH CARE CENTERS             |   |                              |              |
|---------------------------------|---|------------------------------|--------------|
| CONTACT PERSON                  | FACILITY                                | PHONE #                      | MINIMUM STAY |
| LORRAINE WILKERSON              | ALTAVITA MEMORY CARE (Longmont)         | 303-300-3700                 | none         |
| SHAWN CABREJA                   | APPLEWOOD LIVING CENTER (Longmont)      | 303-776-6081                 | none         |
| DEBBIE ASKEGREN                 | BALFOUR CHERRYWOOD VILLAGE (Louisville) | 303-604-2700                 | 7 days       |
| JEFF BAER                       | BOULDER MANOR (Boulder)                 | 720-202-0300                 | none         |
| LISA MCCULLUM & RACHELLE SNYDER | FRASIER MEADOWS (Boulder)               | 720-562-4419 or 720-562-4473 | 7 days       |
| NICOLE PILGER                   | HCR MANORCARE (Boulder)                 | 303-357-3321                 | none         |
| CHERYL NORTHUP                  | JUNIPER VILLAGE (Louisville)            | 303-665-3722                 | none         |
| JOLEEN MCGEE                    | LIFE CARE CENTER (Longmont)             | 303-776-5000                 | none         |
| REBECCA CALLEY                  | MESA VISTA (Boulder)                    | 303-442-4037                 | none         |
| ASSISTED LIVING FACILITIES      |   |                              |              |
| CANDY REIDEL                    | BALFOUR RETIREMENT COMMUNITY            | 303-926-1000                 | 14 days      |
| JEAN MENDEZ                     | HOVER COMMUNITY (Longmont)              | 303-772-9292 x203            | 7 days       |
| MICHELLE WILDERMAN              | BROSS STREET ASSISTED LIVING (Longmont) | 303-682-5095                 | none         |
| DEBBIE SETLOCK                  | CINAMMON PARK (Longmont)                | 303-772-2882                 | 7 days       |

**ASSISTED LIVING FACILITIES (cont'd)**

|                         |                                   |              |         |
|-------------------------|-----------------------------------|--------------|---------|
| ELLEN HENDERS           | GOLDEN WEST (Boulder)             | 303-938-0842 | none    |
| JANET CORNELL           | MILBROOK HOMES (Longmont)         | 303-220-7989 | 14 days |
| MELINDA NAVA or ED NAVA | SAFE HARBOR (Longmont)            | 303-776-4384 | none    |
| KATHYRN PRYOR           | STERLING HOUSE (Longmont)         | 303-682-1066 | none    |
| ROSE GILBRIDE           | SUNRISE ASSISTED LIVING (Boulder) | 720-406-1000 | 14 days |
| SHIRLEY MCNEFF          | THE BRIDGE (Longmont)             | 303-774-8255 | 30 days |
| CHRISTINE BESON         | THE LEGACY (Lafayette)            | 303-666-0691 | 3 days  |
| DIANE GOSS              | SUNRISE @ FLATIRONS (Broomfield)  | 303-466-2422 | 14 days |
| CHRIS BUTLER            | TIMBERLINE LODGE (Longmont)       | 303-776-7215 | none    |
| MONICA PERAGINE         | VILLAS AT THE ATRIUM (Boulder)    | 303-444-0200 | none    |
| GLORIA TEMPESTA         | ATRIA LONGMONT (Longmont)         | 303-678-5050 | 14 days |
| CAROLINE WERNER         | WYNWOOD AT RIDGE POINT (Boulder)  | 303-473-0333 | 7 days  |

**Typical placements**

- require minimum stay which may be negotiable
- require a primary physician orders prior to admission
- require a current history and physical by the physician
- cost the same as the private pay room rate; all fees are due on admission
- may require room hold fee to guarantee a vacancy is saved
- may be in shared or private room depending on what is available
- involve admission paperwork and may involve discharge paperwork
- become easier if a relationship is established with one facility for repeated use

INTERAGENCY

RESOURCE LIST: FAMILY & CAREGIVER SUPPORT SERVICES (not including Case Management, Day Care, Placement or Respite Services)

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED  |
|--|---|---|---|
| BETH BROWN ORNSTEIN                                    | COLORADO MEDIATION CENTER<br>4450 Arapahoe Ave, Ste 100<br>Boulder, CO 80303  | (303) 415-2042<br>beth@mediationnow.com<br>www.coloradomediationcenter.com                              | <ul style="list-style-type: none"> <li>• mediation services</li> <li>• common sense approach to facilitate communication &amp; prevent, manage &amp; resolve conflict stemming from issues arising as parents age or when there is a death in family</li> </ul>   |
| REVA TIFT, MA<br>(or under family & caregiver support) | ADVANCE HEALTH CARE DIRECTIVES<br>501 Pleasant Street<br>Boulder CO 80302   | (303) 444-0152<br>revatift@AHCDguidance.com<br>www.AHCDguidance.com                                     | <ul style="list-style-type: none"> <li>• consultation &amp; guidance through a process that details complex health care choices &amp; decisions related to aging &amp; end of life</li> <li>• personal guidance to address &amp; document details &amp; preferences for end of life health care issues</li> <li>• review decisions &amp; documents such as choice of Health Care Agent &amp; Durable Powers of Attorney</li> <li>• support in communication with family &amp; loved ones</li> </ul> |
| ANNE TOGHER  | CAREGIVER COACH<br>1816 W. 42nd Ave<br>Denver, CO 80211   | (720) 251-1743<br>anne.togher@caregivercoach.co<br>questions@caregivercoach.co<br>www.caregivercoach.co | <ul style="list-style-type: none"> <li>• caregiver support services</li> <li>• face-to-face, on-line &amp; telephone coaching</li> <li>• caregiver guidebooks</li> </ul>  |
| MARTIA CORIN   |   | martiacorin@yahoo.com   | <ul style="list-style-type: none"> <li>• caregiving support</li> <li>• advocacy</li> <li>• disability benefits</li> <li>• special interest in people with chronic neurological conditions</li> </ul>  |
| BOB SWEENEY  | CARROLL-LEWELLEN FUNERAL & CREMATION SERVICES<br>Foothills Gardens Of Memory Cemetery<br>503 Terry Street<br>Longmont, CO 80501 | (303) 776-4477<br>carroll-lewellen@comcast.net<br>www.carroll-lewellen.com                              | <ul style="list-style-type: none"> <li>• full service funeral home</li> <li>• offering traditional &amp; cremation options</li> <li>• funeral arrangement</li> <li>• burial arrangement</li> <li>• Veteran discounts available</li> </ul>   |

INTERAGENCY

RESOURCE LIST: FAMILY & CAREGIVER SUPPORT SERVICES (not including Case Management, Day Care, Placement or Respite Services)

| NAME                   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)                               | TYPE OF SERVICE PROVIDED   |
|------------------------|---|--|--|
| SENIOR RESOURCES STAFF | <p>BOULDER SENIOR CENTER<br/>West Senior Center<br/>909 Arapahoe Ave<br/>Boulder, CO 80302</p> <p>East Boulder Senior Center<br/>5660 Sioux Drive<br/>Boulder, CO 80303</p> | <p>(303) 441-4388</p> <p>East Center (303) 441-4150<br/>West Center (303) 441-3148</p> | <ul style="list-style-type: none"> <li>• caregiver support services</li> <li>• caregiver support consultation</li> </ul>   |
| INA RIFKIN             | <p>SUPPORT &amp; RESOURCE GROUP<br/>Golden West<br/>1055 Adams Circle<br/>Boulder, CO 80303</p>   | <p>(303) 554-5668</p>  | <ul style="list-style-type: none"> <li>• caregiver support groups via discussion, education &amp; sharing</li> <li>• meetings for spouses &amp; adult children</li> <li>• Tuesdays 4 - 6 p.m.</li> <li>• facilitated by senior peer counselors</li> <li>• call for more information &amp; to verify times</li> </ul> |

FOR ADDITIONAL SUPPORT GROUPS FOR ALZHEIMER'S & RELATED DEMENTIAS  
SEE LISTINGS UNDER "ALZHEIMER'S RESPOURCES"

## INTERAGENCY

### RESOURCE LIST: FINANCIAL & HEALTH INSURANCE SERVICES (including LTC insurance, reverse mortgages, VA & SS benefits, wealth mgmt, etc)

| NAME             | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)               | TYPE OF SERVICE PROVIDED  |
|------------------|--|--|---|
| MICHAEL BELLMONT | LONG-TERM CARE INSURANCE PROFESSIONALS<br>P.O. Box 28<br>Longmont, CO 80502        | (303) 678-9470<br>michael@LTC-pro.com<br>www.LTC-pro.com               | <ul style="list-style-type: none"> <li>specializing in long term care insurance</li> </ul>  |
| BOB GROENING     | AFFILIATED FINANCIAL GROUP<br>1525 Spruce Street, Ste 201<br>Boulder, CO 80302     | (303) 440-6900<br>bob@yourloanteam.com<br>www.afg-co.com/rgroening     | <ul style="list-style-type: none"> <li>mortgage advisor</li> <li>specializing in reverse mortgages</li> </ul>   |
| DAN HAWK         | EDWARD JONES<br>7960 Niwot Road, #B2<br>Niwot, CO 80503                            | (303) 652-4161<br>dan.hawk@edwardjones.com                             | <ul style="list-style-type: none"> <li>financial planning</li> </ul>  |
| CINDY HAWK       | HAWK INSURANCE SERVICES<br>6724 W 98 <sup>th</sup> Circle<br>Westminster, CO 80021 | (720) 201-6295<br>info@hawkinsuranceservices.com                       | <ul style="list-style-type: none"> <li>insurance services include:</li> <li>Medicare &amp; Medicaid</li> <li>final expenses for burial</li> <li>general health insurance</li> <li>LTC</li> <li>life insurance</li> <li>dental &amp; vision</li> </ul> |
| MICHAEL HOLLIDAY | BOULDER COUNTY VETERAN'S SVCS<br>4999 Pearl East Circle, #106<br>Boulder, CO 80302 | (303) 441-3890<br>mholliday@bouldercounty.org<br>www.bouldercounty.org | <ul style="list-style-type: none"> <li>assistance in applying for VA benefits &amp; services</li> <li>main areas: disability benefits, burial benefits, and dependent and survivors' benefits</li> <li>no charge</li> </ul>                           |
| FRANCIE SINTON   | GUARANTY BANK & TRUST CO<br>401 Main Street<br>Longmont, CO 80501                  | (303) 774-2984 (office)<br>frances.sinton@guarantybankco.com           | <ul style="list-style-type: none"> <li>full service banking &amp; financial services</li> <li>FREE Checking</li> <li>member FDIC</li> <li>Guaranty 50 Club (providing banking, activities &amp; trips for customers 50+)</li> </ul>                   |

INTERAGENCY

RESOURCE LIST: FINANCIAL SERVICES (including LTC insurance, reverse mortgages, wealth mgmt, etc)

| NAME               | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION (phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED   |
|--------------------|--|---|--|
| TERRY ROPER        | TRANSAMERICA FINANCIAL ADVISORS, INC<br>1444 E. 130th Drive<br>Thornton, CO 80241                  | (303) 931-2210<br>taroper55@msn.com<br>www.transamerica.com   | <ul style="list-style-type: none"> <li>• financial advisory services</li> <li>• building &amp; protecting assets</li> <li>• teach "six steps" to financial freedom</li> <li>• use same Active Money Management strategies as is used by financial institutions &amp; the wealthy</li> </ul>  |
| JENNIFER M. HANSON | HELPING HANDS CONSULTING<br>PO Box 851352<br>Westminster, CO 80035                                 | (303) 717-6082<br>(888) 849-4346<br>jennifer@helpinghandsconsultingllc.com<br>www.helpinghandsconsultingllc.com | <ul style="list-style-type: none"> <li>• navigating Long Term Care &amp; Medicaid process</li> </ul>   |
| BILL HOHS          | CARESPIRE LLC<br>11274 East Berry Drive<br>Englewood, CO 80111                                     | (303) 747-6295<br>bill@carespirevets.com  | <ul style="list-style-type: none"> <li>• assistance, consultation &amp; education in applying for VA pension for "Aid &amp; Assistance"</li> <li>• serves all parts of Denver- Boulder metro area &amp; nationally</li> </ul>  |
| CANDICE BAHNSON    | NEW YORK LIFE INSURANCE CO<br>1047 Morning Dove Drive<br>Longmont, CO 80504                        | (303) 775-5859<br>cbahnson@ft.newyorklife.com<br>www.candicebahnsn.nylagents.com                                | <ul style="list-style-type: none"> <li>• specializing in preserving assets in the</li> <li>• areas of: insurance planning; business planning; &amp; estate planning</li> </ul>   |
| HILARIE KAVANAGH   | AVALON INSURANCE & WEALTH STRATEGIES<br>1373 Forest Park Circle, Suite 102,<br>Lafayette, CO 80026 | (303) 665-5851<br>hilarie@myveteranbenefitcoach.com<br>hilarie@avaloninsurancegroup.com                         | <ul style="list-style-type: none"> <li>• guidance &amp; assistance to veterans &amp; surviving spouses apply &amp; qualify for VA Aid &amp; Attendance benefits</li> <li>• help veterans in "crisis" who need to apply immediately for VA benefits</li> <li>• guidance &amp; assistance in applying for Medicare</li> <li>• help people pre-plan for possible future need</li> </ul> |
|                    |  |   |  |

INTERAGENCY  
 RESOURCE LIST: HOME HEALTH & PERSONAL CARE SERVICES

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED   |
|--|--|---|--|
| AL CONDER  | FAMILY HOME HEALTH SVCS<br>1790 30 <sup>th</sup> Street, #304<br>Boulder, CO 80301 | (720) 274-5974<br>(303) 726-8908 (cell)<br>al@familyhomehealthservices.net  | <ul style="list-style-type: none"> <li>• medically based homecare</li> </ul>   |
| CATHY SWANSON  | HOMEWATCH CARE GIVERS<br>2945 Center Green Court, #D<br>Boulder, CO 80301          | (303) 444-1133<br>cathys@homewatchboulder.com<br>info@homewatchboulder.com<br>www.homewatchcaregivers.com/boulder | <ul style="list-style-type: none"> <li>• non-medical home care (all ages)</li> <li>• dementia &amp; respite care</li> <li>• post-surgical &amp; crisis care</li> <li>• accept private pay &amp; LTC insurance</li> </ul> |
| SONIA ROSEL (owner)<br><br>LYNN SHOVER<br>(marketing director) | RIGHT AT HOME<br>1455 Dixon Ave, Ste 110<br>Lafayette, CO 80026                    | (303) 604-2220<br>sonia@rahfr.com<br>info@rahfr.com<br>www.rahfr.com  | <ul style="list-style-type: none"> <li>• non-medical home care</li> </ul>  |
| AMY SANTELLO   | BAYADA NURSES HOME CARE<br>8670 Wolff Court, Ste 115<br>Westminster, CO 80031      | (303) 650-1700 (W)<br>(720) 837-0209 (C)<br>asantello@bayada.com  | <ul style="list-style-type: none"> <li>• skilled intermittent services including: PT, OT, RN</li> <li>• accept Medicare &amp; most insurances</li> </ul>   |
| WEST ROYBAL  | HOME HELPERS<br>1716 A North Main Street<br>Longmont, CO 80501                     | (303) 651-2267<br>west@homehelpers.cc<br>homehelpers.cc/boulder58368  | <ul style="list-style-type: none"> <li>• non-medical home care &amp; monitoring</li> </ul>   |
| JOYTI SHARP  | WINDHORSE FAMILY & ELDER CARE<br>3450 Penrose Place, Ste 240<br>Boulder, CO 80301  | (303) 545-2300<br>joyti@windhorsecare.com   | <ul style="list-style-type: none"> <li>• in-home elder care</li> </ul>   |
| TODD STORK   | DIGNITY CARE<br>1570 Lee Hill Drive, #7<br>Boulder, CO 80304                       | (303) 444-4040<br>(303) 557-6180<br>todd@dignitycare.com  | <ul style="list-style-type: none"> <li>• non-medical &amp; skilled home care</li> <li>• geriatric care</li> <li>• private pay</li> </ul>   |
| COLLEEN GRADY-YUSKEWICH  | BOULDER COMMUNITY HOME HEALTH<br>311 Mapleton Ave<br>Boulder, CO 80301             | (303) 441-0501<br>cgyuskewich@bch.org   | <ul style="list-style-type: none"> <li>• skilled home care including:</li> <li>• RN, PT, OT, SP, HHA</li> <li>• a Boulder Community Hospital svc</li> </ul>  |

## INTERAGENCY

### RESOURCE LIST: HOME HEALTH CARE & PERSONAL CARE SERVICES

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                      | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED  |
|--|---|---|---|
| GRANT STONE  | COMPLETE HOME HEALTH CARE<br>4909 Pearl East Circle, #104<br>Boulder, CO 80301  | (303) 441-5272<br>(303) 775-5207<br>grants@HHC.com<br>www.completehhc.com   | <ul style="list-style-type: none"> <li>• skilled (medically based) &amp; non-skilled homecare</li> <li>• accept Medicare, Medicaid &amp; most insurances</li> </ul>   |
| ARMIDA FIERRO  | PLAN B HOME CARE SERVICES<br>P.O. Box 6442<br>Longmont, CO 80501                | (720) 652-9078<br>planbhomecare1630@msn.com<br>www.PlanBHomeCare.com  | <ul style="list-style-type: none"> <li>• non-medical home care (all ages)</li> <li>• dementia &amp; respite care</li> <li>• post-surgical &amp; crisis care</li> <li>• private pay only</li> </ul>                          |
| HELENA KRIEGER   | ALL THE COMFORT OF HOME<br>5290 E Yale Circle, Ste 200<br>Denver, CO 80222      | (303) 346-1292<br>helena@allthecomfortofhome.net<br>http://allthecomfortofhome.net  | <ul style="list-style-type: none"> <li>• personal care</li> <li>• companionship care</li> <li>• dementia care</li> </ul>  |
| JOBKEY KING  | COMFORT KEEPERS OF BOULDER<br>4730 Walnut Street, Ste. 212<br>Boulder, CO 80301 | (303) 447-2008<br>jobeyking@comfortkeepers.com<br>www.comfortkeepers.com<br>www.interactivecaregiving.com                             | <ul style="list-style-type: none"> <li>• Interactive Caregiving™</li> <li>• dementia - Alzheimer's care</li> </ul>  |
| PETEY WEBSTER  | VISITING ANGELS<br>526 Briggs Street, #C<br>PO Box 410<br>Erie, CO 80516        | (303) 828-2664<br>pwebster@visitingangels.com<br>www.visitingangels.com/longmont  | <ul style="list-style-type: none"> <li>• non-medical homecare</li> <li>• hourly starting w/2 hr care</li> <li>• live-in (24/7)</li> <li>• dementia &amp; respite care</li> <li>• private pay &amp; LTC insurance</li> </ul> |
| INGA JERMAINE (owner)<br><br>KATHLEEN WILSON<br>(care coordinator) | ALWAYS BEST CARE OF BOULDER COUNTY<br>415 Coffman Street<br>Longmont, CO 80501  | (720) 494-8407<br>(720) 494-8409(fax)<br>ijermaine@abc-seniors.com<br>kwilson@abc-seniors.com<br>www.alwaysbestcare-bouldercounty.com | <ul style="list-style-type: none"> <li>• in-home non-medical care</li> <li>• assisted living placement</li> </ul>   |
| RYAN GUNDERSON   | SYNERGY HOMECARE<br>357 McCaslin Blvd, Ste 200<br>Louisville, CO 80027          | (720) 263-6060<br>ryan@synergyboulderdenver.com<br>www.synergyhomecare.com  | <ul style="list-style-type: none"> <li>• 1-on-1 care wherever clients call home</li> <li>• Dementia Care</li> <li>• supplemental support in care communities</li> </ul>   |

# INTERAGENCY

## RESOURCE LIST: HOME REPAIR, MAINTENANCE, ORGANIZATION & ADAPTATION SERVICES

| NAME                            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED  |
|---------------------------------|--|---|---|
| CAROL UMSTEAD<br>LAURA UPHAM    | BOULDER COUNTY CARECONNECT<br>951 Arapahoe Ave, #10<br>Boulder, CO 80302                       | (303) 443-1933<br>carolumstead@careconnectbc.org<br>lauraupham@careconnectbc.org<br>www.careconnectbc.org | <ul style="list-style-type: none"> <li>• "fix-It" program               <ul style="list-style-type: none"> <li>➢ volunteer home repair services</li> <li>➢ home accessibility assistance</li> <li>➢ volunteer snow removal coordination</li> </ul> </li> </ul>  |
| ANDREA MARSHALL                 | THE OFFICE DOCTOR<br>P.O. Box 20032<br>Boulder, CO 80308                                       | (303) 668-7030<br>andreacmarshall@aol.com   | <ul style="list-style-type: none"> <li>• home and office organizing,</li> <li>• relocation assistance packing/unpacking)</li> <li>• bereavement organizing (dealing with a loved one's belongings after a loss)</li> <li>• assisting with paperwork(mail/bills/etc)</li> </ul>                        |
| KAREN McAVINEW                  | POSITIVE TRANSITIONS DESIGN<br>229 Lois Drive<br>Louisville, CO 80027                          | (720) 231-9615<br>karmac337@msn.com<br>www.positivetransitionsdesigns.com                                 | <ul style="list-style-type: none"> <li>• kitchen &amp; bath design for ease of use</li> <li>• emphasis on helping seniors remain in their home</li> </ul>   |
| JACKI MYERS                     | BOULDER SENIOR SERVICES<br>East Boulder Senior Center<br>5660 Sioux Drive<br>Boulder, CO 80303 | (303) 441-4388  | <ul style="list-style-type: none"> <li>• "piles to files" program</li> </ul>  |
| JOYCE WILSON                    | I CAN HELP YOU ORGANIZE<br>1842 Spruce Street, Unit B<br>Boulder, CO 80302                     | (303) 929-5196<br>joyce@icanhelpyouorganize.com<br>www.icanhelpyouorganize.com                            | <ul style="list-style-type: none"> <li>• moving assistance (packing &amp; unpacking)</li> <li>• help downsize, declutter &amp; donate</li> <li>• help w/organizing records &amp; documents</li> <li>• personal assistant for shopping &amp; administrative tasks of life</li> </ul>                   |
| BART WINDRUM                    | MAN AROUND THE HOUSE<br>3855 Telluride Place<br>Boulder CO 80305-7219                          | (303) 499-8120<br>Bart@AxiomAction.com  | <ul style="list-style-type: none"> <li>• home repair</li> <li>• "niche fixes"</li> <li>• inventive solutions to annoying problems</li> </ul>  |
| KENNA QUILLER, M.A.<br>CMC, HPT | HUDSON INTEGRATIVE HEALTH + HOME<br>1200 28th Street, S-100<br>Boulder, CO 80303               | (303) 442-6380<br>kenna@hudsonhealthplushome.com  | <ul style="list-style-type: none"> <li>• adapt, modify &amp; remodel homes</li> <li>• safety, adaptability &amp; modification assessments</li> <li>• interior &amp; exterior maintenance &amp; repair</li> <li>• seasonal maintenance program</li> <li>• class A Contractor/CAPS certified</li> </ul> |

INTERAGENCY

RESOURCE LIST: HOME REPAIR, MAINTENANCE, ORGANIZATION & ADAPTATION SERVICES

| NAME                                 | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                | CONTACT INFORMATION (PHONE # / EMAIL / FAX / WEBSITE)                         | TYPE OF SERVICE PROVIDED   |
|--------------------------------------|---|---|--|
| MARION MACKAY                        | MACKAY DESIGN<br>42 Mountain King Road<br>Boulder, Colorado 80302         | (303) 442-2805<br>lionsridge@earthlink.net<br>www.mackaydesignstudio.com      | <ul style="list-style-type: none"> <li>• remodel existing home to address comfort for current &amp; future lifestyle &amp; needs</li> <li>• design space to address Universal Design principals, safety, personal taste &amp; aesthetics whether remodeling or moving to retirement, IL or AL community</li> <li>• photograph existing furnishings &amp; help decide what &amp; where to place furnishings</li> <li>• provide 3-dimensional renderings allowing one to see what the home will look &amp; feel like before move in</li> </ul> |
| NANCY DILLINGER, MOT, OTR, SCEM, ATP | LIVELIFE@HOME, LLC<br>1560 Milwaukee Street, Unit 340<br>Denver, CO 80206 | (303) 775-4984<br>nancydillinger1@gmail.com<br>www.denverhomemodification.com | <ul style="list-style-type: none"> <li>• comprehensive functional assessment</li> <li>• assistive technology assessment</li> <li>• emergency transition from hospital to home assessment</li> </ul>  |
|                                      |   |   |  |
|                                      |   |   |  |
|                                      |   |   |  |

INTERAGENCY  
RESOURCE LIST: HOSPICE & PALLIATIVE CARE SERVICES

| NAME            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)                          | TYPE OF SERVICE PROVIDED   |
|-----------------|---|---|--|
| SHANNON BACON   | FRONT RANGE HOSPICE<br>685 Briggs Street, Ste 200<br>PO Box 724<br>Erie, CO 80516           | ((303) 957-3101 (w)<br>(720) 353-0173 (c)<br>shannon.bacon@frhospice.com          | <ul style="list-style-type: none"> <li>• hospice</li> </ul>  |
| JUDY BERNSTEIN  | HALCYON HOSPICE & PALLIATIVE CARE<br>685 Briggs Street, #200<br>Erie, CO 80516              | (303) 329-0870 or (303) 548-4951<br>jbernstein@halcyonhospice.org                 | <ul style="list-style-type: none"> <li>• hospice</li> </ul>  |
| LAURA DEGROOT   | HOSPICE CARE OF BOULDER & BROOMFIELD<br>2594 Trailridge Drive East<br>Lafayette, CO 80026   | (303) 449-7740 (w)<br>(720) 837-5761 (cell)<br>lauradegroot@hospicecareonline.org | <ul style="list-style-type: none"> <li>• non-profit hospice care</li> <li>• grief education and services</li> </ul>                                      |
| REBECCA HAZLITT | HEARTWINGS<br>608 MacGregor Ave<br>Estes Park, CO 80517                                     | (970) 372-9724<br>rebhaz2@hotmail.com   | <ul style="list-style-type: none"> <li>• music thanatologist</li> <li>• harp &amp; voice @ bedside of dying</li> <li>• independent contractor</li> </ul> |
| ROBIN OSBORNE   | EVERCARE HOSPICE & PALLIATIVE CARE<br>6455 S Yosemite Street, 6th Fl<br>Englewood, CO 80111 | (303) 502-6507  | <ul style="list-style-type: none"> <li>• hospice &amp; palliative care</li> <li>• Evercare is part of United Healthcare</li> </ul>                       |
| JENNA YOUNG     | AGAPE HEALTHCARE<br>6041 S Syracuse Way, Ste 220<br>Greenwood Village, CO 80111             | (720) 482-1988<br>(720) 482-1990 (fax)<br>jyoung@agape-healthcare.com             | <ul style="list-style-type: none"> <li>• hospice &amp; palliative care</li> </ul>  |
| GINNY WALKER    | FAMILY HOSPICE<br>1390 30th Street, Ste 308<br>Boulder, CO 80301                            | (303) 440-0205<br>ginnywalker@familyhospice.net<br>www.familyhospice.com          | <ul style="list-style-type: none"> <li>• hospice &amp; palliative care</li> </ul>  |

INTERAGENCY

RESOURCE LIST: HOUSING (including Residential Communities/Facilities)  
(not including Placement Services)

| NAME  | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                               | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED   |
|---|--|---|--|
| ANDE BERNTHAL   | THE ACADEMY<br>970 Aurora Ave<br>Boulder, CO 80302                       | (303) 938-1920<br>ande@theacademyboulder.com<br>www.theacademyboulder.com   | <ul style="list-style-type: none"> <li>• independent living</li> <li>• assisted living</li> </ul>  |
| SANDY CHRISTIANSEN<br><br>CANDY RIEDEL<br><br>KRISTINE WERT | BALFOUR RETIREMENT COMMUNITY<br>1855 Plaza Drive<br>Louisville, CO 80027 | (303) 926-1000<br>schristens@balfourcare.com<br>(executive director)<br><br>criedel@balfourcare.com<br>(lead new resident advisor)<br><br>kwert@balfourcare.com<br>(new resident advisor) | full continuum of care including: <ul style="list-style-type: none"> <li>• independent living</li> <li>• assisted living</li> <li>• memory care</li> <li>• skilled care</li> </ul>   |
| HEATHER NICHOLS   | BOULDER MANOR<br>4685 E Baseline Road<br>Boulder, CO 80303               | (303) 554-2224<br>hwnichols@savasc.com  | <ul style="list-style-type: none"> <li>• skilled nursing</li> <li>• specializing in complex medical cases</li> <li>• programs include: <ul style="list-style-type: none"> <li>➢ rehabilitation (PT, OT, ST)</li> <li>➢ long-term care</li> <li>➢ hospice care</li> <li>➢ respite care</li> </ul> </li> </ul> |
| HEATHER KAMTZ   | BOULDER MERIDIAN<br>801 Gillaspie Drive<br>Boulder, CO 80305             | (303) 494-3900<br>hkamtz@horizonbay.com<br>www.horizonbay.com   | <ul style="list-style-type: none"> <li>• independent living</li> </ul>   |
| LYNNE FOLEY<br><br>TAMMY FORD<br><br>JUDY MORELL            | THE CARILLON @ BOULDER CREEK<br>2525 Taft Drive<br>Boulder, CO 80302     | (720) 565-6844<br>(720) 565-6845<br>lfoley@leisurecare.com<br><br>tford@leisurecare.com<br><br>jmorell@leisurecare.com<br>www.thecarillonatbouldercreek.com                               | <ul style="list-style-type: none"> <li>• independent living</li> <li>• all apartments licensed for assisted living as well</li> </ul>  |

INTERAGENCY

RESOURCE LIST: HOUSING (including Residential Communities/Facilities)  
(not including Placement Services) (720) 562-4372

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED   |
|--|--|---|--|
| DEBBIE SETLOCK   | CINNAMON PARK<br>1335 Cinnamon Street<br>Longmont, CO 80501                                | (303) 772-2882<br>(303) 931-5556 (cell)<br>cinnamon@seniorhousingoptions.org  | <ul style="list-style-type: none"> <li>• assisted living</li> <li>• Medicaid accepted</li> </ul>   |
| LISA McCOLLUM<br>LINDA TUBER   | FRASIER MEADOWS<br>350 Ponca Place<br>Boulder, CO 80303                                    | (720) 562-4419<br>lmccollum@frasiermeadows.org<br><br>(720) 562-4372  | continuum of care including: <ul style="list-style-type: none"> <li>• independent living</li> <li>• assisted living</li> <li>• skilled nursing</li> </ul>  |
| MARGIE FREEDMAN<br>(resident coordinator)<br><br>MAEGAN BALL<br>(development coordinator)<br><br>KYLE TABOR<br>(sales) | GOLDEN WEST<br>1055 Adams Circle<br>Boulder, CO 80303                                      | www.gwboulder.org<br>(303) 939-0876<br>mfreedman@gwboulder.org<br><br>mball@gwboulder.org<br><br>(303) 939-0890<br>ktabor@gwboulder.org | <ul style="list-style-type: none"> <li>• independent living</li> <li>• assisted living</li> <li>• not-for-profit</li> <li>• Medicaid &amp; section 8 accepted</li> <br/> <li>• donor fundraising</li> <li>• grant writing</li> <li>• special events</li> </ul> |
| CHERYL NORTHUP   | JUNIPER VILLAGE @ LOUISVILLE<br>1078 South 88 <sup>th</sup> Street<br>Louisville, CO 80027 | (303) 665-3722<br>cheryl.northup@junipercommunities.com   | <ul style="list-style-type: none"> <li>• assisted living &amp; memory care</li> <li>• specialize in dementia including Alzheimer's</li> </ul>  |
| CHRISTINE BENSON   | THE LEGACY @ LAFAYETTE<br>225 Wanaka Parkway<br>Lafayette, CO 80026                        | (303) 666-0691<br>thelegacyadministrator@comcast.net  | <ul style="list-style-type: none"> <li>• assisted living</li> </ul>  |
| BECCA COWLEY   | MESA VISTA OF BOULDER<br>2121 Mesa Drive<br>Boulder, CO 80304                              | (303) 442-4037 ext 102<br>becca_cowley@yahoo.com  | <ul style="list-style-type: none"> <li>• nursing home</li> <li>• long term care</li> <li>• rehab</li> </ul>  |
| MONICA PERAGINE  | VILLAS AT THE ATRIUM<br>3350 30 <sup>th</sup> Street<br>Boulder, CO 80301                  | (303) 444-0200<br>mperagine@brookdaleliving.com   | <ul style="list-style-type: none"> <li>• independent living</li> </ul>   |

INTERAGENCY

RESOURCE LIST: HOUSING (including Residential Communities/Facilities)  
(not including Placement Services)

| NAME            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED  |
|-----------------|---|--|---|
| BARBARA REED    | SUNRISE AT FLATIRONS<br>400 Summit Blvd<br>Broomfield, CO 80021                         | (303) 466-2422<br>Flatlrns.DCR3@SunriseSeniorLiving.com<br>www.sunriseflatirons.com  | continuum of care including: <ul style="list-style-type: none"> <li>• independent &amp; assisted living</li> <li>• dementia care</li> </ul> |
| ROSE GILBRIDE   | SUNRISE ASSISTED LIVING OF BOULDER<br>3955 28 <sup>th</sup> Street<br>Boulder, CO 80301 | (720) 406-1000<br>boulder.dor@sunriseseniorliving.com  | <ul style="list-style-type: none"> <li>• assisted living</li> <li>• secured assisted living for memory care</li> </ul>                      |
| CAROLINE WERNER | WYNWOOD AT RIDGE POINT<br>3375 34th Street<br>Boulder, CO 80301-1987                    | 303-473-0333<br>cwerner@brookdaleliving.com  | <ul style="list-style-type: none"> <li>• assisted living</li> </ul>   |
| NICOLE PILGER   | HCR MANORCARE<br>2800 Palo Parkway<br>Boulder, CO 80301                                 | (303) 440-9100 (main #)<br>(303) 357-3321 (direct #)<br>(303) 358-4133 (on call #)<br>398admiss@hcr-manorcare.com<br>www.hcr-manorcare.com | <ul style="list-style-type: none"> <li>• long term care</li> <li>• rehabilitation (OT, PT &amp; SP)</li> </ul>                              |
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|                 |   |  |   |

## INTERAGENCY

### RESOURCE LIST: LEGAL & MEDIATION SERVICES (including guardianship and conservatorship services)

| NAME                               | NAME & ADDRESS OF BUSINESS OR ORGANIZATION   | CONTACT INFORMATION<br>(phone # / email / fax / website)                         | TYPE OF SERVICE PROVIDED   |
|------------------------------------|--|--|--|
| BRANDON FIELDS,<br>ATTORNEY-AT-LAW | BRANDON J. FIELDS, P.C.<br>2595 Canyon Blvd, Ste 330<br>Boulder, CO 80302                | (303) 449-5602<br>brandon@elderlawboulder.com<br>http://www.elderlawboulder.com  | <ul style="list-style-type: none"> <li>• elder law</li> <li>• estate planning</li> <li>• disability</li> <li>• probate</li> <li>• business law</li> </ul>  |
| DANIEL KAPSAK,<br>ATTORNEY-AT-LAW  | KAPSAK LAW FIRM LLC<br>1610 Hover Road, Ste 203<br>Longmont, CO 80501                    | (303) 651-9330 dkapsak@kapsaklaw.com<br>www.kapsaklaw.com                        | <ul style="list-style-type: none"> <li>• elder law</li> <li>• estate planning</li> <li>• Medicaid planning</li> <li>• business planning</li> <li>• real estate</li> </ul>  |
| MARTHA MESHAK                      | ELDER RESOURCES, INC.<br>P.O. Box 271271<br>Louisville, CO 80027                         | (303) 521-9814<br>mmeshak@q.com  | <ul style="list-style-type: none"> <li>• paralegal services</li> <li>• conservatorship</li> <li>• financial powers of attorney</li> <li>• assistance relating to decedent estates</li> </ul>   |
| BETH ORNSTEIN                      | COLORADO MEDIATION CENTER, LLC<br>4450 Arapahoe Ave, Ste 100<br>Boulder, CO 80303        | (303) 415-2042<br>beth@mediationnow.com<br>www.coloradomediationcenter.com       | <ul style="list-style-type: none"> <li>• mediation &amp; arbitration</li> <li>• a common sense approach to prevent, manage and resolve conflict stemming from issues that arise as parents age or when there is a death in the family</li> </ul> |
| SANDY TOBIN, MSW                   | VINCENT, ROMEO & RODRIGUEZ, LLC<br>1070 W Century Drive, Ste 200<br>Louisville, CO 80027 | (303) 604-6030<br>stobin@elderlawcolorado.com                                    | <ul style="list-style-type: none"> <li>• elder law</li> </ul>  |
| PEGGY ALTSCHULER                   | LEGAL SHIELD   | (720) 280-1068<br>peggyalt@gmail.com<br>www.prepaidlegal.com/hub/peggygoehringer | <ul style="list-style-type: none"> <li>• pre-paid legal services</li> </ul>  |

INTERAGENCY

RESOURCE LIST: MEDICAL SERVICES (including MD, DO, Neuropsychology, Audiology, Optometry, etc)  
(not including Mental Health)

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED  |
|--|---|---|---|
| <p>BRAIN MATHWICH, MD</p> <p>RICHARD GIANZERO<br/>(business development)</p> | <p>HOUSE CALL PHYSICIANS<br/>164 Primrose Court<br/>Longmont, CO 80501</p>                            | <p>(303) 532-4171</p> <p>(720) 378-3611<br/>rgianzero@hcphysicians.com<br/>www.hcphysicians.com</p>                 | <p>PRIMARY CARE MEDICINE</p> <ul style="list-style-type: none"> <li>• “bringing the doctor’s office to you”</li> <li>• provide in-home medical care</li> <li>• including private homes, IL &amp; AL facilities</li> </ul>   |
| <p>MICHELLE WINSTON, PSY.D.</p>  | <p>DR. MICHELLE WINSTON<br/>2955 55th Street, #21405<br/>Boulder, CO 80301</p>                        | <p>(303) 444-1655<br/>mcwinston.psyd@comcast.net</p>  | <p>NEUROPSYCHOLOGIST<br/>specializing in:</p> <ul style="list-style-type: none"> <li>• consultation &amp; evaluations regarding aging, memory disorders, dementia &amp; differential between psychological and neurodegenerative disorders</li> <li>• competency &amp; capacity evaluations</li> <li>• brain fitness</li> </ul> |
| <p>KARIMA THOBANI, BC-HIS</p> <p>CHRISTOPHER SCHWEITZER, PhD</p>             | <p>FAMILY HEARING CENTER<br/>3059 Walnut Street<br/>Boulder, CO 80301</p>                             | <p>(303) 443-5085<br/>karima@familyhearingco.com</p> <p>christopher@familyhearingco.com<br/>helpuhear@gmail.com</p> | <p>AUDIOLOGIST</p> <ul style="list-style-type: none"> <li>• providing office as well as in-home svc (including IL, AL &amp; NH)</li> <li>• serving Boulder, Broomfield, Lafayette &amp; Estes Park</li> <li>• accepts Medicare &amp; most other insurance</li> </ul>  |
| <p>COLLEEN YUSKEWICH</p>   | <p>AUDIOLOGY SERVICES @<br/>BOULDER COMMUNITY HOSPITAL<br/>311 Mapleton Ave<br/>Boulder, CO 80301</p> | <p>(303) 441-0501<br/>cgyuskewich@bch.org</p>   | <ul style="list-style-type: none"> <li>• diagnostic &amp; hearing evaluations</li> <li>• hearing aids</li> </ul>  |
|  |   |   |   |

INTERAGENCY  
RESOURCE LIST: MENTAL HEALTH SERVICES

| NAME                    | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)            | TYPE OF SERVICE PROVIDED   |
|-------------------------|---|---|--|
| LAUREN GOLDSMITH, PhD   | DR. LAUREN GOLDSMITH<br>3445 Penrose Place, Ste 250<br>Boulder, CO 80301          | (303) 444-4496<br>lrgoldsmith@mindspring.com<br>laurengoldsmith.com | <ul style="list-style-type: none"> <li>• psychologist</li> <li>• psychotherapy re: adjustment to health &amp; medical conditions</li> <li>• geared towards individuals &amp; caregivers</li> <li>• psychological testing for surgical readiness</li> <li>• aiding in navigation &amp; understanding of medical system</li> <li>• accepting Medicare</li> </ul> |
| GAIL LOVELAND           | HAVEN BEHAVIORAL SENIOR CARE<br>8451 Pearl Street<br>Thornton, CO 80229           | (303) 638-0305<br>gail.loveland@havenbehavioral.com                 | <ul style="list-style-type: none"> <li>• inpatient psychiatric program</li> <li>• serving 55 and over population</li> <li>• provide evaluation, behavioral treatment</li> <li>• and stabilization</li> </ul>   |
| JOYTI SHARP, MA         | WINDHORSE FAMILY & ELDER CARE<br>3450 Penrose Place, Ste 240<br>Boulder, CO 80301 | (303) 786-9313<br>joyti@windhorse.com                               | <ul style="list-style-type: none"> <li>• home based mental health services</li> </ul>  |
| HALEH NEKOORAD-LONG, MD | ALTA VITA MEMORY CARE CTR<br>800 S Fordham Street<br>Longmont, CO 80503           | (303) 682-9197<br>halehnekoorad@hotmail.com                         | <ul style="list-style-type: none"> <li>• geropsychiatrist</li> <li>• medication consultation &amp; management</li> <li>• accepting Medicare</li> </ul>   |
| JOANNE NEIMAN, MA, LPC  | JOANNE NEIMAN, MA, LPC<br>1634 Walnut Street, Ste 221<br>Boulder, CO 80302        | (303) 442-4676<br>joanne@ecentral.com<br>www.joanne-neiman.com      | <ul style="list-style-type: none"> <li>• psychotherapist</li> <li>• provide support for family caregivers, elders &amp; families</li> <li>• provide help for individuals with chronic, acute, or terminal illness &amp; their families</li> </ul>  |
| BRENNAN MARS, PSY.D.    | DR. BRENNAN MARS<br>4800 Baseline Road, Ste E104<br>Boulder, CO 80303             | (303) 358-4603  | <ul style="list-style-type: none"> <li>• psychologist</li> <li>• specializing in work with older adults</li> <li>• accept Medicare</li> </ul>  |

INTERAGENCY  
 RESOURCE LIST: MOVING & RELOCATION & REALTY SERVICES

| NAME           | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)                                    | TYPE OF SERVICE PROVIDED   |
|----------------|---|---|--|
| SARAH GABRIELE | A PLACE FOR EVERYTHING<br>9457 S University Blvd, #723<br>Highlands Ranch, CO 80126   | (303) 526-5357 (w)<br>(303) 656-5354 (cell)<br>sg@apfe.co<br>www.aplaceforeverything.co     | <ul style="list-style-type: none"> <li>• senior move management</li> <li>• organizing, rightsizing &amp; moving</li> <li>• services for seniors</li> <li>• “getting you from where you are to where you need to be”</li> </ul>   |
| MICHELE COHEN  | WALNUT REALTY<br>1911 11 <sup>th</sup> Street, #107<br>Boulder, CO 80302  | (303) 931-7901<br>info@boulder-realestate.net   | <ul style="list-style-type: none"> <li>• senior real estate specialist</li> <li>• senior housing resource</li> </ul>   |
| JIM MURPHY     | GOLDEN VAN LINES<br>ATLAS INTERSTATE AGENT<br>111 South Pratt Parkway<br>Longmont, CO 80502   | (303) 776-3882 (w)<br>(970) 397-5728 (cell)<br>goldenvanlines.com<br>www.goldenvanlines.com | <ul style="list-style-type: none"> <li>• full service moving &amp; storage</li> </ul>  |
| LUANN PESONEN  | PEOPLE HELPERS, LTD<br>P.O. Box 7332<br>Broomfield, CO 80021  | (303) 420-2900<br>info@peoplehelpersltd.com<br>www.peoplehelpersltd.com                     | <ul style="list-style-type: none"> <li>• senior relocations</li> <li>• transition &amp; moving</li> <li>• aging-in-place assistance</li> </ul>   |
| MIMI TUGAOEN   | PROJECT RELO & COLDWELL BANKER<br>RESIDENTIAL BROKERAGE<br>2861 W. 120th Ave, Ste 200<br>Westminster, CO 80234<br><br>*satellite offices in: Boulder & Longmont | (303) 931-2977<br>Mimi@ProjectRelo.com<br>www.ProjectRelo.com                               | <ul style="list-style-type: none"> <li>• senior real estate specialist</li> <li>• advise &amp; coordinate senior home sales &amp; moves in &amp; out of state</li> <li>• assist &amp; coordinate senior home sales or home purchases out of state, nationwide &amp; worldwide</li> <li>• specialize in advising &amp; helping seniors with distressed home sale situations w/strategic home preparation &amp; improvement</li> </ul> |

INTERAGENCY

RESOURCE LIST: PLACEMENT SERVICES (NOT including other Resource, Referral or Case Management Services or actual Housing options such as Residential Communities/Facilities)

| NAME             | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)                               | TYPE OF SERVICE PROVIDED   |
|------------------|---|--|--|
| MARNIE MAROLT    | ALL ABOUT SENIORS, INC<br>PO Box 3379<br>Denver, CO 80233                             | (720) 837-6306<br>www.allaboutseniorsinc.net   | <ul style="list-style-type: none"> <li>• assessments</li> <li>• placements</li> <li>• referrals</li> </ul>                   |
| CONNIE PARENTEAU | SENIOR LIVING OPTIONS<br>13759 Madison Street<br>Thornton, CO 80602                   | (720) 732-3297<br>www.SLOptions.com  | <ul style="list-style-type: none"> <li>• assessments</li> <li>• placements</li> <li>• referrals</li> </ul>                   |
| CHRISTINE MILLER | HEARTS AND HOMES FOR SENIORS<br>2095 Heron Court<br>Longmont, CO 80503                | (303) 519-1889<br>lifecoachchristine@gmail.com<br>http://heartsandhomesforseniors.com/ | <ul style="list-style-type: none"> <li>• senior care liaison</li> <li>• residence assessment</li> <li>• placement</li> </ul> |
| GINNY WALKER     | SENIOR SOLUTIONS<br>2717 Mountain View Ave<br>Longmont, CO 80503                      | (303) 775-1629<br>seniorsolutions@q.com  | <ul style="list-style-type: none"> <li>• placement</li> <li>• senior care liaison</li> </ul>                                 |
| MARY BOCK        | SENIOR HOUSING & CARE OF COLORADO<br>12650 W 64th Ave, Unit E-187<br>Arvada, CO 80004 | (303) 514-5468<br>mary@seniorhcc.com<br>www.seniorhcc.com                              | <ul style="list-style-type: none"> <li>• placement</li> </ul>  |
|                  |   |  |  |
|                  |   |  |  |
|                  |   |  |  |

## INTERAGENCY

### RESOURCE LIST: PRODUCTS & PUBLICATIONS & ENRICHMENT PROGRAMS

| NAME                     | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED  |
|--------------------------|---|--|---|
| ZANE ROBERTSON           | ACTIVE MINDS<br>990 Krameria Street<br>Denver, CO 80220   | (303) 320-7652<br>Zane@ActiveMindsForLife.com<br>www.ActiveMindsForLife.com                            | <ul style="list-style-type: none"> <li>• community based educational programs to seniors and adults</li> <li>• topics range from international affairs to history (locally and beyond), poetry, music, politics and more</li> <li>• programs can be set up at senior residential communities as well as community based venues such as library, recreation centers &amp; book stores</li> </ul> |
| MICHELLE WINSTON, PSY.D. | DR. MICHELLE WINSTON<br>2955 55th Street, #21405<br>Boulder, CO 80301                             | (303) 444-1655<br>mcwinston.psyd@comcast.net   | <ul style="list-style-type: none"> <li>• brain fitness clinics</li> <li>• for older adults who want to reduce or defend against memory &amp; cognitive decline, stay sharp into their latter years, or experiencing increasing forgetfulness &amp; difficulty with attention, remembering names or finding words</li> </ul>   |
| JOAN RADERMAN            | CIRCLE OF CARE<br>1202 Folsom Street<br>Boulder, CO 80302<br><br>PO Box 4204<br>Boulder, CO 80306 | (303) 449-8884<br>joan@circleofcareproject.org<br>www.circleofcareproject.org                          | <ul style="list-style-type: none"> <li>• elder enrichment programs</li> <li>• providing accessibility to the arts, education and social/civic opportunities</li> <li>• for homebound elder, senior facility residents and older adults with physical, cognitive and financial challenges</li> </ul>   |
| ANNE FIEST               | SENIOR RESOURCE GUIDE   | (303) 886-8169<br>thefeistnetwork@gmail.com<br>www.seniorsresourceguide.com<br>www.thefeistnetwork.com | <ul style="list-style-type: none"> <li>• senior market media consultant with B2B &amp; B2C connections</li> <li>• Certified Senior Advisor (CSA)</li> <li>• Accredited Staging Professional (ASP)</li> <li>• director of Colorado Senior Advisors (mission being to help older adults through educational events &amp; connections w/professional resources)</li> </ul>                         |

# INTERAGENCY

## RESOURCE LIST: PRODUCTS & PUBLICATIONS & ENRICHMENT PROGRAMS

| NAME                            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                       | CONTACT INFORMATION<br>(phone # / email / fax / website)                       | TYPE OF SERVICE PROVIDED  |
|---------------------------------|--|--|---|
| LAURA UPHAM                     | CARE CONNECT<br>951 Arapahoe Ave, #10<br>Boulder, CO 80302                       | (303) 443-1933<br>lauraipham@careconnectbc.org<br>www.careconnectbc.org        | <ul style="list-style-type: none"> <li>produce the Boulder County CareConnect quarterly newsletter (for volunteers, clients &amp; donors)</li> </ul>  |
| CAROLYN GUNN-BUTNER<br>SUE GUNN | COMMUNICATE AND GROW, INC.<br>13865 Leyden Street<br>Thornton, CO 80602          | (303) 473-1905<br>carolyn@communicateandgrow.com<br>www.communicateandgrow.com | <ul style="list-style-type: none"> <li>produce the Boulder Senior Services Magazine</li> <li>full-service marketing &amp; creative agency</li> <li>offering custom brochures, newsletters, web sites, Facebook pages &amp; company branding</li> </ul>                                      |
| ELLEN STEINER                   | IN YOUR OWN WORDS ORAL HISTORIES   | (720) 771-8558<br>info@inyourownwords.co<br>www.inyourownwords.co              | <ul style="list-style-type: none"> <li>creating &amp; transferring oral histories to CD &amp; MP3</li> <li>for personal &amp; family use or as gifts</li> </ul>   |
| DON WALKER                      | SENIORTECH OF COLORADO   | (720) 480-6636<br>don@seniortech.co<br>www.SeniorTech.co                       | <ul style="list-style-type: none"> <li>computer literacy classes</li> <li>in-home computer training/tutoring</li> <li>on-site computer set-up, repairs and upgrades</li> </ul>  |
| STEVE ALTSCHULER                | OASIS INTERIORS<br>Boulder County  | (720) 494-0562<br>oaswins@aol.com<br>www.oasiswins@aol.com                     | <ul style="list-style-type: none"> <li>Hunter Douglas window coverings</li> </ul>   |
| MIKE BEFLER                     | MIKE BEFLER<br>890 Cypress Drive<br>Boulder, CO 80303                            | (303) 499-1059<br>mikebef@aol.com  | <ul style="list-style-type: none"> <li>author</li> <li>murder mysteries focusing on older adults and older adult issues</li> </ul>  |
| KENNA QUILLER, M.A.<br>CMC, HPT | HUDSON INTEGRATIVE HEALTH + HOME<br>1200 28th Street, S-100<br>Boulder, CO 80303 | (303) 442-6380<br>kenna@hudsonhealthplushome.com                               | <ul style="list-style-type: none"> <li>'i-live' &amp; 'i-learn' in-home programs</li> <li>programs focus on wellness &amp; functionality</li> <li>programs include: functional fitness, life balance, nutrition, massage &amp; creation of learning environments thru technology</li> </ul> |

INTERAGENCY

RESOURCE LIST: PRODUCTS & PUBLICATIONS & ENRICHMENT PROGRAMS

| NAME        | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED  |
|-------------|---|--|---|
| FRANK HODGE | LIFE FORCE INTERNATIONAL & FATHER EARTH ORGANIC FARM<br>8881 Elgin Drive<br>Lafayette, CO 80026 | (303) 494-4500<br>hodjelodje@comcast.net<br>www.mylifeforce.net/20423624<br>www.fatherearthorganicfarm.com | <ul style="list-style-type: none"> <li>• organic farm</li> <li>• health &amp; wellness</li> <li>• nutritional supplements</li> <li>• volunteers needed</li> </ul> |

SENIOR PUBLICATIONS

50 Plus Marketplace  
 AARP – Prevention  
 Aging Well  
 ARCH (Adult Resources for Care & Help)  
 (formally CONNECT: Boulder County Resource Guide)  
 Boulder Senior Services  
 Prime Time for Seniors  
 The Resource Book for Boulder County  
 Seniors Blue Book  
 Seniors Resource Guide

ON-LINE RESOURCES

goboulder.net  
 bouldercountyhelp.org  
 boulder.co.networkofcare.org

INTERAGENCY  
 RESOURCE LIST: RESOURCE SPECIALISTS & GENERAL SERVICES

| NAME   | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TYPE OF SERVICE PROVIDED   |
|--|---|---|--|
| JODI ANSELL<br><br>MARLENE ASTACIO<br><br>SANDY HOLLINGSWORTH<br><br>JACKI MYERS<br><br>KELLY REYNOLDS | BOULDER SENIOR SERVICES<br>West Boulder Senior Center<br>909 Arapahoe Road<br>Boulder, CO 80302 | (303) 441-4388<br>anselljbouldercolorado.gov<br><br>(303) 441-3918<br>astaciom@bouldercolorado.gov<br><br>(303) 441-4365<br>hollingsworthS@bouldercolorado.gov<br><br>(303) 441-4150<br>myersj@bouldercolorado.gov<br><br>(303) 441-4388<br>reynoldsk@bouldercolorado.gov | <ul style="list-style-type: none"> <li>• Resource Specialists</li> <li>• case management</li> <li>• bill payer services</li> <li>• Hynd fund for glasses</li> <li>• adult &amp; child caregivers</li> <li>• support groups</li> <li>• educational seminars</li> <li>• bilingual (Spanish) assistance available</li> <li>• for a more complete listing visit:<br/> <a href="http://www.BoulderSeniorServices.com">www.BoulderSeniorServices.com</a> </li> </ul> |
| NANCY GRIMES   | BOULDER COUNTY AGING SERVICES<br>Sundquist Building<br>3482 N Broadway Ave<br>Boulder, CO 80304 | (303) 441-3583<br>ngrimes@bouldercounty.org<br><a href="http://www.bouldercounty.org">www.bouldercounty.org</a>   | <ul style="list-style-type: none"> <li>• LGBT Program Specialist</li> <li>• programs include:</li> <li>• Project Visibility – staff training on strengths &amp; needs of Lesbian/Gay/Bisexual/Transgender (LGBT) elders in NHs, ALFs, &amp; HHAs</li> <li>• Rainbow Elders - support group to promote health, wellness &amp; community among LGBT seniors</li> <li>• LGBT educational symposiums</li> </ul>  |
| MARCELLA BARROS  | MARCELLA BARROS   | (720) 318-9502<br><a href="mailto:marcella.barros@gmail.com">marcella.barros@gmail.com</a>  | <ul style="list-style-type: none"> <li>• business development</li> <li>• staff training</li> <li>• marketing</li> <li>• special event planning</li> </ul>  |

INTERAGENCY  
 RESOURCE LIST: RESOURCE SPECIALISTS & GENERAL SERVICES

| ADDITIONAL RESOURCE SPECIALISTS (OUTSIDE BOULDER CITY) |  |                |
|--|--|----------------|
| ALLENSPARK COMMUNITY SERVICES                          | KEITH CARR                                       | (303) 747-2592 |
| BROOMFIELD SENIOR CENTER                               | PAT CHATTERTON                                   | (303) 464-5529 |
| ERIE SENIOR SERVICES                                   | DIANE GERHARDT                                   | (303) 828-6588 |
| LAFAYETTE SENIOR CENTER                                | LORNA BEARD<br>ELEANOR MONTOUR                   | (303) 665-9052 |
| LONGMONT SENIOR CENTER                                 | VERONICA GARCIA, ELEANOR MONTOUR,<br>RUTH WAUKAU | (303) 651-8716 |
| LOUISVILLE SENIOR CENTER                               | DIANE EVANS                                      | (303) 335-4919 |
| LYONS AGING SERVICES                                   | KEITH CARR                                       | (303) 823-9016 |
| NEDERLAND SENIOR SITE                                  | (vacant)   | (303) 258-3068 |
| NIWOT AGING SERVICES                                   | REBECCA VAN SWEDEN                               | (303) 652-3850 |

ON-LINE RESOURCE DATABASE FOR CITY SENIOR CENTERS AND COUNTY AREA AGENCY ON AGING  
[www.bouldercountyhelp.org](http://www.bouldercountyhelp.org)

## INTERAGENCY

### RESOURCE LIST: SPEAKERS (i.e. those willing to give talks and offer presentations)

| NAME                        | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)                      | TOPIC(S)   |
|-----------------------------|---|---|--|
| PAULETTE FOSS               | AMERICAN COUNCIL OF THE BLIND OF COLORADO<br>1536 Wynkoop Street, Ste 201<br>Denver, CO 80202 | (303) 443-1665  | <ul style="list-style-type: none"> <li>preventing &amp; living with sight loss</li> </ul>  |
| BOB GROENING                | AFFILIATED FINANCIAL GROUP<br>1525 Spruce Street, Ste 201<br>Boulder, CO 80302                | (303) 440-6900<br>bob@yourloanteam.com<br>www.yourloanteam.com                | <ul style="list-style-type: none"> <li>credit reporting</li> <li>mortgages &amp; reverse mortgages</li> </ul>  |
| ANNE FEIST                  | COLORADO SENIOR ADVISORS (CSA)  | (303) 886-8169<br>thefeistnetwork@gmail.com<br>www.coloradosenioradvisors.com | <ul style="list-style-type: none"> <li>aging issues</li> <li>CSA is a Front Range non-profit private sector coalition consisting of professionals within the aging industry</li> </ul> |
| DAN HAWK                    | EDWARD JONES<br>7960 Niwot Road, #B2<br>Niwot, CO 80503                                       | (303) 652-4161<br>dan.hawk@edwardjones.com                                    | <ul style="list-style-type: none"> <li>long-term care insurance</li> <li>income for retirement</li> <li>life insurance</li> <li>annuities</li> </ul>                                   |
| CHRISTOPHER SCHWEITZER, PhD | FAMILY HEARING CENTER<br>3059 Walnut Street<br>Boulder, CO 80301                              | (303) 443-5085<br>christopher@familyhearingco.com                             | <ul style="list-style-type: none"> <li>consequences of hearing loss</li> <li>hearing solutions &amp; technology</li> </ul>   |
| MICHAEL BELLMONT            | LONG-TERM CARE INSURANCE PROFESSIONALS<br>P.O. Box 28<br>Longmont, CO 80502                   | (303) 678-9470<br>michael@LTC-pro.com<br>www.LTC-pro.com                      | <ul style="list-style-type: none"> <li>long-term care planning &amp; insurance</li> </ul>  |
| BART WINDRUM                | BART WINDRUM<br>3855 Telluride Place<br>Boulder CO 80305-7219                                 | (303) 499-8120<br>Bart@AxiomAction.com  | <ul style="list-style-type: none"> <li>how to advocate when hospitalized</li> <li>re-visioning end of life for a peaceful demise</li> </ul>  |

## INTERAGENCY

### RESOURCE LIST: SPEAKERS (i.e. those willing to give talks and offer presentations)

| NAME                                  | NAME & ADDRESS OF BUSINESS OR ORGANIZATION  | CONTACT INFORMATION<br>(phone # / email / fax / website)  | TOPIC(S)  |
|---------------------------------------|---|---|---|
| DEBBIE SETLOCK                        | CINNAMON PARK<br>1335 Cinnamon Street<br>Longmont, CO 80501   | (303) 772-2882<br>cinnamon@seniorhousingoptions.org   | <ul style="list-style-type: none"> <li>• Medicaid &amp; assisted living</li> </ul>  |
| KAREN McAVINEW                        | POSITIVE TRANSITIONS DESIGN<br>229 Lois Drive<br>Louisville, CO 80027   | (720) 231-9615<br>karmc337@msn.com<br>www.positivetransitionsdesigns.com                                    | <ul style="list-style-type: none"> <li>• kitchen &amp; bath design for ease of use</li> <li>• helping seniors stay in their home</li> <li>• remodeling &amp; kitchen design &amp; lighting</li> </ul>   |
| MIKE BEFLER                           | MIKE BEFLER<br>890 Cypress Drive<br>Boulder, CO 80303   | (303) 499-1059<br>mikebef@aol.com   | <ul style="list-style-type: none"> <li>• the secret of growing older gracefully</li> <li>• aging and other minor inconveniences</li> </ul>  |
| SANDY TOBIN, MSW                      | VINCENT, ROMEO & RODRIGUEZ<br>1070 W Century Drive, Ste 200<br>Louisville, CO 80027   | (303) 604-6030<br>stobin@elderlawcolorado.com   | <ul style="list-style-type: none"> <li>• legal issues pertinent to seniors including Medicaid, estate planning &amp; care giving issues</li> </ul>  |
| PHIL BOOTH                            | SENIOR WELLNESS CONSULTANTS<br>8120 Meadowdale Court<br>Niwot, CO 80503   | (303) 772-7568<br>sage@functionalaging.com  | <ul style="list-style-type: none"> <li>• functional fitness, injury prevention for caregivers, transfer training &amp; body mechanics</li> </ul>  |
| MIMI TUGAOEN                          | PROJECT RELO & COLDWELL<br>BANKER RESIDENTIAL<br>BROKERAGE<br>2861 W. 120th Avenue, Ste 200<br>Westminster, CO 80234<br><br>*satellite offices in: Boulder & Longmont | (303) 931-2977<br>Mimi@ProjectRelo.com<br>www.ProjectRelo.com   | <ul style="list-style-type: none"> <li>• What Do I Do With Lifetime of Possessions</li> <li>• Preparing Your Home For Sale</li> <li>• Strategic Senior Relocation</li> <li>• Making The Move To Senior Living</li> <li>• Step-By-Step Guide To Successfully Selling Your Home</li> <li>• Selling Your Home in a Tough Market</li> <li>• "Aging In Place" Features &amp; Qualities to Consideration in your Retirement Home</li> </ul> |
| KELLY REYNOLDS<br>SANDY HOLLINGSWORTH | BOULDER SENIOR SERVICES<br>909 Arapahoe Ave<br>Boulder, CO 80302  | (303) 441-4388<br>(303) 441-4365<br><br>reynoldsk@bouldercolorado.gov<br>hollingsworths@bouldercolorado.gov | <ul style="list-style-type: none"> <li>• choosing resources</li> <li>• housing options</li> <li>• planning for in-home care</li> <li>• caregiver support &amp; approaches to &amp; for care giving</li> </ul>   |

INTERAGENCY

RESOURCE LIST: SPEAKERS (i.e. those willing to give talks and offer presentations)

| NAME                            | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                       | CONTACT INFORMATION<br>(phone # / email / fax / website)          | TOPIC(S)  |
|---------------------------------|--|---|---|
| ELLEN STEINER                   | IN YOUR OWN WORDS ORAL HISTORIES   | (720) 771-8558<br>info@inyourownwords.co<br>www.inyourownwords.co | <ul style="list-style-type: none"> <li>• creation of oral histories</li> </ul>  |
| KENNA QUILLER, M.A.<br>CMC, HPT | HUDSON INTEGRATIVE HEALTH + HOME<br>1200 28th Street, S-100<br>Boulder, CO 80303 | (303) 442-6380<br>kenna@hudsonhealthplushome.com                  | <ul style="list-style-type: none"> <li>• age in place topics such as: home safety, adaptability, modification &amp; maintenance</li> <li>• health &amp; wellness topics such as: life balance, healthy lifestyles &amp; functional fitness</li> </ul> |
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INTERAGENCY  
 RESOURCE LIST: TRANSPORTATION & TRAVEL SERVICES

| NAME                           | NAME & ADDRESS OF BUSINESS OR ORGANIZATION                                   | CONTACT INFORMATION<br>(phone # / email / fax / website)   | TYPE OF SERVICE PROVIDED  |
|--------------------------------|--|--|---|
| SHARON TERRANOVA               | VIA MOBILITY SERVICES<br>2855 N 63 <sup>rd</sup> Street<br>Boulder, CO 80301 | (303) 447-2848 (administration)<br>(303) 447-9636 (to request a ride)<br>info@specialtransit.org<br>www.specialtransit.org | <ul style="list-style-type: none"> <li>• door-thru-door driver assistance</li> <li>• low-cost, accessible transportation</li> <li>• mileage reimbursement program (applicable on case-by-case basis)</li> <li>• mobility specialists to assist in identifying appropriate transportation options within the community</li> <li>• 1:1 instruction to teach use of public bus system</li> </ul> |
| TRICIA GANGSTAD<br>LAURA UPHAM | BOULDER COUNTY CARECONNECT<br>951 Arapahoe Ave, #10<br>Boulder, CO 80302     | (303) 443-1933<br>triciagangstad@careconnectbc.org<br>lauraupham@careconnectbc.org<br>www.careconnectbc.org                | <ul style="list-style-type: none"> <li>• escorted medical transportation</li> </ul>   |
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