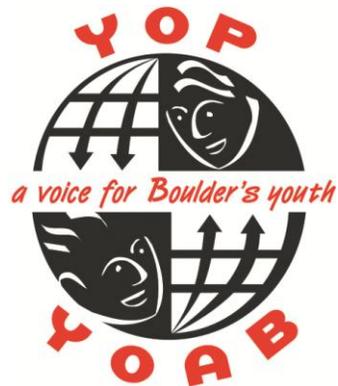


City of Boulder Youth Opportunities Program Annual Grants 2015-2016

Part 1



Proposals due: Friday March 13, 2015 at 5pm

Note: There is a separate document (Part 2) containing critical information you must include in your proposal

Technical Assistance Sessions held at 2160 Spruce Street Boulder, CO 80302:
Thursday, February 19, 12 p.m.
Thursday, February 26, 9 a.m.
Monday March 2, 10 a.m.

**For any questions please contact:
Allison Bayley
BayleyA@bouldercolorado.gov
303.441.4349**



**CITY OF BOULDER
HUMAN SERVICES DEPARTMENT**

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I. Youth Opportunities Program Background Information

The City of Boulder established the Youth Opportunities Program (YOP) in 1994 to provide cultural, educational and recreational opportunities for youth residing in the city.

The Program supports cultural, educational and recreational positive youth development programming with special emphasis on those designed by young people and meeting the needs of under-served youth (i.e., those who demonstrate a need based on cultural barriers, income level, disabilities, or extenuating family circumstances). The Youth Opportunities Fund is allocated in the following streams: Annual Grants, Individual Grants, Group Activities Grants & Board Initiatives. The high school members of the Youth Opportunities Advisory Board (YOAB) is significantly involved in the allocation of the fund, including reviewing proposals, conducting interviews, making funding decisions and developing funding recommendations for the city manager. YOAB is a 16-member board comprised of diverse City of Boulder resident high school youth from Arapahoe Ridge, Boulder, Fairview, and New Vista High Schools.

The YOP recognizes that the most effective youth programs are those that are created when adults work in partnership with youth. Therefore the YOP encourages adults to partner with youth in designing programs and in writing grant proposals. The intent is not that adults give all the control of a program over to young people, but that they work together with youth in its preparation, execution and evaluation. In this way youth can help improve each aspect of the program, and have valuable opportunities to learn through the experience of doing so. Applicants for funding should attend carefully to the youth involvement aspects of proposal preparation.

II. General Information About the Youth Risk Behavior Survey, Healthy Kids Colorado Survey & Positive Youth Development

The Youth Risk Behavior Survey (YRBS) is a national survey created by the Centers for Disease Control and Prevention (CDC) to monitor risk and health-promoting behaviors among youth. Since 2001, Boulder County Public Health and Boulder County Community Services have partnered to administer the survey every two years to a random sample of 7th - 12th grade classrooms in Boulder Valley School District and 9th - 12th grade classrooms in St. Vrain Valley School District. The survey provides statistically reliable information about students' behaviors in a number of areas, including unintentional injury; harassment and violence; tobacco, alcohol, and other drug use; sexual behavior; diet; and physical activity. Data from each of the two school districts, aggregate high school data for Boulder County, survey background, methodology, questionnaires, results, tables, graphs, and observations can be found at www.BoulderCountyYRBS.org.

The Healthy Kids Colorado Survey (HKCS) collects anonymous, self-reported health information from Colorado middle and high school students. A unified version of the survey was launched in 2013 that consolidated multiple needs for youth health data and allowed for both state and regional-level data. The unified HKCS was administered in fall 2013 to approximately 40,000 randomly-selected students from over 220 middle and high schools. Please note that the administration and analysis of results of the Healthy Kids Colorado survey changed significantly from the YRBS in previous years and that 2013 data should not be compared with previous years' data. Boulder is located in Health Statistics Region 16 and 2013 data can be found at [www.chd.dphe.state.co.us/topics.aspx?q=Adolescent Health Data](http://www.chd.dphe.state.co.us/topics.aspx?q=Adolescent_Health_Data).

Through a statewide community process, Colorado's Youth Development Team defined five recommendations to support Colorado youth to reach their full potential through utilizing a positive youth development approach. YOP has identified 5 of those elements to focus on; strengths based approach, engaging youth as partners, inclusivity, collaboration and sustainability. For further information on Positive Youth Development, please visit <http://co9to25.org/wp-content/uploads/2012/08/Positive-Youth-Development-PYD-Fact-Sheet.pdf>

III. The Annual Grants Component of the Youth Opportunities Program

The City of Boulder plans to award annual grants on a competitive basis to youth-serving programs utilizing a positive youth development approach which target young people and, as much as possible, are designed with their input. As it

does each year through this program, the city invites proposals which provide city resident middle and high school age youth with cultural, educational, and recreational activities. Overhead and personnel expenses related to those activities are eligible for funding. Only one year grants are available. Grant proposals may request between \$3,000 and \$15,000 per year.

Building upon the guidelines set forth in the Housing and Human Services Master Plan (http://www.bouldercolorado.gov/index.php?option=com_content&task=view&id=1852&Itemid=567) and the Social Sustainability Strategic Plan (http://www.bouldercolorado.gov/files/final_sss_plan_060608.pdf), the YOP has identified the following focus areas to address community needs:

- Address issues identified in local YRBS or HCKS results, for example: feeling sad/hopeless, substance use, harassment, health disparities based on sexual orientation or ethnicity, etc.;
- Promote the youth voice by engaging youth in structured aspects of civic life and/or in community dialogue on social issues;
- Provide after-school, evening, and/or summer opportunities that likely wouldn't otherwise be available to youth;
- Provide transportation to help youth access cultural, educational or recreational opportunities or employment;
- Provide employment-related education opportunities for youth;
- Provide access to city-sponsored after-school activities;
- The priority for all YOP funding is to support programs serving low-income youth, Latino youth, middle school youth, or youth who are, youth with disabilities/who are differently-abled.

IV. General Information about YOP Annual Grants

Grant Term

The term of the Annual Grants 2015-2016 funding period is from September 1, 2015-August 31, 2016. The number of grants awarded will depend on the quantity and quality of the proposals received.

Eligible Applicants

All applicants must be affiliated with a registered fiscal agent.

Eligible Youth Participants

The participants in the proposed projects must be City of Boulder residents who are middle and/or high school age youth, but they need not necessarily be enrolled in school. Project participants not enrolled in school must be under the age of 21. Youth who have already graduated from high school or who have received a G.E.D. may not benefit from these funds.

Please note that programs that take place or are based in schools within the Boulder city limits may serve any student enrolled at the school, regardless of where they live. Programs that include youth who live outside the limits of the City of Boulder are eligible to apply as long as the majority of youth served are City of Boulder residents. In this case, since YOP funding can only be used to pay for services to City of Boulder residents, another source of funds will be needed to pay for services to non-city residents. The budget requested in this proposal to the YOP should be for City of Boulder residents only.

Restrictions

Funds awarded under this grant program may not be used to:

- Cover expenses for youth who live outside the City of Boulder;
- Pay stipends to all youth participants. In rare cases funds may be used to pay youth staff;
- Pay for out-of-state travel and/or activities;
- Pay for extensive staff time for planning purposes;

- Pay for the same aspect of a project for which funding is being sought or has been secured from the City of Boulder Human Services Fund or City of Boulder Human Relations Commission Community Impact Fund or Community Event Fund

Youth Involvement in Proposal Preparation

Part of the purpose of the Youth Opportunities Program is to increase youth civic participation and the youth voice in decision-making. It is not a requirement that young people run the proposed project. However:

- It is essential that youth are involved in the project's design;
- Projects must utilize positive youth development principles;
- A young person who has been involved in discussions about the project must complete the Youth Representative Form (found in Part 2 of this RFP);
- If the applicant is invited to participate in an interview, young people who are familiar with the project should attend and help represent the proposal;
- Youth benefiting from the funds are expected to do local volunteer work.

Technical Assistance

All applicants are encouraged to attend a technical assistance session or request a meeting with YOP staff to review this RFP and address any questions you may have. Advance registration is not necessary for technical assistance sessions. Sessions will be held at 2160 Spruce Street as follows:

- Thursday, February 19, 12 p.m.
- Thursday, February 26, 9 a.m.
- Monday March 2, 10 a.m.

YOAB members and YOP staff will be available to provide ongoing assistance to funded proposals throughout the grant term.

Submission Requirements & Procedures

Proposals must be typed. Pages must be numbered, 3-hole punched, and clipped (not stapled) together. The proposal must follow the order outlined in the instructions, and include all appropriate forms. Do not use binders or plastic covers. Late, incomplete, or faxed proposals will not be accepted. Please proofread for typos, missing words, and other errors.

Criteria for Funding

Proposals will be evaluated on the following criteria:

- Ability to identify and meet a community need;
- Clear goal(s) and realistic, measurable process and outcome objectives;
- Utilization of elements of effective positive youth development programming
- Evidence of youth involvement in the design and implementation of the project, the preparation of the proposal, and the interview (if applicable);
- Proposal addresses one of the focus areas identified on page 4 of this RFP;
- Evidence of youth support for the project;
- Fiscally sound budget;
- Participation, if invited, in an interview with the review committee;
- Provision of services to under-served City of Boulder resident middle and/or high school age youth;
- Proposal written according to the specifications outlined in this Request For Proposals;
- If applicant is a previous recipient of YOP funds, the following will be taken into account: track record of timeliness in meeting reporting requirements, overall project/budget management, attention to youth input, and demonstrated efforts to seek alternative funding for future programming.

Selection & Notification Procedures

The YOAB and YOP staff will review all proposals and YOAB will recommend allocations to the city manager for final decision. Applicants can expect a notification letter in July regarding the outcome of their proposals. The city reserves the right to reject any or all proposals, to waive informalities and irregularities in proposals received, and to accept any portion of any proposal or all items proposed if deemed in the best interest of the city.

Requirements of Funded Programs

Programs receiving City of Boulder Youth Opportunities Annual Grants Funds will be required to do the following:

- Sign a contract with the city listing the goals and objectives to be achieved through the project and stating the funds to be disbursed and associated timelines;
- Acknowledge support from “the City of Boulder Youth Opportunities Program” in all project-related publications, fliers, and press materials;
- Maintain records of all project expenses;
- Inform the Youth Opportunities Coordinator of any changes regarding project status, contact information, budget expenditures, or overlapping funds received from other sources for the same project;
- Submit both a mid-project progress report and a final report;
- Host a mid-project site visit by YOAB members and/or YOP staff;
- Facilitate youth recipients’ involvement in local volunteer work, unless doing so is completely unrealistic;
- Comply with the City of Boulder’s non-discrimination ordinance, which prohibits discrimination based upon race, creed, color, sex, sexual orientation, gender variance, marital status, religion, national origin, ancestry, or mental or physical disability. This ordinance is available by contacting the city via 303-441-3140, and can be found on the internet at www.bouldercolorado.gov.

Evaluation of Grantees

All grantees will have an on-site visit by YOAB members and/or YOP staff to assess the progress of the project. Funded applicants will be required to complete two written progress reports of their projects, covering progress towards goals and objectives, demographics of the population served, etc.

V. 2015-2016 Annual Grants Allocation Timeline

February 2015	Release RFP & technical assistance sessions held
March 13, 2015	Proposals Due
March – May 2015	YOAB & staff review proposals
June 2015	Funding recommendations determined YOAB presents recommended projects to City Manager
July - August 2015	Applicants advised of funding decisions Contracts negotiated with grantees
September 2015 – August 2016	Funding cycle

VI. Proposal Instructions

Use the specifications listed below for the headings, order and length of each section in your proposal. Follow the suggested length guidelines for each section listed in parenthesis. Do not put each proposal section on a separate page. All related forms are provided in Part 2 of this RFP and are formatted so you can save them in Word and type directly on them. Do not include letters of support except as indicated in “Forms” section on page 10 of this document. Proposals not adhering to these guidelines may be regarded as incomplete and may not be considered for funding.

1. Proposal Cover Sheet

Complete the Proposal Cover Sheet found in Part 2 of these application materials. Provide contact information, indicate the duration of the grant, the amount requested, the number of youth served, and a proposal abstract.

- Directly served refers to the number of youth receiving training, information, and support through YOP funds, for example peer educators giving presentations on pregnancy prevention in a high school classroom, youth leaders planning ecological restoration projects for middle school youth etc.
- Indirectly served refers to the number of youth receiving training or information from the youth directly served. For example, the high school students who attend a presentation from peer educators, middle school students participating in an ecological restoration project organized by high school youth. Some projects will not have any indirectly served youth.
 - Note: When added together, the costs per youth directly & indirectly served will not add up to the total program cost.

2. Project Abstract (1 paragraph)

Provide a concise summary of the proposed project. Please include the purpose/goal of the project, a brief description of the proposed activities, the projected number of youth participants, and the intended outcome for those participants.

3. Statement of Need/Services in the City of Boulder (2 paragraphs)

State the need within the youth community that the proposed project would address. How was the need determined? How were youth involved in determining the need? What services already exist in Boulder to address this need? Describe the need that is left unmet by these services, which you intend to meet with the proposed program.

4. Group/Agency Information (1-2 paragraphs)

Briefly describe the group/agency's mission and past accomplishments in positive youth development programming. Discuss the group/agency's unique organizational strengths (fiscal, staffing, networking, collaborative efforts, etc.) that qualify it to deliver the services described and to achieve the desired process and outcome objectives.

5. Youth Input Into Proposal Preparation (1-2 paragraphs)

The strongest proposals typically include significant and detailed youth input on the plans for the project during the upcoming grant term. However, youth who will not be directly involved in your program may still be able to provide helpful information about it. You might create an informal focus group of youth to discuss project ideas or give feedback. Describe your efforts to obtain youth input for this proposal. Provide the following information: number of youth consulted, their ages, number of meetings, nature and content of youth input. What did you learn from the young people with whom you discussed this proposal? How did they help you shape it?

6. Project Information

Include the following five sections (6A, 6B, 6C, 6D, 6E, 6F, 6G).

6A. Program Description (3-4 paragraphs)

What do you want to accomplish through this program? How, exactly, will you do it? What types of services will you provide? How will you involve young people in the design of your program? What types of activities will the youth engage in as part of the program? Where? When will the sessions occur? If adults are involved, who are they, what are their qualifications, and what role(s) will they play?

6B. Target Population (1-2 paragraphs)

Specifically identify the City of Boulder resident youth you intend to serve in terms of: number, age (funds must be used for middle or high school age youth only), ethnicity, sexual orientation, ability, or other specific information. Please distinguish between the target number of youth served directly (i.e., trained to give presentations) vs., if there will be any, served indirectly (i.e., hearing the presentations given by the trained youth).

6C. Implementation of Positive Youth Development Best Practices (half a page)

Your proposed project must directly support or implement at least three elements of positive youth development programming. Identify the three practices and clearly explain how your project will support each one.

Elements of Positive Youth Development		
Programmatic Elements	Strengths Based Approach	The approach partners with youth in setting their own goals and the unique strengths and resources they have to overcome challenges to achieve their goals. Target outcomes should focus on physical health, mental health, education, vocational, creative, or civic participation.
	Engages Youth as Partners	Adults actively partner with youth in an ongoing way to make decisions around program design, development, implementation, evaluation, policy and services offered. Youth input is heard, valued and respected. Youth learn responsibility and leadership in becoming advocates for themselves and their community. Youth have a positive sense of self and are continually connected to positive peers, adults and communities.
	Inclusive	Program design, practices, materials, staff and youth recognize and respond proactively in a culturally responsive way to variations in backgrounds/cultures of the community and youth served including, but not limited to, ethnic, racial, linguistic, learning and physical abilities, sexual orientation, socioeconomic status and geographic location, to ensure inclusivity and equity.
Organizational Elements	Collaboration*	Private and public agencies, state and local partners and the community, including families, work together to create meaningful partnerships to support youth.
	Sustainability*	Long term planning that includes funding, capacity building, professional development and evaluation exists for ongoing support of programs that serve youth and the process of engaging youth as partners.

6D. Program Goal(s) and Objectives (half a page)

State at least two primary goals of your project, and a process and outcome objective for each. Your proposal should have a minimum of two goals for the funds you seek from the Youth Opportunities Program. One of these goals must be related to the youth participants, for example, to increase the skill of, or the knowledge of, or the opportunities available to the participants in the program. And one goal must be related to the programmatic elements of Positive Youth Development programming listed in 6C; strengths based approach, engaging youth as partners, or inclusivity.

IMPORTANT: Use this format for goals & objectives in your proposal.

Each goal must be followed by both a Process Objective and an Outcome Objective which specifically relate to the goal. Yours should read like the sample below.

Goal: A broad statement describing what you are trying to achieve.

Process Objective: Concisely state the specific activity which will be done to meet the goal. Include specific details for how many, what, who, and when.

Outcome Objective: Project the anticipated success rate of the youth involved in the Process Objective and describe how you will measure that success. This is often written as “ ____% of youth will demonstrate ____ as measured by /through ____.”

Sample Goal with Process and Outcome Objectives.

Goal: To increase the number of City of Boulder resident high school students succeeding in Calculus.

Process Objective: 6 two-hour workshops on calculus will be presented to a total of 100 City of Boulder resident high school age youth in the fall of 2012.

Outcome Objective: 75% of workshop participants will demonstrate an increased understanding of calculus as measured by the completion of pre-and post- workshop problem sets.

6E. Program Evaluation (2-3 paragraphs)

Describe the strategy to plan and implement a successful evaluation of the goals and objectives for this project listed in section 6D. Describe the instrument(s) that will be used to measure your outcomes. Instruments may include behavior checklists, attitude questionnaires, pre-/post-tests, etc. Indicate the source of these tools (validated instruments, self-developed, etc.). How often will these tools be used to track participant progress (beginning and end of program, every 3 months, 6 months, etc.)? Who will be responsible for making sure that participant progress is tracked and documented as described?

6F. Marketing/Recruitment Plan (1-2 paragraphs)

Describe in detail how you will recruit youth participants for your program. Where will you recruit participants? How? Whom have you enlisted, specifically, as partners to help with marketing? What efforts will you make to recruit diverse participants? How will youth be involved in implementing the recruitment plan? If you plan to recruit participants through a partnership, please see information on letters of support on page 10 of this RFP.

6G. Program Evolution (2 paragraphs)

If your program has been in existence for more than two years (even if doing different projects), please respond to the following questions:

- How do you incorporate input from participating youth into your program design to ensure the program continues to be engaging and relevant to young people?
- If you have received YOP Annual Grants funds in the past and are re-applying for funding for the same project, please describe ongoing efforts to seek additional funding sources for the program. How successful have those efforts been?

7. Budget Table & Narrative (2 pages)

Complete the Budget Table & Narrative found in Part 2 of these application materials. The strongest budgets contain great detail. These forms are formatted so that you may save them in Word and type directly on the form.

All budget expenses should clearly relate to activities described in the Project Information sections. List in detail all expenses for which funds are requested, and provide an explanation for each item requested from the YOP. Clearly demonstrate how you determined the amount of money requested in each line item and what you will use it for.

If you are requesting funds for personnel, provide a resume or information about the qualifications of the person you are proposing to pay, and a job description including their roles and responsibilities.

Note the funding restrictions listed on page 5 of this RFP.

8. Forms

All forms necessary for your proposal are found in Part 2 of these application materials. The forms are formatted so that you may save them in Word and type directly on the form.

Required Forms

- Proposal Cover Sheet
- Budget Table & Budget Narrative
- Youth Representative Form: Since one goal of the Youth Opportunities Program is to increase youth civic participation and the youth voice in decision-making, this form is included to help give one or two youth the opportunity to express their support for the project. Submit no more than two of these forms.
- Letters of Support: If you will be partnering with any organizations/schools/agencies in order to do the project, (for example using their space or recruiting participants through a partnership with them) you must include a

letter of support from these entities, indicating that they are aware of this proposal and stating their role in it. Please note that there is no form for the letter. Additional letters of support are discouraged and will not be considered.

VII. Proposal Checklist

For applicant's use only. Do not submit this checklist.

- Submit 5 double sided copies, each one 3-hole punched & clipped (not stapled) together
- Deadline is 5:00 p.m. March 13, 2015
- Complete proposals should be delivered to 2160 Spruce Street
- Completed proposal should include, in this order:
 1. Cover Sheet (found in Part 2 of this application)
 2. Project Abstract
 3. Statement of Need/Services in the City of Boulder
 4. Group/Agency Information
 5. Youth Input into Proposal Preparation
 6. Project Information, including separate sections, entitled:
 - 6A. Program Description
 - 6B. Target Population
 - 6C. Implementation of Elements of Positive Youth Development
 - 6D. Program Goal(s) and Objectives
 - 6E. Program Evaluation
 - 6F. Marketing/Recruitment Plan
 - 6G. Program Evolution
 7. Budget Table & Narrative (found in Part 2 of this application)
 8. 1 or 2 Youth Representative Form(s), Letters of Support (if needed)